

# ROANOKE VALLEY AQUATIC ASSOCIATION HEAD TIMER

## BEFORE MEET

1. Hold an instructional meeting for timers to cover what is expected of timers. (Suggestion: read rules for timers aloud.)
2. Hold a watch check to insure that watches are synchronized.
3. Have a minimum of two backup watches in case watches malfunction.
4. Assign timers to lanes.
5. Remind timers to keep watches running even if a swimmer has been DQ'ed; **record all times.**

## DURING MEET

1. Start watch according to starting procedures as if you were timing. The only function of the head watch is a backup for a malfunction, or a missed start. Never will three times be entered on a swimmer's time card.
2. Notify the starter when all timers are ready for an event start.
3. Notify the starter when replacement timers are required.
4. Insure proper instruction of replacement timers.
5. If notified by the results table workers about excessive time differentials, the head timer will check synchronization of watches and reinstruct the timers involved about the "How To's" of timing.
6. Notify each timer preceding a change in the number of lengths of the pool to be swum in the next event.