

PALM Thanksgiving Week Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JCC Fledgling	5-5:45pm	5-5:45pm	OFF	OFF	OFF	OFF
JCC Blue	5-6pm	5-6pm	5-6pm	OFF	OFF	OFF
JCC Silver	6-7pm swim	5-6pm dryland 6-7pm swim	5-6pm dryland 6-7pm swim	OFF	2-3:30pm @ USC-A	OFF
JCC Age-Group Elite	5-6pm dryland 6-7pm swim	6-7pm swim	5-6pm dryland 6-7pm swim	OFF	2-3:30pm @ USC-A	7-8:30am @ JEEP
JEEP Swimmers	8-9:30pm	8-9:30pm	8-9:30pm	OFF	3:30-5:30pm @ USC-A	7-8:30am @ JEEP
USC-Aiken Pacer Fledgling	4:15-5pm	4:15-5pm	OFF	OFF	OFF	OFF
USC-Aiken Pacer Blue	4:30-5:30pm	7-8pm	4:30-5:30pm	OFF	OFF	OFF
USC-Aiken Pacer JR	5:30-6:45pm	7-8:15pm	5:30-6:45pm	OFF	2-3:30pm	OFF
USC-Aiken Pacer SR	5-7pm	6-7pm weights 7-9pm swim	5-7pm	OFF	3:30-5:30pm @ USC-A	10:15am-11:45am @ USC-A