

PALM – Aiken

Location: USC Aiken Natatorium, 471 University Pkwy, Aiken, SC 29801

FOR QUESTIONS ABOUT GROUPS, PRICING OR TRYOUTS PLEASE CONTACT COACH BETH:

Coach Beth: coachbethshaw@gmail.com 816-344-4487

Coach Chris: chrischarlton991@gmail.com 803-215-7000

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(lessons free & back) 45 Minutes Of Swimming	Pacer Fledgling \$100.00 Per Month 9 x Months	4:15-5pm	OFF	4:15-5pm	OFF	4:15-5pm	OFF
(elementary school kids)	Pacer Blue \$160.00 Per Month For 9 Months Summer Free	4:15-5:30pm OR 5:30-6:45pm	7-8:15pm	4:15-5:30pm OR 5:30-6:45pm	7-8:15pm	5:30-6:45 pm Technique Review and Starts and Turns	OFF
(middle school kids)	Pacer Jr. Team \$186.00 Per Month For 9 Months Summer Free	4:15-5:30pm OR 5:30-6:45pm	7-8:15pm	4:15-5:30pm OR 5:30-6:45pm	7-8:15pm	5:30-6:45pm Technique Review and Starts and Turns	OFF
(high school kids) 2 HRS of Swim	Pacer Sr. Team \$230.00 Per Month For 9 Months Summer Free	Swim 5-7pm	Swim 7-9pm	Swim 5-7pm	Swim 7-9pm	Swim 5-7pm	Swim 9-11am At Golden Hills in Lexington