

Speedo Sectionals 2021
St George, Utah
March 11-14, 2021

Open to All CA, CC, PC, SI, SN teams



Location:

Dixie State University
225 South University Avenue
St. George, UT 84770

Sponsored By

**USA Swimming and the
CA/NV Sectional Committee**

Hosted By

CA / NV Section Teams

Speedo Sectionals 2021 – St. George, Utah California-Nevada March Championship

SANCTIONED BY: Nevada Swimming/USA SWIMMING

SANCTION #: Held Under the Sanction of USA Swimming

SPONSORED BY: CA/NV Sectional Committee AND Olympus Swim Club

DATES OF MEET: March 11 – 14, 2021

HEATS AND A,B, FINALS

START TIMES:

WARMUP TIMES assigned:

Prelims 9:00 am Thur – Sunday

6:45 – 7:45 am 7:45 – 8:45am

Finals: 5:00 pm Thur – Sunday

3:15 – 4:45 pm

ENTRIES DUE: *DELIVERED* by Monday, March 1, 2021 - OME ENTRY only.

Open to: CA, CC, PC, SI, SN athletes

POOL: Dixie State Aquatic Center, 225 South University Avenue, St George. Utah 84770

COURSE: Dixie State Aquatic Center is an 18 lane, 25-yard x 50-meter indoor facility with Colorado timing and a video display board.

DIRECTIONS: Dixie State University 225 South University Ave. St George Utah 84770.

The parking lot for the *Human Performance Center* is located right next to the pool at the intersections of 700 East & 300 South. [On Google Maps, it comes up as the "Student Activity Center"](#). We have received permission from the University to allow campers in that parking lot. Hyperlink to photos of [Human Performance Center Pool](#).

ELIGIBILITY: Open to athletes in Central California, Pacific, Southern California, San Diego/Imperial and Sierra Nevada Swimming who hold **2021 USA Swimming membership**. Entries accepted by OME or team electronic entry **ONLY**. Relay-only swimmers **MUST** be included in the team electronic entry file. Please designate unattached swimmers 'UN'. All TEAMS must be 2021 registered and have 2021 approved team charters. On deck registration is NOT permitted. If an entering team is not 2021 registered, all swimmers must swim as unattached "UN" at this meet and may not compete in relays.

QUALIFYING TIMES: must be achieved **between January 1, 2019, and March 1, 2021**.

Short Course Yard (SCY) qualifying times will be seeded first, followed by Long Course Meter (LCM), Short Course Meter (SCM), Bonus SCY, Bonus LCM, Bonus SCM. Athletes may compete in no more than six (6) individual events (may enter all events qualified).

Swimmers may compete in no more than three (3) individual events per day. A swimmer with 5 or fewer qualifying times may enter one (1) additional bonus event (labeled "B" on entry), IF he/she has achieved the listed bonus time standard. Entry times achieved **2/24/21 and 3/1/21** must be entered thru OME. A separate, late entry file will be listed in OME and must be used for all late entries. If qualifying time is achieved in an event that the athlete has currently entered as a bonus event, he/she can use the qualifying time to enter that event and

add an additional bonus event, as long as he/she has five (5) or fewer total qualifying events.

ZOOM COACHES MEETING: 4:00 pm, Wednesday, March 10, 202. Invitation to be sent at a later time. A representative from each team must attend.

ENTRY INTO THE MEET

ENTRY: All entries must be submitted and received electronically via USA Swimming OME.

ENTRY FEES: \$14.00 per Individual Event and a \$12 per Swimmer surcharge must accompany team entry (\$10.00 facility surcharge plus \$2.00 per swimmer for OME entry).

Relays: \$24.00 per relay team entered. Relay only swimmers **MUST** be listed on **team entry form and pay swimmer surcharges. Relay only swimmers may NOT be deck entered. There are no refunds.**

Long Course and Short course Time Trials entry fee: \$15 per event. All time trial entries must be made thru OME. There will be a separate OME entry for the long course and the short course time trial meets.

RULES AND PROCEDURES

MEET REFEREE: Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

RULES: USA Swimming Rules and National Championship procedures will govern. Meet entry times must be designated 'Y' for yards or 'L' for meters. The National Championship scratch procedures will be used for prelims and finals. In order, there will be a "C", "B" and "A" Final for all events except 1000 and 1650 freestyle and relays. All entered swimmers (including RELAY ONLY) must be on a team entry form. Positive check-in for the 1000 and 1650 Freestyle AND ALL Relays is required by the day's scratch deadline.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in the locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence through the meet. This meet may be covered by the media, including live stream media, photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into this meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming **rule 102.8 (USA Swimming Rulebook)**. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. **Rule 102.8.1.F Tech 12 and under Suit Restrictions:** No Technical Suits Shall be worn by any 12 & under USA Swimming athlete member in competition at any sanctioned, approved or observed meet.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or swimmers' legal guardian to ensure compliance with this requirement.

DECK CHANGES: Deck changes are prohibited.

PROOF OF TIME: This is a proof of time meet. The meet host will verify all entries against the USA Swimming SWIMS time database. An unverified entry time must be proven by the scratch deadline or the swimmer/relay team will be scratched from that event. Only swimmers/relay teams with verified times will be seeded. Entry times not proven by the scratch deadline shall be subject to the "Responsibility Clause" in USA Swimming Rules and Regulations (207.8.5A). **NOTE:** Proof of Time is required through SWIMS, the national times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition; (b) a USA Swimming observed competition; (c) a USA Swimming approved competition; or (d) a FINA approved competition. Times in this database are not meet entry, only proof of entered time.

SPECIAL NOTES: ALL preliminary heats of events will be swum fastest-to-slowest except Sunday's distance events which will swim in accordance with the National Championship rule. The 500 Freestyle, 400 IM and 1000/1650 Freestyle (except fastest heat on Sunday) will be swum alternating women and men's heats. The 500 Free and 400 IM **will be swum as the last event of the Prelims** on the day of that event but will be swum **in event order during the Finals**. Sunday's 1000 Free & 1650 Free will be swum in accordance with the National Championship protocol (the physiology rule) with the second to the last heat of the Men's event finishing one hour before the announced start time for Sunday's Finals. All other heats will be seeded slowest to fastest, alternating women and men, "backing up to Finals." For the Finals on Sunday, the fastest heat of women's 1650 Freestyle (#27) will be swum after the men's 100 Freestyle A Final (Event #26). Fastest heat of the men's 1000 (#30) will be swum after the men's 200 Backstroke A Final (#29); The prelims will be flighted A and B. Flight size will be determined after receipt of all entries have been made. Flight size will be determined in accordance with county health department guidelines as to number of athletes allowed in the facility.

POSITIVE CHECK_IN FOR DISTANCE EVENTS: For the Women's 1000 Freestyle and Men's 1650 Freestyle the deadline is Thursday, March 10, 2021 within 30 minutes after the end of the coaches ZOOM meeting. Check in will be via an electronic google doc available on the Zone website.

SCRATCH DEADLINES: The scratch deadline for Thursday, Friday, and Saturdays prelims is 5:30 pm the night before. There will be electronic access to a Google scratch page on the Western Zone site. All scratches must be made by 5:30 the on the night before. There will be no penalty for a swimmer who fails to scratch and 'no shows' a prelim or timed final event. A swimmer who fails to scratch and 'no shows' a Final, will be removed from the meet.

Scratches for Thursday's events must be submitted via email before 2:00 pm Thursday to: alina@dearmas.co.

FLIGHT DECISION WILL BE ANNOUNCED MONDAY, March 8, 2021. Job assignments, psych sheets and flight information will be posted on the Western Zone website:
<https://www.teamunify.com/Home.jsp?team=wzone>

RELAYS: A team may enter no more than one relay in each relay event. Relays must be pre-entered; relay times must be provable by team or aggregate. A swimmer may be used only once to prove a relay in each relay event. Relays must CHECK-IN by the scratch deadline for the day swum. **Relay Only swimmers must be listed on the team entry form.** Relays will be contested at the end of Finals Friday through Sunday. Relays will be swum in the National format: fastest two heats of women (slow to fast), fastest two heats of men (slow to fast), remaining heats alternating women and men, fast to slow. There will be an option to swim the Medley Relay on Monday at the conclusion of prelims (before the 1650/1000 freestyle). Monday afternoon relays will be swum fast to slow. Option must be declared by scratch deadline (5:30 pm) on Sunday.

AWARDS: Team awards: first through third place in each division. Large, Medium, and Small Team Divisions will be based on the number of individual events entered by a team. High point award: The top male and female swimmer. Individual event awards: first through eighth place. Relay awards: first through third place. Scoring to be as follows: 20- 17-16-15-14-13-12-11; 9-7-6-5-4-3-2-1, relay scoring will have double the point value. Divisional scoring will be based on the 16 places, points applied towards the team's overall score in team's division. No tiered Scoring by Division. There will be a "Coach of the Meet" award to be balloted on the final day of the meet during the preliminary session.

TIME TRIALS: Sanction: # - Held Under the Sanction of USA Swimming. **Entry deadline is Wednesday, March 3.** Entry Fee: \$15.00 per event (BY OME Entry only)

Short course time trials will be swum, time permitting and at the discretion of the meet referee on Friday and Saturday. A long course time trial will be held on Thursday morning prior to the start of the Sectional meet on Thursday afternoon. Open to swimmers entered in individual events. Based on meet entries Time Trials **may** be opened to Relay Only swimmers; decision made and announced Monday, March 8, 2021. **ALL TIME TRIAL EVENTS MUST BE PRE-ENTERED THRU OME.** Refunds for time trial events not offered will be given.

WARM-UP: Thursday through Sunday: From 6:45 -7:45 am and 7:45 – 8:45 am (assigned) for prelims and 3:30–4:45 pm for finals. Warm-up sessions will be assigned by team for all prelim sessions. Assignments will be posted on the Western Zone site on March 6. The competition course will be open for general warm-up - NO DIVING - from 6:45 - 7:30 am and from 7:45 – 8:30 am. During the last 15 minutes of each warm-up session competition lanes 1 & 8 will be designated for push-pace work: 2 & 7 will be sprint lanes, one way from the blocks under USA Swimming member coach supervision. Practice starts only in the sprint lane. Additional pace and sprint lanes may be opened as needed by the referee. Lanes will be available for warm-up and cool down at all times in the separate warm-up pool. No diving at any time in this pool. Pace lanes in that pool will be designated by the referee, as needed. No paddles, boards or fins will be allowed in the competition course.

CLOSED DECK: Please note, this meet will be run with a **CLOSED DECK.** Only coaches, officials, athletes and volunteers will be permitted on deck. You will need a deck pass to be on deck. Primary athlete seating will be in the upper-level bleachers above the pool.

Details on safety procedures for coaches, athletes, and spectators will be published after the entry deadline.

Spectators WILL be able to watch races. Parents will be able to come on the pool deck for their child's race and then will be asked to go back outside to their personal area until their child swims again.

Additional Team bull pen areas will be designated outside the aquatic center building.

OFFICIALS: This meet has been approved as an Officials Qualifying Meet (QM15 -----) for N2 and N3 certification and recertification. Official's meeting will be held 45 minutes before the start of each session. All officials are required to attend the officials briefing. Officials dress for prelims will be white polo shirt tucked into navy blue pants, skirt or shorts with a belt, white socks and shoes. No shorts will be permitted for finals. Officials will wear white polo shirt for finals with navy pants or skirt and white shoes.

IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING SHALL BE FREE FROM ANY LIABILITIES OR CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Individual, COVID Specific Waiver (see below) The document will be available through the OME entry site and should be completed electronically. It is required for participation in this event.

COVID 19 Sanction Requirements: Amendment of Articles 202.4 and 202.6 of the USA Swimming Rules to require certain COVID-related precautions in order to issue meet sanctions and approvals, including a safety plan (attached), assumption of risk (attached) and release of liability (attached), which will remain in place through April 30, 2021.

As always, USA Swimming, Local Swimming Committees (LSC) and club activities must follow state and local guidelines.

Special COVID 19 Procedures and guidelines in affect:

- There will be no timers for any event. Athletes and the head timers will act as button pushers for each heat.
- Sectional Meet and all Time Trial sessions will be electronically pre-entered and pre-seeded. All check in and scratch protocols will be handled electronically as indicated in previous sections of this meet information form.
- There will be a thermal check prior to entering the facility for every session.

- **Current California Youth Sport Mandate:**
The current guidelines of the state of California and 11 corresponding counties, have adopted the following mandated travel ban for all youth sports.

“Teams must not participate in out-of-state tournaments; several multistate outbreaks have been reported in CA residents and around the nation.”

**Speedo Sectionals 2021 Dixie St University
Order of Events and Time Standards**

WOMEN	YARDS	METERS	EVENTS	YARDS	METERS	MEN
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THURSDAY, MARCH 11, 2021

1	10:39.89	9:36.09	1000 Y FREESTYLE			
			1650 Y FREESTYLE	16:43.89	17:13.49	2

FRIDAY, MARCH 12, 2021

3	59.19	1:07.19	100 Y BUTTERFLY	52.89	1:00.89	4
5	5:10.69	4:39.69	500 Y FREESTYLE	4:47.79	4:21.09	6
7	59.49	1:09.49	100 Y BACKSTROKE	53.89	1:03.29	8
9	2:10.49	2:31.09	200 Y IND MEDLEY	1:58.19	2:18.39	10
11	4:02.69	4:36.09	400 Y MED RELAY	3:38.99	4:09.69	12

SATURDAY, MARCH 13, 2021

13	2:10.09	2:27.99	200 Y BUTTERFLY	1:58.89	2:15.89	14
15	1:07.59	1:18.79	100 Y BREASTROKE	1:00.89	1:11.29	16
17	1:56.29	2:12.99	200 Y FREESTYLE	1:45.79	2:03.09	18
19	4:39.09	5:20.09	400 Y IND MEDLEY	4:14.69	4:55.09	20
21	24.89	28.69	50 Y FREESTYLE	22.19	25.89	22
23	8:00.19	9:03.89	800 Y FREE RELAY	7:15.29	8:15.69	24

SUNDAY, MARCH 14 2021

25	53.99	1:01.89	100 Y FREESTYLE	48.19	56.09	26
27	17:46.59	18:22.99	1650 Y FREESTYLE			
28	2:08.59	2:29.19	200 Y BACKSTROKE	1:57.29	2:17.39	29
			1000 Y FREESTYLE	9:59.49	9:04.69	30
31	2:28.19	2:49.69	200 Y BREASTROKE	2:13.29	2:35.79	32
33	3:41.79	4:11.59	400 Y FREE RELAY	3:18.59	3:46.89	34

**Speedo Sectionals 2021-Dixie St
Bonus Time Event Standards**

WOMEN

MEN

Yards	Meters	Event	Yards	Meters
25.69	29.49	50 Y Freestyle	22.79	26.59
55.49	1:03:69	100 Y Freestyle	49.49	57.69
1:59.59	2:16.69	200 Y Freestyle	1:48.79	2:06.59
5:19.49	4:47.59	500 Y Freestyle	4:55.99	4:28.49
10:57.99	9:52.49	1000 Y Freestyle	10:16.39	9:20.09
18:16.79	18:54.19	1650 Y Freestyle	17:12.29	17:42.79
1:01.19	1:11.39	100 Y Backstroke	55.39	1:05.09
2:12.29	2:33.39	200 Y Backstroke	2:00.59	2:21.29
1:09.49	1:20.99	100 Y Breaststroke	1:02.59	1:13.29
2:32.39	2:54.49	200 Y Breaststroke	2:17.09	2:40.19
1:00.89	1:09.09	100 Y Butterfly	54.39	1:02.59
2:13.79	2:32.19	200 Y Butterfly	2:02.19	2:19.79
2:14.19	2:35.39	200 Y Individual Medley	2:01.59	2:22.29
4:46.99	5:29.09	400 Y Individual Medley	4:21.89	5:03.49

**Speedo Sectionals Championship 2021 – St George Utah
March 11-14, 2021
Team Information Sheet**

Team Name: _____

LSC: _____

Head Coach: _____

Asst. Coach: _____

Asst. Coach: _____

Team Address: _____

Email: _____

Phone: _____

Fax: _____

Where is team staying:

Hotel Phone: _____

Cell Phone: _____

Total number of 2021 USA-Swimming Certified Coaches in attendance: _____

Please complete this form and submit it with your entries.

**Speedo Sectionals 2021– St George Utah
Championship Relay Entry & Proof of Time**

CLUB: _____ USA-Swimming Code: _____

For each relay team listed, list the qualifying time that can be proven for each team, team time or aggregate, and the swimmers' names and times. The named swimmers may be "relay only" members. A swimmer may be listed once per relay event. Any swimmer listed on the Official Team Entry may compete on any entered relay team. An aggregate relay entry time must include the individual times of all four swimmers. Reminder: Relay-only swimmers MUST be included in the team electronic entry file; relay- only swimmers may NOT be deck-entered.

Event 11 - Women's 400Yard Medley Relay – Friday, March 2

Time Standards: 4:02.69 Y/4:36.09 M

Relay A Entry Time _____

1. _____ 2. _____
3. _____ 4. _____

Relay B Entry Time _____

1. _____ 2. _____
3. _____ 4. _____

Event 12 - Men's 400Yard Medley Relay – Friday, March 2

Time Standards: 3:38.99 Y/4:09.69 M

Relay A Entry Time _____

1. _____ 2. _____
3. _____ 4. _____

Relay B Entry Time _____

1. _____ 2. _____
3. _____ 4. _____

Event 23 - Women's 800 Yard Freestyle Relay – Saturday, March 3

Time Standards 8:00.19 Y/9:05.59 M

Relay A Entry Time _____

1. _____ 2. _____
3. _____ 4. _____

Relay B Entry Time _____

1. _____ 2. _____
3. _____ 4. _____

Event 24 - Men's 800 Yard Freestyle Relay – Saturday, March 3

Time Standards: 7:15.29 Y/8:15.69 M

Relay A Entry Time _____

1. _____ 2. _____
3. _____ 4. _____

Relay B Entry Time _____

1. _____ 2. _____
3. _____ 4. _____

Event 33 - Women's 400 Yard Freestyle Relay – Sunday, March 5

Time Standards: 3:41.79 Y/4:11.59 M

Relay A Entry Time _____

1. _____ 2. _____

3. _____ 4. _____

Relay B Entry Time _____

1. _____ 2. _____

3. _____ 4. _____

Event 34 - Men's 400 Yard Freestyle Relay – Sunday, March 5

Time Standards: 3:18.59 Y/3:46.89 M

Relay A Entry Time _____

1. _____ 2. _____

3. _____ 4. _____

Relay B Entry Time _____

1. _____ 2. _____

3. _____ 4. _____

HOTEL INFORMATION St George, Utah:

[Comfort Inn Saint George North](#)

974 2720 E St.

St. George, UT 84790

(435) 215-4138

Located 2.7 miles/8 minutes from the pool.

[Best Western Plus Abbey Inn](#)

1129 S Bluff Street

St. George, UT 84770

(435) 652-1234

1.5 miles/3 minutes from pool.

[Hampton Inn & Suites - St. George SunRiver](#)

1250 West SunRiver Parkway (Airport Exit 2)

St. George, UT 84790

(435) 656-9900

Speedo Sectionals 2021 – St George

Championship *Meet Entry Recap*

Entries MUST BE RECEIVED BY February 22nd, 2021

This form must be submitted with your Team Entry

LSC Code:		
Long Team Name:		
USA-S Team Code		
Coach:		
Phone (cell):		
Total number of Women's events entered	@ \$11.00/event =	\$
Total number of Men's events entered	@ \$11.00/event =	\$
Total number of Relays entered	@ \$24.00/relay =	\$
	TOTAL	\$
<i>Make check payable to Western Zone</i>		

Mail to:

2021 Speedo Sectionals
Alina DeArmas

LIABILITY RELEASE AND INDEMNIFICATION FORM

I, the undersigned participant and parent, request voluntary participation for minor to participate in all events, which are hereinafter referred to as the “activities.” sponsored by *Olympus Swim Club*, USA Swimming and its local swimming committees. This agreement is valid while the participant is a member of USA Swimming. I consent to my/minor’s participation in the activities and acknowledge that the minor and I fully understand my/minor’s participation may involve risk of serious injury or death, including losses which may result not only from my/minor’s own actions, inactions or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, and/or the rules of play of this type of event or activity. I understand that if I have any risk concerns, I should discuss the risks associated with my participation with the activity coordinators and event staff, before I sign this document and before any activities begins.

Release – Minor’s Rights:

In consideration of allowing Minor Participant to participate in the activities, I hereby release and hold harmless the *Olympus Swim Club*, USA Swimming and its local swimming committee and their members of its board of directors, officers, employees, volunteers, other participants, and agents (collectively, the “Released Parties”), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Minor Participant may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her participating in the activities. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

(Print name of minor) (Signature of minor) (Date)

Release – Parents’/Guardians’ Rights: In consideration of allowing Minor Participant to participate in this USA Swimming event, I hereby release and hold harmless the Released Parties, of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that I may have or sustain with respect to any and all damage and/or injury, of any type, arising from Minor Participant’s participation in the activities. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

(Print name of Parent/Guardian) (Signature of Parent/Guardian) (Date)

I certify that my/minor is in good health and have no physical condition that would prevent participation in this activity. Furthermore, I agree to use my/minor’s personal medical insurance as a primary medical coverage payment if accident or injury occurs. I consent to emergency medical treatment in the event such care is required.

(Print name of Parent/Guardian) (Signature of Parent/Guardian) (Date)

Indemnification by Parent/Guardian:

The undersigned parent/guardian further agrees to indemnify, save and hold harmless the Released Parties from any and all claims, demands, losses, damages and liabilities for indemnities, contribution or otherwise with respect to any damage and/or injury, of any type, arising from Minor Participant’s participation in the activities. The undersigned also agrees that this Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement extends to all acts of negligence by the Releasee and is intended to be as broad and inclusive as is permitted by the laws of the State in which the Event(s) is/are conducted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

(Print name of Parent/Guardian) (Signature of Parent/Guardian) (Date)

COVID 19 Hold Harmless Waiver

It is my intent as a participant or player competing in (Name of Organization) sanctioned activities, while participating during activities including any pre-game or post-game activities at (Name of Location) that I am agreeable to the following:

I acknowledge that I am aware that there are risks to me of exposure to directly or indirectly arising out of, contributed to, by, or resulting from:

- An outbreak of any and all communicable disease, including but not limited to, the virus “severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2)”, which is responsible for Coronavirus Disease (COVID-19) and/or any mutation or variation thereof;

In consideration of having the opportunity to participate as either a team member or competitor at location, and in acknowledging that I am aware of and willing to assume the risks associated with this activity, I hereby voluntarily agree to waive, hold harmless and indemnify (Name of Organization) and its trustees, agents, volunteers and employees from any and all claims, demands, damages and causes of action of any nature whatsoever arising out of ordinary negligence which I, my heirs, my assigns or successors may have against them for, on account of, or by reason of my participation in the above activities. I indicate my agreement to this hold harmless elective noted below.

Printed Name _____

Signature _____