

2019 SCS Summer Junior Olympic Championships
Marguerite Recreation Center – 27474 Casta Del Sol, Mission Viejo, Ca.
July 24 – 28 (Wednesday through Sunday)

- Approximately 1,000 Swimmers / Meet will not be held to the time line
- The meet will be run on ONE course / One to a lane for distance
- NO delay for swimmers not at the blocks
- All Events except 50s will be run from the South End – 50s from North End (Diving Platform End)
- Please note 9:00am Prelim start time and 5:00pm Finals Start
- Trials available Thursday through Sunday (limited to 30 minutes on Wednesday and Saturday – no distance on those days)

<p>Wednesday, July 24 Start of Meet: 9:00am Finish of Prelims: 12:25am</p> <p>Start of 1500: 12:35pm End of 1500s: 3:27pm</p> <p>Time Trials Start 5 Min. after 1500 finish 30 minute limit</p> <p>Start of Finals:5:00pm Finish of Finals: 7:23pm</p>	<p>Thursday, July 25 Start of Meet: 9:00am Finish of Prelims: 1:57pm</p> <p>Time Trials start 10 minutes after prelim finish</p> <p>Start of Finals:5:00pm Finish of Finals: 7:39pm</p>	<p>Friday, July 26 Start of Meet: 9:00am Finish of Prelims: 2:22pm</p> <p>Time Trials start 10 minutes after prelim finish</p> <p>Start of Finals:5:00pm Finish of Finals: 7:48pm</p>	<p>Saturday, July 27 Start of Meet: 9:00am Finish of Prelims:12:14am</p> <p>Start of 800s: 12:20am End of 800s: 2:23pm</p> <p>Time Trials Start 5 minutes after 800 finish 30 minute limit</p> <p>Start of Finals:5:00pm Finish of Finals: 7:14pm</p>
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<p><u>Time Trials</u></p> <p>No distance Wed./Sat. Limited distance Thur/Fri</p>

800 and 1500 Distance Events:

1. 800 and 1500 are time finals events
2. Fastest to slowest / Alternating Heats of men and women
3. 1500 check-in will close 90 minutes prior to the start – Approx. 10:00am
4. Participants need to supply one timer for three heats and their own lap counter