**2022 Roanoke Valley Aquatic Association Newsletter**

**2022 Event and Meet Schedule**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date/ Events** | **Host** | **Visitors** | **Date/ Events** | **Host** | **Visitors** |
| **Monday, June 13** | HH | RM | **Tuesday, July 5** | HH | SR |
| 25 BACK, 25 FREE (7-8) | AP | EL | 25 BREAST, 50 FREE (7-8) | RM | LM,RC |
| 25 BACK, 25 FREE (6 & UNDER) | CR | SR | 25 BACK, 25 FLY (6 & UNDER) | HV | AP |
| 50 BACK, 50 FREE (9 & UP) | OP | RC | 50 BREAST, 100 FREE (9 & UP) | CR | SG |
| 200 M FREE RELAY (9-12) | FH | LM, HV | 200 M MEDLEY RELAY (13 & UP) | EL | OLN |
|   | SG | OLN |   | FH | OP |
| **Monday, June 20** | HH | SG,LM | **Monday, July 11** | HH | EL |
| 25 FLY, 50 FREE (7-8) | RM | OP | 25 FREE, 25 BREAST (7-8) | FH | SR |
| 25 BACK, 25 FREE (6 & UNDER) | AP | OLN,HV | 25 FREE, 25 BREAST (6 & UNDER) | SG | AP |
| 50 FLY, 100 FREE (9 & UP) | CR | EL,FH | 50 FREE, 100 IM (9 & UP) | OP | RC. LM |
| 200 M FREE RELAY (13 & UP) | RC | SR | OPEN | CR | OLN |
|   |  |  | 200 M MEDLEY RELAY (9-12) | RM | HV |
| **Monday, June 27** | HH | OLN | **Monday, July 18** | HH | OP |
| 25 BREAST, 25 FLY (7-8) | CR | HV | 25 BACK, 25 FLY (7-8) | AP | SR |
| 25 FREE, 25 FLY (6 & UNDER) | EL | SR | 25 BACK, 25 BREAST (6 & UNDER) | CR | FH |
| 50 BREAST, 100 IM (9 & UP) | OP | AP | 50 BACK, 50 FLY (9 & UP) | EL | RM |
| 100 M FREE RELAY (8 & UNDER) | SG | RM | OPEN | HV | OLN,LM |
|   | RC | FH,LM | 100 M MEDLEY RELAY (8 & UNDER) | RC | SG |

\*\*If inclement weather interferes with the completion of any of the July 18th individual events, there will be a makeup open event the next morning, Tuesday, July 19th at the Hunting Hills pool. Warmups will begin at 8:30am; events will begin at 9:00am.

AP Ashley Plantation CR Castle Rock EL Elks Lodge FH Forest Hills HH Hunting Hills OP Olympic Park OLN Our Lady of Nazareth RM Read Mountain RC Roanoke Country Club HV Hidden Valley SR Spring Run SG Stonegate LM Limestone

**2022 CITY/COUNTY CHAMPIONSHIP MEET**

Friday-Saturday, July 29 & 30 Christiansburg Aquatic Center

10 & Under in the AM

11 & Older in the PM

Order of Events Friday: Backstroke, Short Freestyle, Individual Medley, and Freestyle Relays

Saturday: Butterfly, Breaststroke, Long Freestyle, and Medley Relays

**2022 REGISTRATION**

2022 online registration will be available starting April 1:

* Each swimmer must register at <https://www.teamunify.com/reczzrvaa> to be eligible to swim in the 2022 swim season
* RVAA dues are payable online by credit card to complete registration:
	+ $25 per swimmer-April 1-June 5
	+ $30 per swimmer-June 6-July 1
* RVAA dues are in addition to any team dues your swim club charges. Your team dues are not payable through the RVAA online registration. Team dues are handled directly by each team.
* Deadlines: You must register online by June 5th to be eligible to swim for points and ribbons in the first meet of the season. Later registrants may swim in the first meet for exhibition.
* Late registrations are available until July 1st. To be eligible to swim for points and ribbons in the next Monday night meet, a swimmer must register on-line at www.swimrvaa.com by midnight the Friday before the meet. NO EXCEPTIONS. (see pg 9 for swimmer eligibility requirements for City County)
* Registrations are non-refundable. NO EXCEPTIONS.
* A swimmer must be registered by Friday night the week prior to swim for points in any Monday night meet. Ex: For the June 13th meet swimmers must be registered by June 5th at midnight to swim for points

\*Note swimmer’s status will remain “Pending Approval” until June 6th if they register on or before May 5th. Swimmer’s registering after June 5th will have a “Pending Approval” status for up to a week.

**MONDAY NIGHT VOLUNTEER REQUIREMENTS**

Ashley Plantation <https://www.signupgenius.com/go/8050D45A5A82CA20-ashley>

Castle Rock <https://www.signupgenius.com/go/8050D45A5A82CA20-castle>

Elks Lodge <https://www.signupgenius.com/go/8050D45A5A82CA20-elks>

Forest Hills <https://www.signupgenius.com/go/8050D45A5A82CA20-forest>

Hidden Valley <https://www.signupgenius.com/go/8050D45A5A82CA20-hidden>

Hunting Hills <https://www.signupgenius.com/go/8050D45A5A82CA20-hunting>

Olympic Park <https://www.signupgenius.com/go/8050D45A5A82CA20-olympic>

Our Lady of Nazareth <https://www.signupgenius.com/go/8050D45A5A82CA20-oln2022>

Read Mountain <https://www.signupgenius.com/go/8050D45A5A82CA20-read>

Roanoke Country Club <https://www.signupgenius.com/go/8050D45A5A82CA20-roanoke>

Spring Run <https://www.signupgenius.com/go/8050D45A5A82CA20-spring>

Stonegate <https://www.signupgenius.com/go/8050D45A5A82CA20-stonegate>

Limestone <https://www.signupgenius.com/go/8050D45A5A82CA20-limestone>

Our league is always in need of Judges. If you would be willing to be trained as an official please let your volunteer coordinator know (more information on training is on pages 3 and 4). Each team should look at all sign up requirements and make sure that they have enough judges to cover keeping in mind that judges go out of town and are not always available at every meet.

**2022 RVAA VOLUNTEER TRAINING**

* Training ensures that all meets are run smoothly and have the best officiating for the benefit of all swimmers.
* Coaches: One coach from each team should attend. We will go over new rules and policies.
* Computer/Head Table Workers: **This year all teams must have a head table worker.**  Teams please provide names and contact information of head table workers to the RVAA (via datarvaa@gmail.com or through your RVAA rep). ALL Computer/Head Table workers should plan to attend the head table worker meeting Sunday, June 4 3:00 PM for training.

New and Returning Starters & Referees: You must attend the May 21st training. In addition, you must attend the judges’ clinic or complete the online recertification. All hosting teams must have at least one trained starter and referee. All teams must also have many strokes and turns officials. Please use the link here to sign up for the referee and starters training <https://forms.gle/sdQS94d8TPr7eevt5>

* Meet Entry / Team Managers Meeting: Each team must send at least one coach or representative. Anyone planning on running Team Manager should plan on attending this meeting. Your team will be penalized 5% points at the end of the season for failure to attend the Coaches Meeting. Coaches meeting will be held Saturday, June 4th at 1:00 PM for a meeting and Team Manager Training.
* Strokes and Turns Judges: Anyone wanting to train to judge must attend ONE of these sessions. You do not have to attend them all. Please sign up for the training you desire through this link <https://forms.gle/S9AqiZ3S7awMYr5R9>

Please direct questions to your RVAA delegate or Sarah Sell at 540-556-4381.

|  |  |  |  |
| --- | --- | --- | --- |
| Training | Date | Time | Location and Sign Up |
| COACHES MEETING | Thursday, May 26 |  7:00 PM to 8:30 PM | Via zoom sign up through link |
|   |   |   | <https://forms.gle/rz7msPu2XiRqAJeF9> |
| STROKES & TURNS JUDGES | Saturday, May 21 | 2:00PM to | South County Library sign up through link  |
|   |   | 4:00PM | <https://forms.gle/S9AqiZ3S7awMYr5R9> |
| STARTERS/REFERREES | Saturday, May 21 | 4:00PM to  | South County Library sign up through link |
|   |  5:00 PM | <https://forms.gle/sdQS94d8TPr7eevt5> |
| STROKES & TURNS JUDGES | Wednesday, June 1 |  6-00 PM- 8:00PM | South County Library sign up through link  |
|   |   |   | <https://forms.gle/S9AqiZ3S7awMYr5R9> |
| TEAM MANAGER/MEET ENTRY TRAINING | Saturday, June 4 | 1:00 PM to3:00 PM |  Location TBD sign up through link<https://forms.gle/VgDL5gQJWke5rbCa6> |
| COMPUTER/HEAD TABLES – MEET MANAGER TRAINING | Saturday, June 4 | 3:00 PM to5:00 PM |   Location TBD sign up through link<https://forms.gle/cmmLEdUxBYwEM3sX7> |

**2022 RVAA Stroke & Turn Official’s (Judge’s) Eligibility & Training**

Who is eligible for Stroke and Turn Training?

* Anyone who is willing to be trained

Who must attend the Stroke and Turn Training?

• This year we are asking everyone to attend the clinic.

Who must complete the online Stroke test?

• All returning summer league Stroke and Turn officials

• All new trainees AFTER attending a training

• Newly certified Y officials with less than 1 year of certification

Who is exempt from Stroke and Turn Clinic?

•No one, this year we are asking everyone to attend the clinic.

How do I obtain a “code key” to take the online test?

• Code keys will be activated by our head judge, based on an email that you provide to Miki Smith. She can be reached at rvaajudges@gmail.net. The test can be found at www.strokeandturn.com . You should receive an email directly from StrokeandTurn.com after Miki Smith activates your key, sent to the email that you provide! The S&T email will direct the trainee how to access S&T.com and how to access the test. The test consists of stages, or segments, that can be taken all at once or over multiple logins. In certain segments (backstroke) the rules are slightly different from the videos. A disclaimer acknowledges as such. Complete each segment in the timeframe desired. Upon successful completion please notify Miki Smith. Please note: there is a test and an evaluation that MUST be completed at the end of the Stroke & Turn online session before the certification process is completed. Please complete the entire online program!

Do Starters and Referees need to be trained as judges?

* We would like all Starters and Referees to be S&T certified. This cross-training allows more flexibility at meets and encourages a greater understanding of meet procedures and protocols by Starters and Referees.

**2020-2021 SCHOLARSHIP AND AWARD RECIPIENTS**

**2021 Sue Blackwell Scholarship Recipient**

No one applied

**2021 George Devins Scholarship Recipient**

Juliana Bleecker

**2021 Tyler Nordgren Trophy Recipient**

Ella Smith

**2021 Duane Whitenack Award Recipients**

Sarah Sell

**2021 Irene Hurley Volunteer Award Recipients**

Ashley Plantation-Tabatha Rosen Castle Rock-Elizabeth Gross Elks Lodge- Erika Schweitzer Forest Hills-Kim Young

Hunting Hills-Katie and Caroline Grant Olympic Park-Julie Hare Our Lady of Nazareth-Rob Lawson Read Mountain-Nola Causey Roanoke Country Club-Christen King Spring Run-Laura Weaver Stonegate-Stephanie Handy Vinton Area Swim Team- Candace Hoyos

**2022 Scholarships and Awards**

The Sue Blackwell Scholarship

The Sue Blackwell Scholarship, administered by the Foundation for Roanoke Valley, was established to honor the memory of Sue, who died in April 2000. Sue was a lifelong supporter of the RVAA and volunteerism. The scholarship is designed to support a graduating high school senior who is currently an RVAA member. Students must demonstrate academic ability, have financial need, and enroll in an accredited 2- or 4- year institution of higher learning. Applications are available at www.swimrvaa.com or from a high school guidance counselor. **Deadline for 2022 applications were due Feb 15th.** The scholarship is awarded at City/County, and currently is in the amount of $2,000.

The George Devins Scholarship

The George Devins Scholarship, administered by the RVAA, is a scholarship in memory of a man who devoted his life to swimmers and swimming in the Roanoke Valley - George Devins. The 2022 scholarship will be $1500 and will be awarded at the City/County Championship Meet. Applicants must be participating members of the RVAA and must have been accepted to, or currently enrolled in, an institution of higher learning. A committee derived from the RVAA Board of Delegates will judge applicants. Interested swimmers may obtain applications at www.swimrvaa.com. **Applications must be received no later than July 1, 2022.** Completed applications should be sent electronically to swimrvaa@gmail.com

RVAAGeorgeDevinsScholarship@gmail.comThe Tyler Nordgren Trophy

The 2022 Tyler Nordgren Trophy will be awarded at the annual City/County Championship Meet to an 8-and-under swimmer who embodies the spirit of Tyler Nordgren. Tyler was a member of the Read Mountain swim team who overcame a form of autism and whose brief swimming career was marked by a drive to improve and the excitement that comes with competing and winning ribbons. In July 2001 Tyler suffered a cerebral hemorrhage during warm-ups for a Monday meet, and passed away later that week. Applications should be submitted at the City/County Seed Meeting.

The Duane Whitenack Award

The Duane Whitenack Award In 1980, the RVAA established a special award in memory of Duane Whitenack, who worked to help the RVAA expand and grow and who established the plans for a year-round pool for the use of the traveling team. The RVAA designated the year-end championship meet, "The Duane Whitenack City/County Championship Meet." Also each year, the RVAA gives a special award in his memory to the person or persons who have contributed in an exceptional manner through their time and efforts to promote swimming in the Roanoke Valley. All recipients of this award share common characteristics: they are special, dedicated individuals who have demonstrated their love for our children and the great sport of swimming.

The Irene Hurley Volunteer Award

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| --- |
| To honor the service and dedication of Irene Hurley to the RVAA and the sport of swimming in the Roanoke Valley, the RVAA established the Annual Irene Hurley Volunteer Awards in 1996. These awards honor a lady who was actively involved in the RVAA for over 20 years; including ten years as treasurer. She was a model for the caliber of volunteer required for the RVAA. Every year, teams select a volunteer who emulates the qualities, dedication, and commitment of Irene Hurley. **2022 RVAA OFFICERS** |
| **RVAA PRESIDENT** | **RVAA SECRETARY** | **SUMMER DIRECTOR** |
| Hilary Griffith | Kit Williams | Sarah Sell  |
| 540-580-5115 | 540-314-8085 | 540-556-4381 |
| hilaryggriffith@gmail.com | swimrvaa@gmail.com | rvaasummervp@gmail.com |
|   |   |  |
| **RVAA VICE PRESIDENT** | **RVAA TREASURER** | **CITY/COUNTY DIRECTOR** |
| Ryan Michalski | Greg Hamilton | Kerrie Jolley; Troy Smith |
|  |  | 949-422-9550; 540-798-8653 |
| rvaavp@gmail.com | rvaatreas@gmail.com | kerriejolley@gmail.com; troy-smith@cox.net |
|  | **2022 RVAA Delegates** |
| **ASHLEY PLANTATION** | **HUNTING HILLS** | **READ MOUNTAIN** |
| Karen Williams | Doug Doughty | Kit Williams |
| 540-597-6343 | 540-798-1202 | 540-314-8085 |
| Vwbeetlebug72@gmail.com | doughtysports@aol.com | kittswim@gmail.com |
| **CASTLE ROCK** | **VINTON AREA SWIM** | **ROANOKE COUNTRY CLUB** |
| Jamie Renick | None | Jack Avis |
| 540-819-0426 |  | 540-520-3229 |
| jtrivett@vt.edu |  | AvisJ@avisconstruction.com  |
| **ELKS LODGE** | **LIMESTONE PARK** | **SPRING RUN** |
| Julie Moore | Leann Alford  | Laura Weaver |
| 540-580-5134 | 540-309-0917 | 540-521-9434 |
| julzdg@cox.net | lalford4358@gmail.com | Hokie\_teacher@yahoo.com |
| **FOREST HILLS** | **OLYMPIC PARK** | **STONEGATE** |
| Erik Largen | Shannon Hoopes | Hilary Griffith |
| 540-815-7558 | 540-397-3992 | 540580-5115 |
| ErikLargen@gmail.com | sak00182@gmail.com | rvaapres@gmail.com |
| **HIDDEN VALLEY** | **OUR LADY OF NAZARETH** |   |
| Heather Young | Caterina Murdock-Thorum |   |
| 540-293-5239 | 540-467-0544 |   |
| Haleha09@gmail.com | cmthorum@cs.com |   |
| **2022 RVAA SUPPORT TEAM** |
| **RVAA DATA and COMPUTER SUPPORT** | **HEAD JUDGE AND REFERREE** | **MEET EQUIPMENT MANAGERS** |
| Shannon Hoopes | Miki Smith | Troy Smith |
| 540-397-3992 | rvaajudges@gmail.com | 540-798-8653 |
| datarvaa@gmail.com  |  | troy-smith@cox.net |
| **RVAA WEBSITE CONTACT** |   | \*All visiting teams should bring equipment to away meets in case of equipment failure |
| Erik Largen |   |  |
| 540-815-7558 |  |  |
| ErikLargen@gmail.com |   |   |

**RVAA RULES FOR MEETS 2022**

**General Eligibility and Meet Rules**

1. All swimmers will swim the entire season, including City/County, at the age they have attained on June 1 of the current year.

 2. All swimmers must be members of the RVAA member club for which they swim.

3. Guests may swim exhibition in any weeknight meet if space is available. Clerk will issue cards and times will be filed by the RVAA to be used as official times if swimmers complete eligibility requirements. No points or ribbons awarded.

4. Up to three non-member coaches may swim for points and ribbons for any team.

5. Swimmers must pay non-refundable RVAA dues:

 **\*submitted by swimmer online by June 5th $25, after June 5th $30**

6. A physician’s statement and an explanation of any limitation must accompany a swimmer’s request to be classified as “PHYSICALLY LIMITED.” Prior to the start of the summer swim season, a committee of referees will review all requests. Therefore, the written request and doctor’s verification must accompany the registration and dues form. The referee at the meet site will judge temporary handicaps (ex.: broken arm) on an individual basis.

7. Any swimmer in any age group may start from the deck adjacent to the starting block. However, without a medical waiver, NO ONE may start in the water other than on backstroke or medley relay.

8. With the exception of caps, goggles, nose plugs, and ear plugs, all other swim aids are unacceptable during competition.

9. Each delegate, coach, and judge will receive a copy of the technical stroke rules, and may provide copies to interested swimmers or parents.

**Team Responsibilities**

10. Each team must supply its share of required workers to run a meet. Teams should refer to the RVAA worker requirements provided to their delegates for a description of the minimum number of workers required by each pool for each meet. **Note: The RVAA may penalize a team if one or more of its workers leave the meet without first securing a qualified substitute for his or her position.**

11. The RVAA and its officials may penalize any individual team or teams that fail to comply with the RVAA Meet Rules. The magnitude of the violation will determine the penalties applied: warnings, loss of team points, or disqualification. The referee will make his or her decision according to RVAA referee guidelines. That decision will be final.

12. Each participating team must provide a work roster, clerk of course worker(s), and a **no show** list to each host pool by 5:00 PM on the day of the meet. All other workers must arrive at the meet location by 5:30 PM. All Monday night meets begin at 6:00 PM.

13. No team may begin warm-ups without the presence of its coach and one responsible adult (or two responsible adults if the coach is absent). Every team must post a coach or adult at each end of the team’s warm-up lanes. All warm-ups will end no later than 5:50 PM or as designated by the meet referee.

**Referee and Judging Policies**

14. Meet events may be changed only in the case of a typographical error in the RVAA Newsletter. Referees are not to change the order of events.

15. Unless hazardous weather conditions exist, meets must be swum on the assigned date. However, when weather conditions necessitate a change, the referee will delay or postpone the meet after consultation with the coaches. The referee must notify the summer director on the same evening of the postponement. If the referee postpones a Monday night meet, the teams shall attempt to swim the meet on either Tuesday or Wednesday night of that week if pool availability and weather conditions permit. Teams will hold no makeup date for the last Monday night meet; however, if necessary, they will hold an open event on the following day.

16. In Monday night meets and at City/County, strokes and turns officials will judge six and under swimmers as they judge every other age group. If a six and under swimmer disqualifies or fails to place, he or she will receive a participation ribbon but will receive no points. Every six and under swimmer will receive a participation ribbon or a place ribbon.

17. The referee will relieve meet officials and workers of their duties if the officials or workers consume alcoholic beverages before or during the meet.

18. Swimmers should be confident and making forward progress of the length of the pool. The referee will make the decision of whether the swimmer is unsafe or the swimmer is making progress in a timely manner.

**Classification and Scoring Rules for Monday Night Meets**

19. In Monday night competition, a swimmer will be classified for seeding and scoring purposes as Gold, Silver, or Bronze for each event based on the current RVAA Meters Time Standards. When a swimmer’s time card indicates no classification of Gold, Silver, or Bronze, the clerk of course will seed the swimmer in the Bronze division.

20. Fastest qualifying times determine the winners of each race. Ribbons and points will be awarded to the top five qualifiers in each of the three time standard divisions based on their FINAL time at THAT Monday night competition.

21. To earn Gold or Silver classification, a swimmer’s time must be equal to or faster than the stated time standard for their age group.

22. A swimmer may move up or down within the Gold/Silver/Bronze divisions from meet to meet.

23. Adult swimmers, ages 19 and up, will receive points but no ribbons at Monday night meets.

24. Monday meet relays receive ribbons, but no points.

**In the case of meet postponement or cancellation:**

25. Table officials will record all individual times regardless of the status of the meet completion.

26. Completion of two events will constitute a completed meet. If a meet cannot be completed within that week then only the events that were completed at ALL venues will be scored for team totals, and published team scores will reflect completion status.

27. After each Monday night meet, the participating teams have **48 hours** to identify and notify the summer director of any apparent errors in the results. After the **48 hour** period has elapsed, the unchallenged results shall stand as official.

**City/County Championship Meet**

28. To participate in any event of the City/County Meet, a swimmer must have competed in at least two weeknight meets as an RVAA registered swimmer. A swimmer must have established a qualified time in each event he or she wishes to enter at City/County, and must have a time equal to or faster than the C/C cutoff time in order to swim the IM or the 100 Free. (Swimmers who have established times but who have failed to compete in two weeknight meets may appeal to the C/C meet director for medical waivers only.)

29. Swimmers who have had fewer than the designated opportunities to swim an event for their age group (6 & Under-three; 7 & Up-two) may establish entry times for the City/County Championship Meet in the Open Event. No one holding a qualified time may swim to better that time in the Open Event. Open Events are held on the last two Monday night meets of the regular season, or, in the case of meet cancellation, on the following day.

30. Classification rules for City/County follow Monday night rules, but utilize the current RVAA Yards Time Standards.

31. In each of the three time standard divisions, medals or ribbons will be awarded for the top ten places, and points will be awarded for the top twenty places. Relays receive Gold medals or ribbons and points.

32. The season’s final scores will be the scores each team receives at the City County Championship meet. RVAA championship awards will be presented to all teams based on final scores. Separate first, second, and third place awards will be given for City/County scores.

**The RVAA will tolerate no malicious acts of mischief or vandalism against member pools, and such conduct may result in suspension and/or expulsion of the perpetrator(s) from the league.**

**2021 RVAA TEAM RESULTS**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|   | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Regular | City | Total Points  |
|   |  |  |  |  |  |  | Season | County | (60% reg season, |
| Division 1 |   |   |   |   |   |   |   |   | 40% City County) |
| Hunting Hills | 1467 | 1266 | 1220.5 | 1442 | 1447 | 1328.5 | 8171 | 11558.5 | 9526 |
| Stonegate | 940 | 839 | 966 | 982 | 1005 | 1009 | 5741 | 12221 | 8333 |
| Read Mountain | 847.5 | 723 | 761 | 861 | 835 | 836 | 4863.5 | 9775 | 6828.1 |
|   |   |   |   |   |   |   |   |   |   |
| Division 2 |   |   |   |   |   |   |   |   |   |
| Spring Run | 1025.5 | 660 | 1028 | 940 | 1210 | 984.5 | 5848 | 10758 | 7812 |
| OLN | 798 | 604 | 770 | 823 | 846 | 668 | 4509 | 8080.5 | 5937.6 |
| Forest Hills | 390 | 395 | 515 | 520 | 498 | 555 | 2483 | 4941.5 | 3466.4 |
|   |   |   |   |   |   |   |   |   |   |
| Division 3 |   |   |   |   |   |   |   |   |   |
| OP | 1446 | 1188 | 1332 | 1291 | 1302 | 1324 | 7883 | 14527 | 10540.6 |
| Ashley Plantation | 1002 | 915 | 785 | 994 | 839 | 823 | 5358 | 8864.5 | 6760.6 |
| Elks | 550 | 599 | 473 | 477 | 618 | 584 | 3301 | 4315 | 3706.6 |
|   |   |   |   |   |   |   |   |   |   |
| Division 4 |   |   |   |   |   |   |   |   |   |
| Castle Rock | 660 | 799 | 847.5 | 745 | 837 | 876.5 | 4765 | 8975.5 | 6449.2 |
| Vinton | 595 | 404 | 551 | 580 | 528 | 414 | 3072 | 6351.5 | 4383.8 |
| Hidden Valley | 333 | 371 | 429 | 409 | 403 | 334.5 | 2279.5 | 2631 | 2420.1 |
| RCC | 224 | 198 | 448 | 351 | 235 | 259 | 1715 | 1045 | 1447 |
|   |   |   |   |   |   |   |   |   |   |

• View individual top times at http://swimrvaa.com/toptimes.html

• View time standards at <http://swimrvaa.com/timestandards.html>

The Roanoke Valley Aquatic Association was officially organized in 1964 when the RVAA prepared the present constitution and by-laws under the direction and supervision of the late Ed Hughes. During the same year, the AAU officially sanctioned the RVAA. The RVAA has grown from an organization with only a few hundred swimmers in 1964 to approximately 1,699 swimmers in 2012. Following the summer swim season each year, the RVAA holds a championship meet, involving all of the current year's participating teams. At the conclusion of the championship meet, the organization presents plaques and awards in each division for appropriate finishes. The RVAA also maintains, updates yearly, and publishes a record of all the fastest times in the individual age groups events for the championship meet.

The mission of RVAA is to promote the sport of swimming for participants of all ages and abilities throughout the Roanoke Valley Region. All swimmers, parents, coaches, and volunteers will be treated with the highest standards of courtesy and dignity in an environment that fosters fun, personal growth, fair play, and good sportsmanship. RVAA strives to ensure an equitable system of competition among swimmers. Its member swim clubs, in promoting team unity and competition, are charged with abiding by the letter and spirit of the RVAA rules.

For updates throughout the season like us on Facebook and visit our website www.swimrvaa.com.