

## STRAWBERRIES AND BLUEBERRY SALAD

### INGREDIENTS

Serves 4-6

4 boned chicken breasts or 1 store bought roasted chicken or Trader Joe's Grilled Chicken strips... You pick Olive oil  
1 cup blueberries  
1 cup strawberries  
6 + large handfuls of spring greens  
1 cup walnuts (lightly toasted)  
3-4 oz. feta cheese  
1/4 small red onion finely chopped - optional Balsamic dressing - recipe below

### DIRECTIONS

Grill chicken breast until juicy and tender, or cut up roasted chicken. Set aside to cool. Cut strawberries into slices.

Add blueberries and strawberries to spring lettuce mix in large bowl. Gently toast walnuts in skillet on stove, let cool.

Add Feta cheese, red onion and walnuts

Toss with Balsamic dressing

