

PALM Spartanburg Practice Schedule 2021-2022 Season

First practice Sept 9th

Practices are held at Converse Pool

Phase 1: September 9, 2021 - October 8 2021						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rockhopper 1	7:15-8:00 pm					
Rockhopper 2	7:15-8:00 pm		7:15-8:00 pm			
Gentoo	7:15-8:15 pm		7:15-8:15 pm		7:15-8:15 pm	
Royal	7:15-8:15 pm		7:15-8:45 pm	7:15-8:45 pm	7:15-8:45 pm	
King 1 King 2 Emperor	7:15-8:45 pm		7:15-8:45 pm	7:15-8:45 pm	7:15-8:45 pm	10:00-12:00

Phase 2: October 11, 2021 - April 30, 2022						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rockhopper 1	6:00-6:45 pm					
Rockhopper 2	6:00-6:45 pm		6:00-6:45 pm			
Gentoo	6:00-7:00 pm		6:00-7:00 pm		5:45-6:45 pm	
Royal	6:00-7:30 pm	6:00-7:30 pm		6:00-7:30 pm	5:45-7:15 pm	
King 1 King 2	6:00-7:30 pm	6:00-7:30 pm	6:00-7:30 pm	6:00-7:30 pm	5:45-7:15 pm	
Emperor	6:00-8:00 pm	6:00-8:00 pm	6:00-8:00 pm	6:00-8:00 pm	5:45-7:45 pm	10:00-12:00

Phase 3: Long course will begin May 1 and run through the championships meets the end of July. The long course schedule will be posted when we have it in the spring. Practices typically move to outdoor pools during the summer months

Important Schedule Notes:

We do not offer practice during weekend meets that are offered to all PALM swimmers. We encourage the swimmers to be competing at the meet!

During the Championship meets in February and March, swimmers will have modified schedules and days off based on their Championship meet schedule.

Thanksgiving/Christmas break schedule when the kids are out of school may vary from the regular schedule times and/or have some scheduled time off

Palmetto Aquatics takes time off during Spring Break and at the conclusion of the long course season

*This schedule is subject to change