

MVN SCY INTRASQUAD

Sanctioned by: USA Swimming and SCS
Sanction Number: S19-123
Sponsored by: Mission Viejo Nadadores

DATE OF MEET: June 8, 2019
ENTRIES RECEIVED BY 5:00PM: May 29, 2019 (WEDNESDAY)

WARM UP TIME: 7:30 AM (Sat)
MEET START TIME: 9:00 AM (Sat)

The following teams may enter this meet: MVN

POOL: Marguerite Recreation Center, 27474 Casta Del Sol, Mission Viejo, CA 92692. Take I-5 to La Paz exit. Turn east on La Paz, left on Marguerite, right on Casta Del Sol. Turn right at first driveway. Swim parking lot is across from the tennis courts with the exit being at upper level. Do not park in tennis lot.

COURSE: Competition pool is outdoors, 50 meters x 25 yards with adjacent eight-lane 25 yard warm-up pool. The competition courses have been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Pool Depth Measurement at South End 2M, North End 3.5M. Colorado Timing will be used.

WARM UP RULES: USA Swimming warm-up policies will be enforced by USA Swimming Officials. Swimmers warming up or down before, during, or after this swim meet must be under the direct supervision of an USA Swimming member coach. There will be **NO DIVING** into the pool during these times except into the designated sprint lane(s). **WARM-UP RULES WILL BE ANNOUNCED AND POSTED.** All swimmers must use 3-point, slide in entries into the pool for warm up, no jumping or diving in.

MEET REFEREE: The meet referee shall be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to **Greg Wilson, e-mail: gregwilson0427@sbcglobal.net**

RULES: USA Swimming rules will govern. Current SCS Meet procedures will be enforced and take precedence over any errors or omissions on this entry form. (See 2019 SCS Swim Guide). This meet will be pre-seeded. Swimmers must swim in their actual Age Group as determined by their age on June 8, 2019. All coaches and officials on deck must complete the CDC of NFHS Concussion course.

ENTRY RESTRICTIONS: Swimmers may swim a maximum of SIX events per day. ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgment and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Tech Suits with bonded seams, kinetic tape, or meshed seams are not permitted at this meet.** Please see the Tech Suit Policy on the SCS website.

DECK CHANGES: Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: OPEN TO ATHLETES WHO ARE 2019 USA SWIMMING REGISTERED. SCS athletes must be members of the Orange Committee. NO ON-DECK ENTRIES. Registration application must be received by WEDNESDAY, May 29, 2019 by the meet processor, administrative referee or SCS Office. Late application will be considered "on deck" subject to penalties in SCS Swim Guide, Part One, III, B. REGISTRATION APPLICATIONS MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. There are substantial penalties to swimmer and Club (See 2019 SCS Swim Guide, Part One, III, B) if USA Swimming registration is completed at the meet.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a CLUB TRANSFER form and the appropriate fee to the Swim Office. At the meet, a swimmer may UNATTACH by notifying the Administrative Referee in writing and paying the appropriate fee. A swimmer may not attach at the meet.

SUBMITTED TIMES: Times submitted must be **BEST RECORDED TIMES short course or long course** from this or preceding swim season (**NO WORK OUT TIMES**). Coaches and swimmers should be prepared to verify all submitted times. Discrepancy in the submitted times can lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

QUALIFYING TIMES: Swimmers must not have exceeded the time standards listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter the meet at minimum (see 2019 Swim Guide for exceptions). Swimmers must have achieved the stated minimum time standard to enter that event.

ENTRY FEE: **\$10 for each ATHLETE, \$4 for each EVENT.** E-mail entry (entry.zipfile) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time. (5 PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

ENTRIES CLOSE: **ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, MAY 29, 2019. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).** To avoid any concern regarding receipt of entry card at the designated address, you are advised to enclose a stamped, self-addressed postcard or envelope for return when your entry is received.

NO CERTIFIED, REGISTERED OR SPECIAL DELIVERY MAIL WILL BE ACCEPTED.

MAKE CHECKS PAYABLE TO:	SOUTHERN CALIFORNIA SWIMMING
EMAIL TO:	DIVANJ@COX.NET
And MAIL TO:	JUDI DIVAN
(Include Swimmer's name and SCS Number)	33561 CALLE MIRAMAR
	SAN JUAN CAPISTRANO, CA 92675

For further meet Information email Todd Conrad, MVN General Manager: generalmanager@mvnswim.org Receipt of entry *will not* be verified by phone or email.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Session 1 - 8:30 A.M.

EVENT	GIRLS	EVENT	BOYS	EVENT
1	5-6/7-8	25 YD. FREESTYLE	5-6/7-8	2
3	13-Up	100 YD. FREESTYLE	13-Up	4
5	11-12	100 YD. FREESTYLE	11-12	6
7	5-6/7-8	100 YD. FREESTYLE	5-6/7-8	8
9	7-10	100 YD. FREESTYLE	7-10	10
11	13-Up	100 YD. BREASTSTROKE	13-Up	12
13	11-12	50 YD. BREASTSTROKE	11-12	14
15	7-10	50 YD. BREASTSTROKE	7-10	16
17	5-6/7-8	50 YD. BREASTSTROKE	5-6/7-8	18
19	11-12/13-Up	200 YD. BACKSTROKE	11-12/13-Up	20
21	11-12	100 YD. BACKSTROKE	11-12	22
23	7-10	100 YD. BACKSTROKE	7-10	24
25	5-6/7-8	25 YD. BUTTERFLY	5-6/7-8	26
27	13-Up	100 YD. BUTTERFLY	13-Up	28
29	11-12	50 YD. BUTTERFLY	11-12	30
31	7-10	50 YD. BUTTERFLY	7-10	32
33	5-6/7-8	50 YD. BUTTERFLY	5-6/7-8	34
35	13-Up	200 YD. FREESTYLE	13-Up	36
37	11-12	200 YD. FREESTYLE	11-12	38
39	7-10	200 YD. FREESTYLE	7-10	40

Session 2 - 3:30 P.M.

41	5-6/7-8	100 YD. IND. MEDLEY	5-6/7-8	42
43	7-10	200 YD. IND. MEDLEY	7-10	44
45	13-Up	200 YD. IND. MEDLEY	13-Up	46
47	11-12	200 YD. IND. MEDLEY	11-12	48
49	5-6/7-8	25 YD. BACKSTROKE	5-6/7-8	50
51	13-Up	100 YD. BACKSTROKE	13-Up	52
53	5-6/7-8	50 YD. BACKSTROKE	5-6/7-8	54
55	7-10	50 YD. BACKSTROKE	7-10	56
57	11-12	50 YD. BACKSTROKE	11-12	58
59	11-12/13-Up	200 YD. BREASTSTROKE	11-12/13-Up	60
61	7-10	100 YD. BREASTSTROKE	7-10	62
63	11-12	100 YD. BREASTSTROKE	11-12	64
65	5-6/7-8	25 YD. BREASTSTROKE	5-6/7-8	66
67	13-Up	50 YD. FREESTYLE	13-Up	68
69	11-12	50 YD. FREESTYLE	11-12	70
71	7-10	50 YD. FREESTYLE	7-10	72
73	5-6/7-8	50 YD. FREESTYLE	5-6/7-8	74
75	11-12/13-Up	200 YD. BUTTERFLY	11-12/13-Up	76
77	11-12	100 YD. BUTTERFLY	11-12	78
79	7-10	100 YD. BUTTERFLY	7-10	80