**SBA MEMBERSHIP INFORMATION SHEET**

**VOLUNTEER HOURS**

* Annual Requirement is **25 Hours**.
* There will be a $50/hour fee for each unworked volunteer hour
* There will be a $50/hour fee if you do not show up to work a scheduled hour you signed up for.

**WHAT VOLUNTEER HOURS COUNT**

* Any home meet job assignments
* Special assignments posted by the volunteer coordinator
* Water watching counts up to 5 hours

**WHAT HOURS DON’T COUNT**

* Fundraising
* Timing at AWAY meets that are not hosted by SBA

**SWIM MEETS**

* When you arrive at a meet all swimmers must check in at the registration desk before the start of the meet.
* Most meets will use an online website to post heat and lane assignments. This will be posted at the meet. Heat and lane assignments are also posted on paper sheets on the wall in a designated location.
* Heat means the order number your swimmer will swim. For example, Heat 3: Lane 7 means that your swimmer is the third swimmer to swim in lane 7 of that event.
* Lane means the swim lane that your swimmer will swim in
* Lanes are numbered below the diving block on a cone and also on the timing tents.
* Have your swimmer line up behind the lane that he/she will be swimming 2 events before it is their turn to swim. For example, if you are swimming event number 5, be ready to swim at the end of event 3 (cap on and goggles with you)
* Girls swim odd numbered events, boys swim even numbered events
* Sometimes your swimmer will line up on the opposite side of the diving blocks if he/she is only swimming 25 yards. This way the timers can stay in their location and don’t have to move. You will be told this at the start of the meet by the coaches.
* Check in at the SBA coach’s tent before your swim to give the coaches your heat and lane assignments so they know whom to look for.
* Check in with the SBA coach’s tent after you swim to get feedback on how you swam.
* WEAR YOUR SBA SWIM CAP!!! Coaches can’t find you without that cap. The SBA logo cap helps them to know where you are.
* If you decide to scratch, (not swim an event you are signed up to swim) you must do it 30 minutes before that event.
* If your swimmer misses an event, they will not be allowed to swim in any more events the rest of the day. (May incur a financial penalty)
* There is NO VIDEOTAPING OR PHOTOGRAPHY BEHIND THE BLOCKS. This means you CAN NOT video your child swimming from this vantage point. You can be evicted from the meet for doing this. You must video from the sides of the pool.

**WHAT TO BRING TO A SWIM MEET?**

* 2 pairs of goggles in case one breaks
* 2 swim caps in case one breaks
* 2-3 bathing suits especially in winter. Wear an old practice suit for warm ups. Change into your team suit to swim your events. This keeps your swimmers warm.
* 2-3 towels especially in the winter months.
* Team Parka especially for the winter months
* Chairs and sunscreen
* Food and Water (Snacks) Keep away from sugary snacks or food that will make a swimmer sick.
* Card games or coloring to do with friends
* Close toed shoes and socks and flip flops to go to the bathroom in. Keep those feet warm.
* Hand or toe warmers in the winter months.
* Small blanket in the winter months that you can have in your car in case it gets cold.
* Hats in the winter
* Ask for help!!!
* None of us do this alone. We all lean on each other to get our kids to the blocks for their events.
* Age Limits determine what your child can swim
* 8 and under category are allowed to swim a minimum of 25 yards. Once your child turns 9, NO MORE 25 YARDS.
* 9 and up age categories can swim a minimum of 50 yards
* An Individual Medley consists of swimming all four strokes. Butterfly, Back Stroke, Breast Stroke and Free Style in that order. (Referred to as the IM)

**MANDATORY SWIM MEETS**

* There are four swim meets each season that are hosted by our swim club at the Baler Aquatic Center
* The hosting team is required to staff that meet. This means that ALL parents need to participate in order for us to succeed in hosting.
* All parents are REQUIRED to sign up to work job tasks at these meets whether you have a swimmer entered or not.
* Mark the following dates on your calendar for the remaining season.
* November 16-17, 2019

Senior Meet. Must be 13 or over to swim in this meet.

* January 11-12, 2020

All Age Group Meet

* May 30- 31, 2020

All Age Group Meet

* August 7-9, 2020-
* CVALS

**FUNDRAISING**

* We will run 2-3 big fundraisers per year. Our biggest one is the Swim-a-Thon that we do in the fall.
* It is EXPECTED that parents raise money for these. The goal is to raise $250 per family.
* That is very easy to do if you sign up to raise money at local businesses on the ON DECK app.

**GET CONNECTED AND STAY INFORMED**

* Download the ON DECK app. It links to your Team Unify account. That is where you sign up for volunteer jobs.
* Create a Team Unify Account online. That is where you can check your account balances, access the team store and declare whether or not you will be swimming in upcoming meets or attending upcoming events. You must have this account set up in order for ON DECK to link to it.
* Get added to the team Facebook Account at San Benito Aquatics. Many parents post information and team events on this platform.
* Check your emails from Team Unify. Coaches and Board Members will communicate with you through

E-mail.

* If you have questions regarding the status of your account, invoices, payments, or putting your account on hold, contact Julie Corrigan the team manager.

**GOT QUESTIONS?**

Call or email your Membership Coordinator Maxine Aeschleman @ (831) 205-8071 or

maeschleman@gmail.com

**YOUR BOARD OF DIRECTORS**

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