



TROJAN SWIMMING CLUB PARENT/MEMBER ON THE BANK (POB) GUIDELINES

Under swim Ireland rules it is a requirement that a parent is present on poolside for all swimming or gym sessions when the swimmers are under 18 years. This is designed to protect both the swimmer and the coach and needs to be adhered to at all times (Swim Ireland, 2010). This detail is further developed due to the present Covid-19 concerns and requirements of the club and the Parent on the Bank.

1. All POBs must have completed Covid Officer training this is now available as an eLearning programme from SI.
2. All parents of swimmers are obliged to do their share of Parent on the bank duties.
3. The facility may decide to check temperature on entry to the facility.
4. The POB should make a personal decision whether or not to wear a face covering and bring one with them-
5. The POB must arrive 15 minutes before and check all the swimmers in. You can use the POB to check the swimmers in. UCD require you to email them with the names of those on poolside, it is handy to complete this on the notes function of your phone and send this log of swimmers and coach names to steven.davitt@ucd.ie. Alternatively you can just email the names to him including the coach name, they need this for contact tracing.
6. A parent on the bank must also be present to observe any gym sessions.
7. The parent on the bank should ensure that all swimmers at the session are cleared to be there, if not it is up to the POB to inform the swimmer that they cannot swim and contact the parent to ensure they have transport home.
8. The Parent/Member on the bank should observe the session and the interactions between or among members and coaches. This means observing the swimmer's and the coaches demeanour, if there are specific engagements between coach and swimmer or between swimmer and swimmer.
9. The Parent/Member on the bank (POB) will log all details on a Survey monkey link and submit at the end of the session. WIFI is patchy in Blackrock so just step outside and send the survey.
 - Please document Squad name, Coach, swimmers present, any issues that arise during the session, and a digital signature of the POB. These questions will be pre-prepared in the POB log online.
10. The POB must sit in a location that allows them to hear the interactions between the coach and the athletes. ***In UCD the POB will wear blue overshoes and sit half way up along the pool bank to hear and see any interactions as they occur. Blue pool shoes are available at the pool entrance. Speak with the life guard about your intention to sit on the pool bank giving them Steven Davitts (Pool Managers) name if required- permission has been sought by the committee.***
11. Swimmers should only be identified by their initials or first name. In the case where two swimmers have the same name put an initial for the surname – to comply with GDPR. If there are two swimmers with the same initials, then some identifier must be arranged.
12. The Parent/Member on the bank (POB) should take note of any member who is:
 - ill, injured or leaves the session early and record this in the Parent on the Bank log.
13. In the event a swimmer becomes ill the POB will contact the parent to arrange collection immediately. The POB will stay with the swimmer until collected. Covid 19 social distancing should be observed at this time and the swimmer AND pob may be required to wear a face covering if symptoms are respiratory in nature.
14. Any incident of note is recorded in the Parent/Member on the Bank log. A member of the Club committee must be alerted to any event of particular concern.
15. In the event of an accident or emergency the member's parents/guardians should be contacted as soon as possible. In the case of serious incidents the Pool Management and/or the emergency services should also be notified. The Club Children's Officer is informed in the event of an emergency involving the swimmer.
16. The Parent/Member on the bank is required to be in the vicinity of the pool/changing room until all swimmers are collected. A member of the committee and the squad rep should be notified of any underage member who is not collected from sessions on a regular basis.
17. Parents must collect their swimmer at the carpark as soon as they leave the session. Current requirements mean that the parent should only be 5 minutes away from the pool in case they need to collect their swimmer.
18. If a parent fails to collect their swimmer on time a member of the Covid committee or the Club Children's Officer must be informed.
19. A parent may give permission for their swimmer to leave the pool area unaccompanied if the swimmer is 16 or above and they have signed below to state that they are giving consent. In the event that this is the case, the rep of the group is made aware and the POBs are alerted to this detail for the early morning or evening sessions. See appendix 1 below.



Appendix 1

Consent by parent for swimmer to leave the swim session without a parent or responsible adult

I _____ give permission for

To leave the swim session unaccompanied by an adult. I am aware that I take full responsibility for any issue that could arise.

Signature _____

Date _____

Signature of Rep _____