

PALMETTO AQUATICS CODE OF CONDUCT FOR PARENTS

The role of the parent is to love, support and encourage the athlete. Backed by encouraging and supportive parents, an athlete is able to give his/her best effort and concentrate on what is being taught by the coaching staff. Parental support is critical to emotional and physical confidence during training and competition, and parents should be supportive of their swimmer's efforts regardless of outcome. Children learn and develop in different ways and at different rates.

- I will refrain from comparing my child's performance to a teammate's or a competitor's performance.
- I will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to team members, coaches, competitors, officials, parents, and all facilities.
- I will get involved by volunteering to help at meets and special events, observing practices, cheering at meets, and talking with my child and their coach about their progress.
- I will refrain from coaching my child from the stands during practices or meets.
- I understand that criticizing, name-calling, use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
- I will be an encourager of my swimmer and his/her teammates.
- I will respect the integrity of the officials.
- At home and away meets, and at team events, while in the presence of swimmers, coaches and other parents, I will refrain from overindulging in alcoholic beverages, especially in public places such as restaurants and hotels.