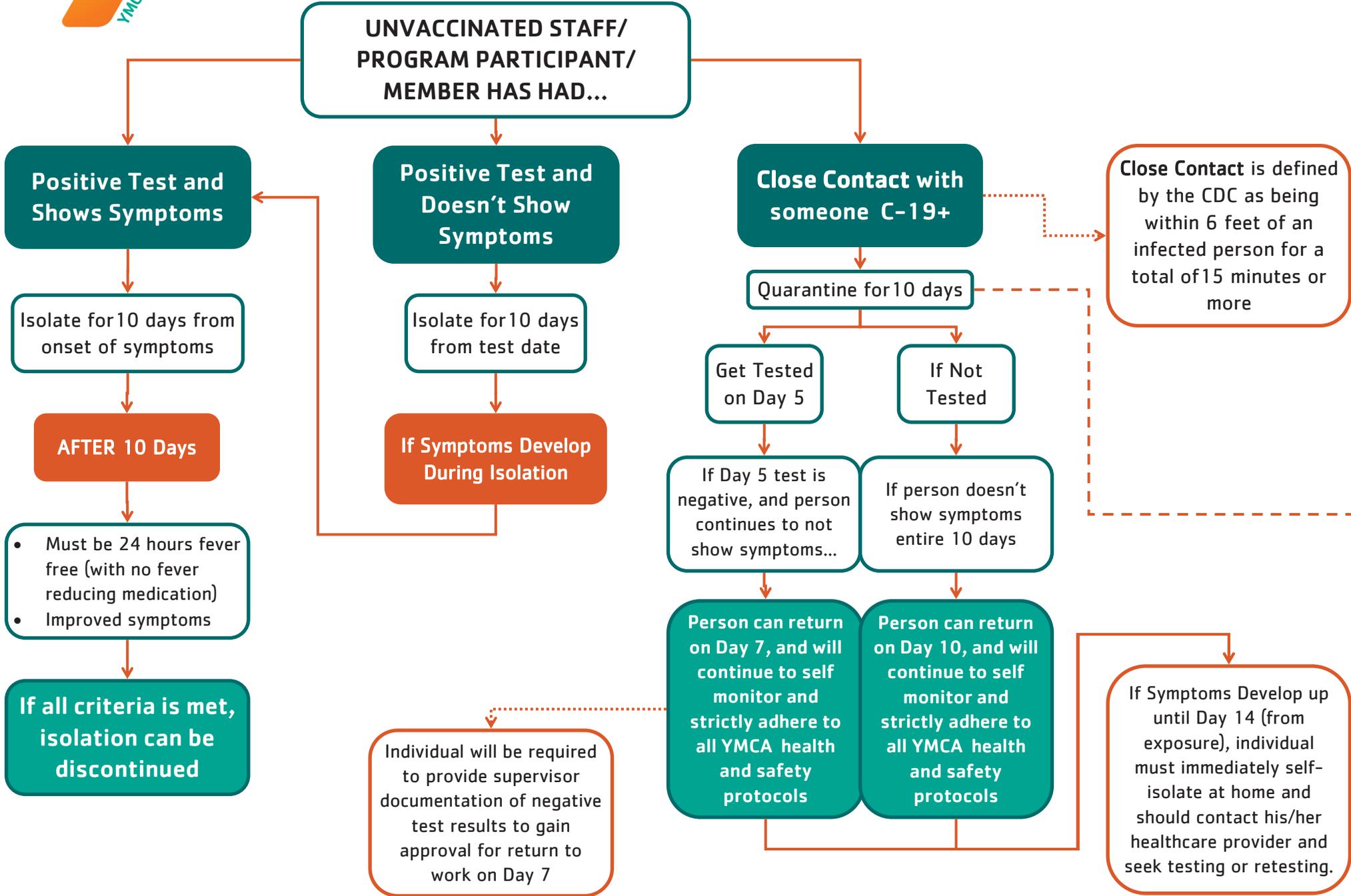




HOW LONG SHOULD I ISOLATE/QUARANTINE? COVID-19 PROTOCOL/POLICY GUIDELINES

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



Two weeks after second shot, there is no need to quarantine or isolate after a close contact exposure. If exposed, monitor symptoms for 14 days and take appropriate actions if symptoms arise.

A full 14-day quarantine may be recommended for situations where any risk of transmission cannot be tolerated, such as those considered high risk for serious complications.

The YMCA is not requiring staff to be vaccinated, but please note protocols if you are exposed and unvaccinated.