

# Osage Prairie YMCA Tridents Swim Team

**New for 2016-2017 Competitive Swim Season...One Season, One Registration Fee, Multiple Training Packages.**

## **Step 1: JOIN THE Y**

All swimmers MUST have an active YMCA membership in order to be on the YMCA Swim Team and must maintain an active membership as long as they wish to be on the Osage Prairie YMCA Trident Swim Team.

If not currently a YMCA member, please see Osage Prairie YMCA Welcome Center for membership options.

If already a YMCA member move to Step 2.

## **Step 2: JOIN THE TEAM**

Team Registration Fee: \$30

- One-time Registration Fee per swimmer
- Registers swimmer for entire YMCA Competitive Swim Season (Sept 6, 2016-March 2, 2017)
- Gives eligibility to compete as a Osage Prairie Trident in all YMCA sanctioned swim meets
- One team issued swim cap
- One team issued T-Shirt
- No charge for home swim meet entry fees

## **Step 3: CHOOSE YOUR TRAINING PACKAGE**

**Package A (Full Package)** – This is our FULL Competitive Package that includes 50 training sessions by training twice a week with appropriate skill level group (Gold, Silver or Bronze) during our Tues and Thursday team training sessions for the entire competitive swim season (Sept 6, 2016-March 2, 2017). Additional meet training sessions are included at no additional cost to be held on Monday evening of each meet week.

**Full Package: \$100**

**Package B, C, D, E** – These packages offer flexibility in the swimmers training schedule but still offers the opportunity to compete as an Osage Prairie YMCA Trident at any or all YMCA sanctioned swim meets. Whether it be family vacation, conflict with other sports seasons or conflict with other individual

interests that requires flexibility in your schedule; we still want you as a part of our team. Additional meet training sessions are included at no additional cost to be held on Monday evening of each meet week. After purchase of one training package at full price, a 50% sibling discount is offered on training packages of equal or lesser value for each additional sibling. Refunds will NOT be issued for any unused training sessions NOR can they be transferred to any other swimmer. Upgrades can be purchased at any time if more training sessions are desired.

**Package B: \$80 – 38 Training Sessions**

**Package C: \$55 – 25 Training Sessions**

**Package D (Upgrade Package): \$25 – 10 Training Sessions**

**Package E: \$0 – 0 Training Sessions (Still eligible to compete in YMCA Swim Meets as a Trident)**