**Greetings Visiting Teams and Parents**

Anderson Area YMCA is pleased to host the 2020 AAYM Distance Dash Meet. We hope that you will have an enjoyable day on Saturday and several fast times. Below is some information to make your visit more enjoyable.

**Start Times for the Meet:**

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| --- | --- | --- |
| Session 1: 10 & under | Warm up = 7AM | Start = 8:30AM |
| Session 2: 11-12 | Warm up = not before 11AM | Start = 12:00PM |
| Session 3: 13 & over  | **Warm up = not before 2PM** | **Start = 3:00PM** |

**Parking:**

Parking is available and will be marked in the main lot toward the back of the building and is first come/first served. We have overflow parking across the street at Blue Ridge Medical or across Reed Road in the ANMED parking lot. **\*Note: We will be using the Back entrance to the building for the Swim Meet. Our Front Main Entrance is reserved for our regular membership.**

**Entrance to the Facility:**

The entrance for all athletes and spectators is through the Back Glass Doors or through the Gated Water Works Splash area. The Gymnasium is located to the immediate right upon entering the back of the building.

**Spectator Viewing:**

**Due to COVID limitations, there will be no spectator seating in the facility.** Spectators are encouraged to tailgate or camp in the Parking Lot or grassy area behind the building. There will be a very limited, standing room only spectator viewing area behind the blocks. Spectators may enter one door from the Water Works area to view a race but must exit another door immediately following the heat. Parents may stand outside in the Water Works area but must wear a mask while inside the gates. No camping or seating will be allowed inside the gates. We ask that spectators be respectful of all who want to view their athletes competing. Children must be supervised at all times. Horseplay will not be tolerated.

**Live Streaming:**

We are going to attempt to live stream each session on Facebook Live. The link will be posted on our website and made available to families at the meet. Please have patience with us as this is the first time we have attempted to stream an event and we have limited equipment.

**Athlete Village/Camping:**

All athletes will be housed in the gym. We will have designated bleacher areas for each team to sit. No personal chairs will be permitted. Bleachers will have seats marked 6ft apart to encourage social distancing. Athletes should keep their belongings and remain in their seats between events. **Parents will not be allowed in the gymnasium. We will have Meet Marshalls available at the doors to contact athletes if needed by their parents.**

Please remind your athletes not to run in the gym or the hallways as it can get slippery with wet bodies roaming throughout the day. We will have staff on hand to try and keep floors as dry as much as possible.

**Masks:**

Our health protocols and local government mandates that masks be worn by all individuals at all times whenever inside the facility premises. This includes inside the pool area, gym and the gated Water Works patio area. Masks are encouraged but do not have to be worn in the Parking Lot.

**Social Distancing:**

All individuals attending the event no matter the capacity, are encouraged to maintain 6ft of social distancing whenever possible. Please do your part to help keep our event and community safe so that we can continue to have future competitions.

**Swimmer/Coach ingress and egress to the pool:**

Athletes and Coaches will enter the pool area through the external doors in Water Works splash area. This is also where athletes will begin staging for their events. All athletes and meet personnel will exit through the long hallway near the Starting end.

**Athlete Locker Rooms/Spectator Restrooms:**

Athlete only locker rooms will be clearly marked with access to the hallway and the pool deck. These locker rooms are for 17 and under athletes only. Athletes who are 18 or older should use the adult locker rooms. Locker rooms should only be used for athlete restrooms and not for changing. There are restrooms located in the hallway next to gym entrance for Spectators. Two special needs restrooms are designated for Coach/Official and Volunteer use only.

**Hospitality:**

Hospitality will be located in an activity room just off of the pool deck. Breakfast and lunch will be provided for coaches and officials.

**Concessions:**

Limited concessions will be available under a tent outside in the Water Works splash area throughout the day.

**Warm up/Warm Down:**

During General warm-up time, teams will have assigned lanes. Lanes will be limited to four (4) athletes per lane. Coaches are responsible for following all warm-up safety guidelines. The therapy pool will be available for warm-up/warm-down throughout the meet. There will be lane lines but there are no visible stripes on bottom. Please encourage athletes to be careful and to obey all lifeguards. It will be limited to eight (8) total athletes at a time. Swimmers caught playing will be asked to exit the pool.

**Athlete Staging Area:**

There will be no clerk of course to line up athletes for any of the sessions. All athletes should report to the staging area when their event is called to do so. The staging area will be located along the wall in the Water Works patio area. There will be numbers clearly marked for assigned lanes. Swimmers will then move to the second staging area behind the timers. Swimmers will then be asked to place their belongings (including their mask) in the provided basket as they are called to the blocks. At the conclusion of a heat, swimmers will exit the pool, gather their belongings from the basket and proceed around the pool to exit. The 10 & under and 11-12 sessions are pretty short. All athletes are guaranteed a minimum of 10 minutes between swims. The meet referee will make every effort to ensure athletes receive adequate rest.

**Heat Sheets/Meet Information:**

Heat Sheets will be made available for you to download here and are also available on Meet Mobile. Heat sheets will not be printed at the meet.

**Results:**

Results will be posted on the wall outside in Water Works patio area and made available on Meet Mobile.

**Awards:**

Awards will be available for coaches to collect at the conclusion of the meet.

**Timers:**

If parents are interested in being timers, we may need a few relief timers. Please have them volunteer at clerk of course.

**Officials:**

We welcome all visiting officials for either or both sessions. Please report one hour prior to the session and sign up to work in the hospitality room. The Meet Referee will have instructions available at that time.

**Meet Marshals and Crowd Control:**

Coaches, please encourage parents to be respectful of volunteer meet marshals as they are tasked with keeping certain deck areas clear for efficient meet operation and maintaining our facility mandated COVID Protocols.