



2021 GMNY DECEMBER CLASSIC MEET  
Friday, December 10 – Sunday, December 12, 2021

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## **2021 GMNY DECEMBER CLASSIC MEET**

### **MEET ANNOUNCEMENT**

#### **About the Championship**

Date: Friday, December 10 – Sunday, December 12, 2021

Location: NL Aquatic Center, Voorhees, NJ

Entry Deadline: December 1, 2021

Hosted by: **YMCA Greater Monmouth County Swim Team**

Meet Director: Sommer VanDeBoe [svandeboe@gmail.com](mailto:svandeboe@gmail.com)

Web Site: [www.ygreatermonmouthswimteam.com](http://www.ygreatermonmouthswimteam.com)

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This meet is a sanctioned, closed, inter-association championship YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is YMCA sanctioned and approved by the Mid Atlantic LSC of USA Swimming.

YMCA Sanction number: #####

USA-S/Mid Atlantic Approval number: MA 2215 AP

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

**ADJUSTMENTS TO THE MEET ANNOUNCEMENTS:** The Championship Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Sanctioned Championship Meet or USA-S Approval can be changed.

**MEET TIMELINE:** Warm-up and start times for all sessions are subject to change depending on the size of the meet.



2021 GMNY December Classic Meet  
 Friday, December 10 to Sunday, December 12, 2021

**MEET SCHEDULE:**

Day	Session		Warm-Up	Meet
Friday	Session 1	13/14 and 15-18 Girls & Boys Prelims	8:00 AM	TBD
	Session 2	11/12 Girls & Boys Prelims	TBD	TBD
	Session 3	Relays & Finals	TBD	TBD
Saturday	Session 4	13/14 and 15-18 Girls & Boys Prelims	8:00 AM	TBD
	Session 5	11/12 Girls & Boys Prelims	TBD	TBD
	Session 6	Relays & Finals	TBD	TBD
Sunday	Session 7	13/14 and 15-18 Girls & Boys Prelims	8:00 AM	TBD
	Session 8	11/12 Girls & Boys Prelims	TBD	TBD
	Session 9	Relays & Finals	TBD	TBD

Warm-up and session start times will be finalized once all entries have been received. They will be e-mailed to participating teams and published on the meet website.



**INCLEMENT WEATHER/CANCELATION:** In case of severe weather conditions or other emergency situations, which force cancellation of any portion of this meet – **no refunds will be made on any entry fees or swimmer surcharges.**

The Meet Committee will make all decisions concerning meet cancellation. The decision of the Meet Committee is final.

## LOCATION AND FACILITY

Location: NL Aquatic Center  
333 Preston Avenue  
Voorhees, NJ 08043

The NL Aquatic Center is a ten-lane, 25-yard, single course pool with non-turbulent lane lines and Colorado timing system with full display board. The number of lanes for competition will be 8 lanes for prelims/finals events and 10 lanes for timed finals events. The depth of the water at the starting blocks is 6'-7" and the depth at the turn end is 4'-7".

- Deck Area: Swimmers will be permitted to bring a chair and will be socially distanced
- Spectator Area: No spectators will be allowed at this time. Meet will be live streamed on **TBD**, live stream fees may apply.

## WEB SITE

Meet Information can be found at: [www.ygreatermonmouthswimteam.com](http://www.ygreatermonmouthswimteam.com)

Meet Results: Unofficial meet results can be found on Meet Mobile and will be uploaded in intervals. Meet mobile often shows preliminary results before the admin team approves them. Results will be posted in a designated area of the facility and on our website at [www.ygreatermonmouthswimteam.com](http://www.ygreatermonmouthswimteam.com)



## CONTACT INFORMATION

Meet Director: Sommer VanDeBoe [svandeboe@gmail.com](mailto:svandeboe@gmail.com)

Entry Chairperson: Justin Alsobrooks [entries@justintiming.com](mailto:entries@justintiming.com)

Meet Referee: Adam Yee, [adam.g.yee@gmail.com](mailto:adam.g.yee@gmail.com)

Administrative Official: Justin Alsobrooks [entries@justintiming.com](mailto:entries@justintiming.com)

Officials Coordinator: Adam Yee, [adam.g.yee@gmail.com](mailto:adam.g.yee@gmail.com)

Safety Director: Paul Florio, [floriopaul07@gmail.com](mailto:floriopaul07@gmail.com)

## NOTICES

Only swimmers, certified coaches, certified officials, timers and authorized meet operations personnel may enter the deck area. Swimmers, coaches and officials will enter the facility at the designated entry and exit points.

Greater Monmouth YMCA Swim Team has taken enhanced health and safety measures for you, our athletes, volunteers, coaches and staff. You must follow all posted instructions while visiting NL Aquatic Center and participating in the GMNY December Classic Meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting NL Aquatic Center you voluntarily assume all risks related to exposure to COVID-19.

## ELIGIBILITY

### ATHLETE ELIGIBILITY

**YMCA Membership**: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 90 days prior to the first day of the meet. An athlete may have only represented that YMCA team in competition for a



period of 90 days prior to the first day of the meet, excluding scholastic competition.

**Amateur Status:** An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

**Unattached Athletes:** There is no unattached status in YMCA Swimming.

**Age:** Age as of December 1, 2021.

**Times:** An athlete must achieve the minimum qualifying time standard for each event in which he/she enters during the period of January 1, 2019 through the entry deadline.

**Athletes with a Disability:** Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the Meet Director and the Meet Referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the Meet Referee of any disability prior to competition.

## **COACH ELIGIBILITY**

**Required Certifications:** Coaches must hold current certifications in the following courses in order to receive a deck credential: Professional Rescuer CPR, First Aid, Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches online content), Principles of YMCA Competitive Swimming and Diving and Athlete Protection Training completed within the past 12 months. A list of the acceptable certifications can be found in the Swimming Addendum to the Rules That Govern Competitive Sport.

**Requirements of Safe Sport Act:** ALL coaches participating must meet the federally mandated requirements of this law.

**Coach Registration:** Each coach must have completed the annual YMCA on-line coach registration process. Coaches who are not registered and approved will not be permitted on deck.

**Teams without A Coach at the Meet:** All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending



the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

### **TEAM ELIGIBILITY**

**Team Registration:** Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee.

**Insurance:** Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

### **ENTRY INFORMATION**

**ENTRY LIMITS:** Athletes may enter up to three individual events in any single day with a maximum of 7 individual events for the meet. Athletes can swim up to 4 relays.

**RELAYS:** All 13/0 relays are swum at finals, as a timed finals event. All 11/12 relays will be swum in prelims as a timed finals event.

**QUALIFICATION PERIOD:** The qualification period is January 1, 2019 through the entry deadline.

**USA-S IDs:** Only USA-S registered athletes should have an ID number in the Meet Entry File.

**TIME STANDARDS:** Swimmers must have equaled or bettered the minimum time standard: Appendix 1.

**ENTRY TIMES:** No Times (NT) are not allowed. Submit entry times in short course yards; conversions will be accepted. Entered times must be the swimmer's BEST time achieved during the qualifying period.

**ENTRY FEES:** Individual events \$10.00, one-time swimmer surcharge \$10.00, relays \$20.00

Make all checks payable to "YMCA Greater Monmouth County Swim Team".

**ENTRY DEADLINE:** December 1, 2021

**ENTRY PROCEDURE:** Entries must be submitted in computer ready form with a printout copy. Proof of time should be included with entry report.

Hy-Tek Meet Manager Software is the standard used. The YMCA Greater Monmouth County Swim Team will send each eligible team an event file for Team Manager to facilitate entry into the meet.



All teams must submit a properly signed "2021 GMNY December Classic Meet Certification" and "Hold Harmless Agreement".

Teams must submit a Team Roster, export file electronically from Hy-Tek, with the names and DOB of all swimmers.

Electronic entry files should be sent via email to, [entries@justintiming.com](mailto:entries@justintiming.com) "2021 GMNY December Classic" in subject line. The meet entry coordinator will respond to email entries within 48 hours.

**If you do not receive an email response within 48 hours, assume that your email has not been received. It then becomes the sender's responsibility to make sure that the host club's meet entry coordinator receives the email.**

**PAYMENT:** Entry fees, entries, registration information and team rosters should be mailed to:

Greater Monmouth County Swim Team  
166 Maple Avenue  
Red Bank, NJ 07701  
Attn: Joan Truscio

Make checks payable to: "YMCA Greater Monmouth County Swim Team"

**PSYCH SHEETS:** Psych sheets will be posted after final entries have been received and should be available on the website:

[www.ygreatermonmouthswimeam.com](http://www.ygreatermonmouthswimeam.com) on or before Tuesday, December 7, 2021. Any entry time issues should be brought to the attention of the Entry Chairperson by 12 noon on Tuesday, December 7th. After that time, please contact the Administrative Official. Do not contact the Meet Director or Entry Chairperson after December 7th.

## **VOLUNTEERS/OFFICIALS/TIMERS**

**OFFICIALS:** Officials volunteering to work this meet must check in with the meet referee. Only working officials will be allowed on deck.

- This meet is conducted according to current USA Swimming Rules, and in adherence to the USA-S Minor Athlete Abuse Prevention Policy (MAAPP).
- Make sure all interactions with athletes are observable and interruptible.
- Current USA Swimming and NJS/MA Swimming certification is required for all officials and the Meet Referee will check your cards.
- Swimming officials from participating teams should contact the meet referee (see page 5) with the sessions when they are able to help.





- All officials must wear the standard white and blue uniform.

**TIMERS:** The host team will create timing assignments that will be fair and equal to all teams. These will be emailed to all participating clubs and posted on the website: [www.ygreatermonmouthswimteam.com](http://www.ygreatermonmouthswimteam.com) no later than 72 hours before the meet. Timers from each team must check in. The host club will have stopwatches available for timers. Upon checking in, timing credentials will be provided to remain on the deck. **Teams are required to fulfill their designated timing assignment or risk disqualification of their swimmers.**

## CHECK-IN PROCEDURE

**MEET CHECK-IN PROCEDURE:** Only swimmers, certified coaches, certified officials, timers and authorized meet operations personnel may enter the deck area. Swimmers, coaches and officials will enter the facility at the designated entry and exit points. All coaches and officials must check in to receive their wristband.

### EVENT CHECK-IN:

Scratches for 13/O sprint relays need to be handed in at the computer podium 15 minutes after the end of that day's preliminary session. Coaches can change the relay cards 30 minutes prior to the start of the Finals session. Scratches for 11/O relays must be handed with prelim check-in sheet.

**SCRATCH PROCEDURE AND PENALTIES FOR FINALS:** The Scratch Table for Finals will be located next to the computer podium of Main Pool.

Scratches for finals are due within 30 minutes from the time the top swimmers are announced.

If there have been scratches from a Final event, the Administrative Official will attempt to notify any swimmer moved up into FINALS.

Failure to compete in a Finals Event from which the athlete has not scratched shall disqualify the athlete from the remainder of the session. However, no penalties shall apply for failure to compete in Finals if the referee is notified in the event of injury or illness and accepts the proof thereof, or it is determined by the referee that failure to compete is caused by circumstances beyond the control of the athlete.

Scratch procedures for Finals will be in accordance with USA-S Rule 207.11.6 D&E, as modified herein.



## **SCRATCH SHEET INSTRUCTIONS:**

All events will be positive check-in for both prelims and finals.

Swimmers that are swimming will have a single line through their name.

Swimmers that are being scratched from the session will have their name circled and "SCR" will be written next to the circle

Swimmers scratching from individual events will have a single line through their name the event number circled and "SCR" will be written next to the circle.

All entries not scratched will become official entries.

Any swimmer not scratched using this procedure, who does not swim an event will be considered a "**no show**" (see **No Show Procedure** below).

**COACHES MEETING:** Coaches meeting TBD if required.

**OFFICIALS AND TIMERS MEETING:** Officials meetings 45 minutes prior the start of each session. Timers meeting TBD.

## **PROCEDURES AND OPERATIONS**

**MEET COMMITTEE:** The Committee will consist of the Meet Director, Meet Referee, Administrative Official, Coaches Rep and Participants Rep.

**RULES:** The meet will be swum under YMCA Rules that Govern Competitive Sports, and the Swimming Addendum to the YMCA Rules that Govern Competitive Sports and the USA-S Technical Rules.

**MEET FORMAT:** The meet will be swum using a Timed Finals and Prelims & Final format depending on the event. Swimmer's age is as of 12/1/2021. This meet is an Approved Meet in accordance with USA Swimming Rule 202.4.

This meet will be a 3-day preliminaries/finals championship style meet that will host age group events for 11/12, 13/14 and 15 and over swimmers. Top 24 for 13/14 and 15 and over will swim at night, top 8 for 11/12 will swim at night.

Published time standards must be strictly adhered to.

**For the 500 and 1650 events, swimmers will need to provide their own counters.**

The Meet will be conducted under the 2021 USA Swimming Technical Rules, the NJ YMCA Swim League Constitution and the Rules that Govern YMCA Competitive Sports and all supplements thereto.

Lane timers, officials and coaches will be issued heat sheets indicating open lanes.



If the Meet Committee decides that it is necessary to re-seed an event, all timers, officials and coaches will be issued heat sheets showing the re-seeded heat and lane assignments.

**EVENT SEEDING:** Most events will be seeded Slowest to Fastest and the top three preliminary heats will be circle seeded. For the 400 IM and 500 Freestyle, only the top two heats will be circle seeded. The 1650 will be run as a Timed Final and seeded fastest to slowest.

The Meet Referee/Administrative Official reserve the right to combine heats and to change the number of lanes for the smooth operation of the meet.

**SCRATCH PROCEDURES:** An athlete is considered entered into an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that athlete will be considered a "no show".

**NO SHOW PROCEDURE:** For preliminaries and timed finals events, no penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted towards the swimmer's maximum allowable swims for that day. The swimmer may be allowed to swim the event in a later heat or a subsequent event if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer. A swimmer who fails to scratch from finals within the deadlines outlined in rule 207.11.6.E and then fails to swim the event at finals will be barred from further competition for the remainder of the session.

**DECLARED FALSE START:** An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

**SCRATCHING FROM FINALS:**

- The meet will follow USA Swimming rule 207.11.6.D and rule 207.11.6.E for scratches from finals.
- A swimmer who fails to scratch from finals within the deadlines outlined in rule 207.11.6.E and then fails to swim the event at finals will be barred from further competition for the remainder of the session.

**WARM-UP SAFETY PROCEDURES:** USA Swimming and Middle Atlantic Swimming Safety Guidelines and Warm-up Procedures will be in effect for the entire meet. Entry into the pool shall be from the ends, not the sides, and shall be feet first except in designated start/sprint lanes.

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Warm-up sessions may be divided into periods of equal length depending on the number of swimmers entered into each session. Warm-up schedules will be posted and made available to coaches at the meet.

Sprint/Start lanes will be available at the end of the warm-up period. No diving or backstroke starts will be permitted, except in sprint lanes, when designated.

The referee may remove anyone from the warm-up for failure to comply with warm-up rules.

**STARTS:** As per COVID requirements.

**SWIM-OFFS:** In the event a swim-off is necessary, the Meet Referee will set a time for the swim-off which will not be any later than 45 minutes after the last heat of any event in which any of the swimmers in the swim-off is competing. (USA Swimming Rule 102.5.2).

**INITIAL SPLITS:** Coaches desiring a time for an initial split in an individual or relay event must complete the appropriate form and present it to the Deck Referee prior to the swim in question so that additional timers can be provided as a back-up to the timing system. Forms are available at the Computer Table next to the Main Pool. Coaches may be asked to provide one or more timers for their athletes.

**SWIMS (USA-S):** This meet has been approved by USA Swimming. Therefore, all individual times will be automatically submitted for entry into SWIMS as long as USA-S ID numbers have been included with your entry.

**RESULTS:** Any results displayed on the scoreboard or on Meet Mobile are unofficial until final results are published by the Administrative Official. Ongoing results will be posted on Meet Mobile.

**PROTEST PROCEDURE:** Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet. The Meet Committee will arbitrate protests, eligibility issues, safety rules and other issues

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Meet Referee and the Meet Referee's decisions will be final (USA-S Rule 102.23). All other protests must be made in writing by the team's coach within 30 minutes for the swim in question and all such protests will be adjudicated by the Meet Committee.



**CONDUCT AND RESTRICTIONS:** The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct:

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Deck changes are prohibited.
- Locker rooms can be used for bathroom use only; swimmers must arrive and leave wearing their suits.
- The USA Swimming Rulebook defines Deck Change as: "Changing, in whole or in part, into or out of a swimsuit (excluding a drag suit) in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition, or other pool-related activity." This includes slipping off the top of a one-piece performance suit to place on an alternate bikini top immediately following a race.
- **SMOKING, VAPING, ALCOHOL & DRUGS: THERE IS NO SMOKING, VAPING, ALCOHOL OR DRUGS IN THE AQUATIC CENTER COMPLEX.**
- Massage tables are not permitted.
- There is a designated locker room for the athletes for bathroom use only.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Shaving is not permitted in any areas of the facility.

**Middle Atlantic PHOTOGRAPHY/VIDEOGRAPHY STATEMENT:**

In compliance with USA Swimming Rules and Regulations: Use of audio or visual recording device, including a cell phone is not permitted in changing areas, rest rooms or locker rooms. Additionally, the use of equipment capable of taking pictures or videos (i.e. cell phones, cameras, PDA's, etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and warm down periods. Unless approved in advance by the MAS Board and stated in the meet announcement, photographers/videographers are not permitted on deck at any time.

As an approved exception, USA Swimming-registered and credentialed coaches are permitted to utilize visual recording devices to record their swimmers in the pool for the sole purpose of stroke training subject to the location restrictions of this statement so long as they do not interfere with meet operations. In the event of any disputes regarding video recording, the Referee's decision shall be final and binding. In no case shall coaches be permitted to delegate this role to athletes.



Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

## **AWARDS AND RECOGNITION**

**AWARDS:** TBD

## **SPECTATORS**

Due to COVID-19 at this time there will be no spectators allowed at this meet. Meet will be live streamed on **TBD**

## **LIABILITY, SAFETY AND EMERGENCY PROCEDURES**

**INSURANCE:** Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet. Appendix 2 must be signed by each association participating in the meet.

**LIABILITY LIMITS:** In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

**COVID-19:** An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc. cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

**BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MIDDLE ATLANTIC SWIMMING, NL AQUATIC CENTER, SJACK SWIM TEAM AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES**



**OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.**

**EMERGENCIES:** The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

**UNACCOMPANIED ATHLETE:** Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

**CONCUSSION AWARENESS:** This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

**LIGHTNING POLICY:** The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming,



and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

**EVACUATION PROCEDURE:** Follow facility posted evacuation procedures.

## **DIRECTIONS**

Please use 333 Preston Avenue, Voorhees, NJ 08043 in your GPS device to get point to point directions to the facility.

## **LODGING**

Teams are responsible for their own lodging.

## **PARKING**

Parking is available in designated areas.





## APPENDIX 1: ORDER OF EVENTS AND QUALIFYING TIMES

2021 GMNY December Classic				
Events, Sessions and Time Standards:				
Girls Event Number	Time Standard	Description	Boys Event Number	Time Standard
<b>Session 1 Friday Prelims</b>				
<b>13/14 and 15/O Girls and Boys</b>				
105	1:19.89	13/14 100 Breast	106	1:17.69
107	1:16.89	15/O 100 Breast	108	1:08.49
109	2:10.49	13/14 200 Free	110	2:07.39
111	2:04.99	15/O 200 Free	112	1:55.29
113	5:27.79	13/14 400 IM	114	5:19.99
115	5:12.99	15/O 400 IM	116	4:49.99
<b>Session 2 Friday Prelims</b>				
<b>11/12 Girls and Boys</b>				
121	2:24.29	200 Freestyle	122	2:26.49
123	39.89	50 Breaststroke	124	41.49
125	2:40.39	200 Back	126	2:44.99
127	1:19.19	100 Fly	128	1:23.19
129	1:15.39	100 IM	130	1:17.19



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<b>Session 3 Friday Finals</b>				
101		13/14 200 Freestyle Relay	102	
103		15/O 200 Freestyle Relay	104	
121		11/12 200 Freestyle	122	
105		13/14 100 Breaststroke	106	
107		15/O 100 Breaststroke	108	
123		11/12 50 Breaststroke	124	
109		13/14 200 Free	110	
111		15/O 200 Free	112	
125		11/12 200 Back	126	
113		13/14 400 IM	114	
115		15/O 400 IM	116	
127		11/12 100 Fly	128	
117		13/14 400 Medley Relay	118	
119		15/O 400 Medley Relay	120	
129		11/12 100 IM	130	



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<b>Session 4 Saturday Prelims</b>				
<b>13/14 and 15/O Girls and Boys</b>				
205	27.79	13/14 50 Free	206	26.59
207	26.69	15/O 50 Free	208	24.09
209	2:28.19	13/14 200 IM	210	2:23.29
211	2:21.89	15/O 200 IM	212	2:09.49
213	1:09.29	13/14 100 Fly	214	1:06.69
215	1:04.29	15/O 100 Fly	216	58.49
217	1:08.19	13/14 100 Back	218	1:07.79
219	1:04.99	15/O 100 Back	220	1:00.89
221	5:57.99	13/14 500 Free	222	5:52.99
223	5:37.39	15/O 500 Free	224	5:17.99
<b>Session 5 Saturday Prelims</b>				
<b>11/12 Girls and Boys</b>				
225	2:42.59	200 IM	226	2:45.59
227	34.59	50 Back	228	36.19
229	1:27.19	100 Breaststroke	230	1:29.99
231	1:05.99	100 Free	232	1:06.59
233	2:59.99	200 Butterfly	234	2:59.99
235		200 Medley Relay	236	



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<b>Session 6 Saturday Finals</b>		
201	13/14 400 Freestyle Relay	202
203	15/O 400 Freestyle Relay	204
225	11/12 200 IM	226
205	13/14 50 Free	206
207	15/O 50 Free	208
227	11/12 50 Back	228
209	13/14 200 IM	210
211	15/O 200 IM	212
229	11/12 100 Breaststroke	230
213	13/14 100 Fly	214
215	15/O 100 Fly	216
231	11/12 100 Free	232
217	13/14 100 Back	218
219	15/O 100 Back	220
233	11/12 200 Butterfly	234
221	13/14 500 Free	222
223	15/O 500 Free	224



2021 GMNY December Classic Meet  
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<b>Session 7 Sunday Prelims</b>				
<b>13/14 and 15/O Girls and Boys</b>				
*All heats swum in prelims as timed finals				
305	2:44.79	13/14 200 Butterfly	306	2:46.99
307	2:31.29	15/O 200 Butterfly	308	2:21.29
309	2:26.29	13/14 200 Backstroke	310	2:29.89
311	2:23.09	15/O 200 Backstroke	312	2:13.99
313	2:53.79	13/14 200 Breaststroke	314	2:47.49
315	2:44.99	15/O 200 Breaststroke	316	2:32.09
317	1:00.29	13/14 100 Freestyle	318	57.59
319	57.29	15/O 100 Freestyle	320	51.89
321	20:40.99	13/14 1650 Freestyle*	322	19:57.99
323	20:04.99	15/O 1650 Freestyle*	324	18:18.99
<b>Session 8 Sunday Prelims</b>				
<b>11/12 Girls and Boys</b>				
*All heats swum in prelims as timed finals				
325	29.79	50 Free	326	30.09
327	3:07.99	200 Breaststroke	328	3:09.99
329	1:15.49	100 Backstroke	330	1:18.39
331	33.59	50 Butterfly	332	34.69
333	6:29.99	500 Freestyle*	334	6:29.99
335		200 Freestyle Relay	336	



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<b>Session 9 Sunday Finals</b>					
301			13/14 200 Medley Relay	302	
303			15/O 200 Medley Relay	304	
325			11/12 50 Free	326	
305			13/14 200 Butterfly	306	
307			15/O 200 Butterfly	308	
327			11/12 200 Breaststroke	328	
309			13/14 200 Backstroke	310	
311			15/O 200 Backstroke	312	
329			11/12 100 Backstroke	330	
313			13/14 200 Breaststroke	314	
315			15/O 200 Breaststroke	316	
331			11/12 50 Butterfly	332	
317			13/14 100 Freestyle	318	
319			15/O 100 Freestyle	320	



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## APPENDIX 2: YMCA SANCTIONED MEET DECLARATION FORM

*(Note: Return signed Declaration form to the meet director)*

**Participating YMCA:** \_\_\_\_\_

**YMCA Address:** \_\_\_\_\_

**Meet Name:** 2021 GMNY December Classic Meet

**Meet Date(s):** Friday, December 10 to Sunday, December 12, 2021

**Meet Host:** YMCA Greater Monmouth County Swim Team

**Meet Location:** NL Aquatic Center, 333 Preston Ave, Voorhees, NJ

We the undersigned attest to the following:

**SWIMMERS** - All swimmers representing the YMCA above are full privilege members of the YMCA and meet the eligibility requirements.

**COACHES** - All coaches representing the YMCA above hold current certifications in CPR, First Aid, Coaches Safety Training and Principles of YMCA Competitive Swimming and Diving.

**INSURANCE** - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the 2021 GMNY December Classic for the period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their participation in the 2021 GMNY December Classic.

**RELEASE** - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, JUST IN TIMING, the YMCA Greater Monmouth County, their agents, representatives or assigns, and the NL Aquatic Center for any and all injuries which may be suffered by participants at the 2021 GMNY December Classic Meet. Furthermore, we understand that the YMCA of the USA and YMCA Greater Monmouth County Swim Team are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

\_\_\_\_\_  
*Name of Head Coach*

\_\_\_\_\_  
Signature

\_\_\_\_\_  
*Name of YMCA Executive Director or Designee* Signature



## APPENDIX 3: SAFE SPORT ACT

New federal legislation enacted in February 2018 has expanded requirements around sexual abuse prevention for organizations that arrange amateur athletic competitions for minors. To ensure compliance with all applicable laws, and to continue to strengthen our ability to protect youth in our care from abuse, ALL coaches and officials participating in the 2021 GMNY December Classic, should take the following steps to ensure policies and procedures for abuse prevention and reporting align with the law.

- Coaches and officials should be up to date with either the YMCA of the USA or USA-S annual certification process.
- All coaches and official should have their identification visible on them during the meet and be prepared to present such when entering the pool deck area.
- All coaches and volunteers must read and provide a signature to acknowledge that they have read and understood the 2021 Code of Conduct. Coaches will be required to sign when picking up their Meet Package and Officials will sign when participating in their first official briefing.
- Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

**REQUIRED REPORTING:** A report should be filed with the local authorities within 24 hours. In addition, during the event, staff and volunteers should report concerns or complaints about other staff, volunteers, adults, or youths to the Meet Director or Safety Director or to Praesidium’s Anonymous Helpline at (855) 347-0751





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**This is the last page of the Meet Announcement**