

SSPO Meeting, September 15, 2022

Meeting Notes

David Knecht, SSPO President, spoke about culture, communication, and goals.

- We want members of our team to support our coaches, swimmers, and families.
- Open and honest communication is encouraged with the coaches.
- Volunteer interest sign-ups have been successful with 40+ responses.

Committees

- David asked the chairs of each committee to introduce themselves. The various committees and their respective chairs are posted on the website.
- Carol Vargas volunteered to be the Holiday Relay Carnival chair. The event is tentatively scheduled for Thursday, December 29.

Pat Collins, Head Coach, updated the SSPO on a variety of matters including:

USA Swimming registration

- Pat sent out the link to the USA Swimming registration via email.
- Families should register over the next few weeks.
- USA Swimming membership is required for swimmers to attend USA-sanctioned meets.
- Swimmers in the 8 and under group can choose to register for a Flex membership versus the Premium membership since they do not typically attend many USA-sanctioned meets. Others should choose the Premium membership.

Summit Area YMCA (SAY) 100th Anniversary

- There will be a “celebration week” in the spring which will likely include a pizza party or similar for the swimmers and a separate adult gathering. Both will take place at the Berkeley Heights YMCA.
- The swim-a-thon will be held around the same time as the celebrations as part of the 100th anniversary activities.
- SAY will be running a t-shirt design contest in the fall. More information to come.

Discovery Meet

- SAY hosted meet, which is scheduled for Saturday, October 8.
- Randolph YMCA and Princeton YMCA are attending thus far.
- Information about the meet and meet sign-ups will go out shortly.
- The meet requires heavy volunteer participation. Parents are encouraged to sign up when the job sign-ups go out.

Dual Meet Teams

- There will be 3 girls’ teams and 2 boys’ teams.
- The coaches are working on the teams. Rosters will be sent out in the next week or two.
- Two dual meets—one home and one away—will be scheduled for each team.
- A dual meet practice will be scheduled for each team on Sunday, October 9.

Facility, Staff, Program Updates

- There is a shortage of lifeguards and instructors. SAY is trying to get a lifeguard training class scheduled for October, if possible.
- Obtaining space for dryland sessions is challenging. There will be scheduled dryland for the senior group during practice times a few days a week. All swimmers will have access to the virtual SSDL program.

Sunkissed Meet and YMCA Nationals

- These are qualifying meets (e.g., must cut certain times to attend) that occur at the end of short-course season.
- An information session will be scheduled for each of these meets in the coming weeks.
- All parents and swimmers interested in learning more about the meets are encouraged to attend.