

Coastal End of Summer Swim Meet

July 31st – August 1st 2021

Sanctioned By: USA-Swimming & Southern California Swimming

Sanction Number: S21-

Sponsored By: Daland Swim Team

Entry Deadline: 5PM July 21st 2021

Pool: Thousand Oaks High School 2323 N Moorpark Rd, Thousand Oaks, CA 91360

Eligibility: Open to 2021 USA Swimming registered swimmers. Registration application must be received by **Wednesday, July 21st at 5pm** by meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B.

Facility: **Thousand Oaks High School 232 N Moorpark Road, Thousand Oaks, CA. 91360.** Pool is an outdoor 25-yard pool with up to 8 competition lanes. An additional 4 lanes are available outside of the 8 competition lanes. The competition course has been certified in accordance with 104.2.2(C). Pool depth at start: 7 feet, at turn end: 13 feet.

Directions: Take the 101 Freeway, exit Moorpark Road. From the north turn left on Moorpark Road, from the south turn right. The high school will be on the left. Park in the Tennis court parking lot on the corner of Avenida De Las Flores and Moorpark Road.

Meet Start Times: Warm-Up Begins at 7:00am; Meet Starts at 8:30 am. No Check In. Scratches are due from coaches by 5:15pm.

Warm-up Procedures: All warm-ups must supervised by a USA Swimming Member Coach. Warm-Up lanes will be assigned to teams. Each team will be assigned lanes.

Meet Referee: The Meet Referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the Meet Referee: Jeff Conrad jconrad@jscarchitect.com

Rules: USA Swimming Rules govern; current SCS meet procedures will be in effect and take precedence over any errors or omissions on this form. Swimmers must be at least 5 years old by the start date of the meet to participate. Volunteer Timers are expected to be provided by each team. Events will be run fast to slow. Swimmers are limited to 5 (FIVE) events per day.

Recording Devices & Media Notice: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

Drones: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

Deck Changes: Deck Changes are prohibited.

Change of Affiliation: Before the meet a swimmer may change his/her club affiliation by submitting a Club Transfer Form and the appropriate fee to the Swim Office. At the meet a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Official/Referee in writing and paying the appropriate fee.

Submitted/Qualifying Times: Times submitted must be BEST RECORDED TIMES short course or long course from this or preceding swim season (No work-out times). All non conforming times will be seeded last. "No Time" will be accepted for the White division. Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action.

Electronic Entry Procedure: E-mail entry (entry.zip file) will be accepted only when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic) Deletions will NOT be refunded.

Entry Procedure: NOTE: Electronic entry is required!

Entry Fees: \$4.00 for each individual event along with a \$10.00 surcharge per swimmer *must accompany each individual entry card.* NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file *including electronic signature* of coach and will be dated as official at that time. (5PM postmark would queue before a 10PM electronic). Deletions will not be refunded.

Timing Assignments: Clubs will be assigned lanes for timing.

Entries Close: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, Wednesday July 21st.

Make Checks payable to Conejo Simi Swim Club

Mail payment to: Erica Johnson c/o DALD August / 321 Cuyler Harbor Drive, Camarillo CA 93012

Email team electronic entries or questions to Erica Johnson: EricaJohnson.swim@gmail.com

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

DALD August BRW

July 31st – August 1st 2021

| SATURDAY, 8:30 am, warm-up 7:00 am | | | | | | |
|------------------------------------|------------------|-------------------------|--------|------------------|-------------------------|-----------------|
| AGE | GIRLS EVENT # | TIME STANDARDS YARDS | METERS | EVENT | TIME STANDARDS YARDS | BOYS EVENT # |
| 11-12 | 1 | BRW | BRW | 200 FREESTYLE | BRW | 2 |
| 13 & OV | 3 | BRW | BRW | 200 FREESTYLE | BRW | 4 |
| 11-12 | 5 | BRW | BRW | 100 BUTTERFLY | BRW | 6 |
| 13 & OV | 7 | BRW | BRW | 100 BUTTERFLY | BRW | 8 |
| 11-12 | 9 | BRW | BRW | 50 FREESTYLE | BRW | 10 |
| 13 & OV | 11 | BRW | BRW | 50 FREESTYLE | BRW | 12 |
| 11-12 | 13 | BRW | BRW | 50 BREASTSTROKE | BRW | 14 |
| 11 & OV | 15 | BRW | BRW | 200 BREASTSTROKE | BRW | 16 |
| 11-12 | 17 | BRW | BRW | 100 BACKSTROKE | BRW | 18 |
| 13 & OV | 19 | BRW | BRW | 100 BACKSTROKE | BRW | 20 |
| 11-12 | 21 | BRW | BRW | 1001 M. | BRW | 22 |
| 11 & OV | 23 | BRW | BRW | 4001 M. | BRW | 24 |
| 11 & OV | 25 | BRW | BRW | 1650 FREESTYLE | BRW | 26 |

| SUNDAY 8:30 am, warm-up 7:00 am | | | | | | |
|---------------------------------|------------------|-------------------------|--------|------------------|-------------------------|-----------------|
| AGE | GIRLS EVENT # | TIME STANDARDS YARDS | METERS | EVENT | TIME STANDARDS YARDS | BOYS EVENT # |
| 11-12 | 45 | BRW | BRW | 200 IND.MEDLEY | BRW | 46 |
| 13 & OV | 47 | BRW | BRW | 200 IND.MEDLEY | BRW | 48 |
| 11-12 | 49 | BRW | BRW | 50 BACKSTROKE | BRW | 50 |
| 11 & OV | 51 | BRW | BRW | 200 BACKSTROKE | BRW | 52 |
| 11-12 | 53 | BRW | BRW | 100 BREASTSTROKE | BRW | 54 |
| 13 & OV | 55 | BRW | BRW | 100 BREASTSTROKE | BRW | 56 |
| 11-12 | 57 | BRW | BRW | 100 FREESTYLE | BRW | 58 |
| 13 & OV | 59 | BRW | BRW | 100 FREESTYLE | BRW | 60 |
| 11-12 | 61 | BRW | BRW | 50 BUTTERFLY | BRW | 62 |
| 11 & OV | 63 | BRW | BRW | 200 BUTTERFLY | BRW | 64 |
| 11 & OV | 65 | BRW | BRW | 500 FREESTYLE | BRW | 66 |

| SATURDAY AFTERNOON | | | | | | |
|---|------------------|-------------------------|--------|-----------------|-------------------------|-----------------|
| No earlier than 45 minutes after the close of the morning session | | | | | | |
| AGE | GIRLS EVENT # | TIME STANDARDS YARDS | METERS | EVENT | TIME STANDARDS YARDS | BOYS EVENT # |
| 7-10 | 27 | BRW | BRW | 200 FREESTYLE | BRW | 28 |
| 5-8 | 29 | BRW | BRW | 100 FREESTYLE | BRW | 30 |
| 7-10 | 31 | BRW | BRW | 50 BREASTSTROKE | BRW | 32 |
| 5-8 | 33 | BRW | BRW | 25 BREASTSTROKE | BRW | 34 |
| 7-10 | 35 | BRW | BRW | 100 IND.MEDLEY | BRW | 36 |
| 5-8 | 37 | BRW | BRW | 50 BACKSTROKE | BRW | 38 |
| 7-10 | 39 | BRW | BRW | 100 BACKSTROKE | BRW | 40 |
| 5-8 | 41 | BRW | BRW | 25 FREESTYLE | BRW | 42 |
| 7-10 | 43 | BRW | BRW | 50 FREESTYLE | BRW | 44 |

| SUNDAY AFTERNOON | | | | | | |
|---|------------------|-------------------------|--------|------------------|-------------------------|-----------------|
| No earlier than 45 minutes after the close of the morning session | | | | | | |
| AGE | GIRLS EVENT # | TIME STANDARDS YARDS | METERS | EVENT | TIME STANDARDS YARDS | BOYS EVENT # |
| 7-10 | 67 | BRW | BRW | 200 IND.MEDLEY | BRW | 68 |
| 5-8 | 69 | BRW | BRW | 1001 M. | BRW | 70 |
| 7-10 | 71 | BRW | BRW | 50 BUTTERFLY | BRW | 72 |
| 5-8 | 73 | BRW | BRW | 25 BUTTERFLY | BRW | 74 |
| 7-10 | 75 | BRW | BRW | 100 FREESTYLE | BRW | 76 |
| 5-8 | 77 | BRW | BRW | 50 FREESTYLE | BRW | 78 |
| 7-10 | 79 | BRW | BRW | 50 BACKSTROKE | BRW | 80 |
| 5-8 | 81 | BRW | BRW | 25 BACKSTROKE | BRW | 82 |
| 7-10 | 83 | BRW | BRW | 100 BREASTSTROKE | BRW | 84 |
| 5-8 | 85 | BRW | BRW | 50 BREASTSTROKE | BRW | 86 |

Swimmers are limited to 5 events per day.
All events will be swum fast to slow.

A swimmer must be at least 11 years old and meet the event entry standard to enter an Open event.

Swimmers aged 7-8 may swim either as 5-8 or 7-10, not any combination

Requirements for 5-6 swimmers to enter 100 back, 100 breast, 100 fly, 200 free 200 IM

- (a) If swimmer's time meets the 5-8 Red standard for 50 of stroke, may enter 100 of stroke
- (b) If swimmer's time meets the 5-8 Blue standard for 100 Free or 100 IM, may enter 200 free or 200 IM
- (c) If swimmer's time has equaled or bettered the 5-8 standard in three events may enter 100 back, breast, or fly
- (d) If swimmer has equaled or bettered the 5-8 Blue standard in three events may enter 200 Free or 200 IM

Swimmers in 400 IM, 500 free, and 1650 Free are requested to provide their own timers for 3 heats.

400 IM, 500 free, and 1650 free will be swum alternating girls and boys.

Swimmers in 500 free, and 1650 free should provide their own lap counters.