

**SET NOVEMBER BRW SC MEET
NOVEMBER 6-7, 2021**

Open to the following teams:

All of Orange Committee of Southern California Swimming LSC

El Toro High School
25255 Toledo Way, Lake Forest, CA 92630

Saturday & Sunday (8:30 AM) Timed Finals

Hosted By:

Saddleback El Toro Aquatics

SET November SC BRW Meet November 6-7, 2021

Sanction Number: S21-

Warm-Up Time: Sat & Sun 7:00 am

Sponsored by: SET

Meet Start Time: Sat & Sun 8:30 am

POOL: El Toro High School 25255 Toledo Way, Lake Forest, CA 92630

COURSE: El Toro High School is a 25 yard by 50 Meter pool with 8 swimming lanes and a warm-up area. This competition course has been certified in accordance with 104.2.2 © on file with USA Swimming. Pool Depth Start and Turn End 13'-7'.

WARM-UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of a USA Swimming member coach. There will be NO DIVING into the pool during these times except into the designated sprint lane(s). All swimmers must use 3-point, slide-in entries into the pool for warm-up, no jumping or diving in.

MEET REFEREE: Ted Olivieri – trackmdr@aol.com

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2021 SCS Swim Guide). **This meet will limit entries to meet the “4 Hour” rule. This meet will limit entries to meet the “4 Hour” rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on November 6, 2021. All coaches and officials on deck must complete the CDC or NFHS concussion course. Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet.

Entry Limits: A swimmer may enter no more than 4 individual events per day.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas, or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, webcasting, and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. “Tech suits” (suits with bonded seams, kinetic tape, or meshed seams) are not permitted at this meet for all 12 and under events. 13 and Over swimmers are allowed to wear “tech suits” that conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned meet.

DECK CHANGES: Deck Changes are prohibited. Locker rooms and restrooms on deck will be available for athletes only. Report instances of deck changing to the meet referee/meet director.

Locker rooms, Restrooms & Safe Sport: Restrooms on deck will be monitored for participating athlete use only. Restrooms will be available for coaches

RACING START CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility: Open to 2021/2022 USA Swimming registered swimmers who are active members of Southern California Swimming. Swimmers from outside SCS will not be accepted. Registration application must be received by Wednesday October 27, 2021 by 5:00 PM by the meet processor, administrative official/referee or SCS office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, IIIB. SCS reserves the right to change team assignments as necessary to accommodate as many swimmers as possible within the LSC.

ENTRY FEE: \$10.00 surcharge per swimmer and \$4.00 per Individual Event. NO REFUNDS will be issued.

IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING and SCS SHALL BE FREE FROM ANY LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Concussion Informed Consent Acknowledgement Any swimmer under the age of 18 entered in the meet must have a current (within the year), athlete, and parent signed Concussion Informed Consent Acknowledgement. If affiliated with a member club, it must be on file with the club. If unaffiliated with a member club, it is the responsibility of the swimmer or the swimmer's parent or legal guardian to ensure compliance with this requirement.

MAAP Statement: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

COVID 19 Acknowledgement. We have taken enhanced health and safety measures – for you, coaches, officials, and swimmers. You must follow all posted instructions while attending or participating in this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and people with underlying medical conditions are especially vulnerable. By attending or participating in this meet, you voluntarily assume all risks related to exposure to COVID-19.

COVID 19 Sanction Requirements: Amendment of Articles 202.4 and 202.6 of the USA Swimming Rules to require certain COVID-related precautions in order to issue meet sanctions and approvals, including a safety plan (attached), assumption of risk (attached), and release of liability (attached), which will remain in place through July 31, 2021. As always, USA Swimming, Local Swimming Committees (LSC) and club activities must follow state and local guidelines.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN WEDNESDAY OCTOBER 27, 2021 BY 5:00 PM. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

Please make checks payable to: Saddleback El Toro Aquatics

Mail entries to: Susie Sheppard
11110 Davis Street
Moreno Valley, CA 92557

Electronic entries to: suzshep@roadrunner.com

Meet Information: coachteeter@gmail.com

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

***For further meet information email coachteeter@gmail.com Receipt of entry will not be verified by phone or email.

SET SHORT COURSE "BRW" AGE GROUP SWIM MEET

Date of Meet: November 6-7, 2021

Entries Due: Wednesday October 27, 2021 by 5:00 PM

YOU MAY SWIM A MAXIMUM OF 4 EVENTS PER DAY

ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST

Times submitted must be Best Recorded Times short course or long course.

SOCAL WILL LIMIT ENTRIES TO MEET THE "4 HOUR" RULE FOR EACH SESSION

Only 11 & Older swimmers who meet the stated time standard may enter OPEN events.

The 400 IM and 1650 Freestyle will be swum alternating girls and boys

This is an Orange Committee Meet all teams from Orange Committee may enter.

Girls Saturday, November 6, 2021 8:30 am Boys

No.	Division	Age	Event	Age	No.
1	BRW	5-8	100 Yard Individual Medley	5-8	2
3	BRW	7-10	200 Yard Individual Medley	7-10	4
5	BRW	5-8	25 Yard Backstroke	5-8	6
7	BRW	7-10	50 Yard Backstroke	7-10	8
9	BRW	5-8	100 Yard Freestyle	5-8	10
11	BRW	7-10	100 Yard Freestyle	7-10	12
13	BRW	5-8	50 Yard Butterfly	5-8	14
15	BRW	7-10	50 Yard Butterfly	7-10	16
17	BRW	5-8	25 Yard Freestyle	5-8	18
19	BRW	7-10	50 Yard Breaststroke	7-10	20
21	BRW	5-8	50 Yard Breaststroke	5-8	22

Girls Sunday, November 7, 2021 8:30 am Boys

No.	Division	Age	Event	Age	No.
49	BRW	7-10	200 Yard Freestyle	5-10	50
51	BRW	5-8	50 Yard Backstroke	5-8	52
53	BRW	7-10	100 Yard Butterfly	7-10	54
55	BRW	5-8	25 Yard Butterfly	5-8	56
57	BRW	7-10	100 Yard Backstroke	7-10	58
59	BRW	5-8	50 Yard Freestyle	5-8	60
61	BRW	7-10	100 Yard Breaststroke	7-10	62
63	BRW	5-8	25 Yard Breaststroke	5-8	64
65	BRW	7-10	50 Yard Freestyle	7-10	66
67	BRW	7-10	100 Yard Individual Medley	7-10	68

PM Session will begin no sooner than 11:30 AM or 30 minutes (per session) after the conclusion of the AM Session or at the discretion of the Meet Referee

23	BRW	11/12	200 Yard Freestyle	11/12	24
25	BRW	13 & Up	200 Yard Freestyle	13 & Up	26
27	BRW	11/12	100 Yard Individual Medley	11/12	28
29	BRW	11/12	200 Yard Breaststroke	11/12	30
31	BRW	13 & Up	200 Yard Breaststroke	13 & Up	32
33	BRW	11/12	50 Yard Freestyle	11/12	34
35	BRW	13 & Up	50 Yard Freestyle	13 & Up	36
37	BRW	11/12	100 Yard Butterfly	11/12	38
39	BRW	13 & Up	100 Yard Butterfly	13 & Up	40
41	BRW	11/12	50 Yard Backstroke	11/12	42
43	BRW	13 & Up	200 Yard Backstroke	13 & Up	44
45	BRW	11/12	200 Yard Backstroke	11/12	46

69	BRW	11/12	200 Yard Individual Medley	11/12	70
71	BRW	13 & Up	200 Yard Individual Medley	13 & Up	72
73	BRW	11/12	100 Yard Breaststroke	11/12	74
75	BRW	13 & Up	100 Yard Breaststroke	13 & Up	76
77	BRW	11/12	100 Yard Freestyle	11/12	78
79	BRW	13 & Up	100 Yard Freestyle	13 & Up	80
81	BRW	11/12	50 Yard Butterfly	11/12	82
83	BRW	11/12	200 Yard Butterfly	11/12	84
85	BRW	13 & Up	200 Yard Butterfly	13 & Up	86
87	BRW	11/12	100 Yard Backstroke	11/12	88
89	BRW	13 & Up	100 Yard Backstroke	13 & Up	90
91	BRW	11/12	50 Yard Breaststroke	11/12	92

10 Minute Break at the discretion of the Referee

47	BRW	13 & Up	400 Yard Individual Medley	13 & Up	48
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Swimmers in the 400 IM and 1650 Yard Freestyle are asked provide timers for 3 heats.

10 Minute Break at the discretion of the Referee

93	OPEN	21:32.10	1650 Yard Freestyle	21:51.50	94
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7-8 swimmers may enter 5-8 or 7-10 events but not a combination.