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| **Name of Meet:** | **4th Annual Race & Taste  (Just Race)** |  |
| **Date of Meet:** | September 18, 2021 |  |
| **Meet Sanction:** | Held under the sanction of USA Swimming issued by SC Swimming:  Sanction Number SCXXXX |  |
| **Host Club:** | **Wahoo Aquatic Club** |  |
| **Meet Director:**  **Meet Referee:**  **Admin Referee:**  **Meet Entries to:**  **Safety Marshal:** | |  |  |  | | --- | --- | --- | | Tara Boone  Steve Savage  Victoria Culberson  Victoria Culberson  Mackenzie Cross | [tara@wahooaquaticclub.org](mailto:tara@wahooaquaticclub.org)  [savages@musc.edu](mailto:savages@musc.edu)  [meet.entries@sportstiming.com](mailto:meet.entries@sportstiming.com)  [crossmac16@gmail.com](mailto:crossmac16@gmail.com) | 843-452-9239  843-452-9429 843-628-5486 843-628-5486  518-361-6017 | |  |
| **Assumption of Risk Disclaimer** | * Wahoo Aquatic Club has taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting the LTP Swim and Tennis Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. * USA Swimming, Inc., South Carolina Swimming, Inc., and Wahoo Aquatic Club, Inc cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/South Carolina Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/South Carolina Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. * BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTH CAROLINA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. |  |
| **Wahoo Aquatic Club COVID-19 Meet Plan** | * All COVID-19 protocols required by facilities and local governments will be followed. Masks are still encouraged as a preventive measure as given by CDC guidelines. * There may be a total of 280 people (including swimmers and all meet personnel) on deck. If needed, additional seating will be available around the perimeter of the pool. * There will be no spectators allowed in the facility or venue. * Parents/Guardians will be able to have access to their minor children in the following manner: there will be 2 volunteers stationed at the front entrance of the venue. At any time, parents may ask to see their children. Volunteers will bring children outside of the venue to their parents. Volunteers will also have cell phones at this station so that minor children may call their parents for urgent needs. Parents may also view their children through the fence at the entrance road to LTP. There is clear visibility of the entire pool and deck. * By attending or participating in this competition, you acknowledge that you may be videoed to provide for broadcast of the meet via television, live streaming, webcast, or similar technology. You voluntarily agree to allow the use of your name and pictures for this purpose. * Failure to comply with the submitted COVID-19 Meet Plan could result in the sanction being rescinded and possible denial of future sanctions for a term of not longer than one season (short course or long course). |  |
| **Facility:** | LTP Swimming Pool 1513 Mathis Ferry Road Mt. Pleasant, SC 29464  A partially covered, outdoor 8 lane 25 yard pool.  No separate warm up/warm down area is available.  The water depth of the competition course is 6 to 5 ½ feet measured from one (1) meter to five (5) meters at the starting end of the course and 4 to 4 ½ feet measured from one (1) meter to five (5) meters at the turn end of the course.  The pool is equipped with lane lines and starting blocks. The competition course has not been certified in accordance with 104.2.2C(4).  Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.  **Facility Rules:**  **\*NO glass containers allowed in the pool area or in locker rooms.**  **\*Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms**  **\*Folding chairs are allowed on deck in designated areas. .**  **\*Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.** |  |
| **Rules:** | Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. The Meet Referee reserves the right to adjust the warm-up times and start times. Use of audio or visual recording devices, including a cell phone, are not permitted in changing areas, rest rooms or locker rooms. In addition, use of audio or visual recording devices, including a cell phone, are not allowed behind the blocks. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet. SWIMWEAR: No Technical Suit maybe worn by any 12 & under USA Swimming athlete member in competition at any Sanctioned, Approved, or Observed meet (effective September 1, 2020).  All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. |  |
| **Athlete**  **Eligibility:**  **Image Release:** | This competition is open to any USA Swimming registered athletes. All swimmers and teams must be currently registered members of USA Swimming, Inc. Age is to be determined by the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.  By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team’s head coach and the Meet Director prior to the start of the meet. |  |
| **Entry Fees:** | Athletes may enter up to 4 individual events.  $35.00 Per swimmer (breakdown listed below):  $28.00 per swimmer Pool and Entry Fee  $ 3.00 per swimmer fee for electronic heat sheet  $ 2.00 per swimmer SCLSC Travel Fund/Program Fee  $ 2.00 per swimmer SCLSC Sports Development Fee  $37.00 Per OUT of LSC swimmer (same fees as above + $2 out of LSC swimmer travel fund fee/program fee) |  |
| **Meet Format:** | * **Meet management reserves the right to change the format of the meet, move an age group to another session, or make any other necessary changes during the meet to provide the best competition environment for the athletes, including adjusting the number of sessions, heats, lanes and warm-up times. Events may be combined but awarded separately by gender and age group as needed. Meet management reserves the right to make any changes to format, timeline, or sessions to comply with best practices for social distancing and health concerns.** * All events will be contested as Timed Finals. * The meet is limited to the first 220 swimmers entered in the meet, provided no session has more swimmers than can be accommodated with social distancing requirements. * Timers will be provided by the host team and other volunteers for all events. * General warm-up procedures apply. All SCLSC and USA Swimming safety guidelines will be enforced. Specific warm-up procedures will be posted on deck and provided in the coaches’ packets. Coaches are advised to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times, as announced. Running and horseplay are prohibited. The use of pull buoys, paddles, kickboards, bands, tubing and other equipment is prohibited. * Warm-up schedule will be sent out the week of the meet. * Entries received by the deadline date will be considered team entries and no refunds for no shows will be issued. * All 25-yard events will be started at the deep end of the pool. Timers will walk to the shallow end for all 25-yard events. |  |
| **Time of Meet:** | **Saturday, September 18**  **Warm-up: 1 pm**  **Meet Starts: 2 pm** |  |
| **Entries:** | HY-TEK Meet Manager software will be used. Please submit entries in HY-TEK TEAM MANAGER format. Please use swimmer’s full name, age, and short course yards entry times. Times must be listed to the 1/100th. Entries will not be accepted without payment, hard copy of individual entries by name and meet reconciliation form. Also include the signed and dated release form and summary found attached to this announcement.  SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline  **Entry Deadline: *All entries must be received by midnight, Wednesday, September 8th, 2021.***  Mail completed entries to:  Tara Boone 705 Magnolia Street Mount Pleasant, SC 29464  **Electronic entries should be sent to Victoria Culbertson at** [**meet.entries@sportstiming.com**](mailto:meet.entries@sportstiming.com)  E-mailed entries must also be accompanied by Word or PDF document export summaries of individual entries by swimmer and fees.  Makes checks payable to Wahoo Aquatic Club.  Late entries will be accepted at the discretion of the meet director. In addition to the $35/swimmer fee (as detailed above), late entries will be charged $5/swimmer. For out of LSC swimmers this fee would be the $37/swimmer + $5 late entry fee. Deck entries are permitted.  No refunds will be issued once entries are submitted by visiting teams. |  |
| **Awards:** | TBA. |  |
| **Scoring:** | None |  |
| **Timing:** | A Colorado Timing Semi- Automatic Timing System will be used.  Timing services provided by Sports Timing & Software Inc. |  |
| **Coaches**  **Eligibility:** | Each coach must be a current member in good standing with USA Swimming and must present credentials to receive coaching packets and remain on deck. Coaching credentials must be available for review at all times while a coach is on deck.  A coaches meeting will be held fifteen minutes prior to the start of the meet. |  |
| **Other**  **Information:** | **Officials:** Certified officials willing to work are always welcome and encouraged. Please contact the Meet Referee and Meet Director, and report to the Officials meeting one hour before the meet begins. The Meet Referee is Steve Savage. |  |

**4th Annual Race & Taste**

September 18, 2021

Held under the sanction of USA Swimming issued by SC Swimming

**Sanction Number SCXXXXX**

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| **Girls Event**  **#** | **Session 1: Saturday, Sept 18, 2021** | **Boys Event**  **#** |
| **Warm-ups: 1 pm / Meet Starts: 2 pm** |
| **ORDER OF EVENTS** |
| **1** | OPEN 200 IM | **2** |
| **3** | 8-Under 25 Fly | **4** |
| **5** | 12-Under 50 Fly | **6** |
| **7** | OPEN 100 Fly | **8** |
| **9** | 8-Under 25 Backstroke | **10** |
| **11** | 12-Under 50 Backstroke | **12** |
| **13** | OPEN 100 Backstroke | **14** |
| **15** | 8- Under 25 Breaststroke | **16** |
| **17** | 12-Under 50 Breaststroke | **18** |
| **19** | OPEN 100 Breaststroke | **20** |
| **21** | 8-Under 25 Freestyle | **22** |
| **23** | 12-Under 50 Freestyle | **24** |
| **25** | OPEN 100 Freestyle | **26** |
| **27** | 12-Under 100 IM | **28** |

\*10 minute break after Event #20  
 \*5 minute break after Event #26  
 \*Based on timeline, the meet will be run in 6 lanes, with 1 lane open for warm-down.

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| **4th Annual Race & Taste**  **September 18, 2021**  ***MEET ENTRY SUMMARY SHEET***  Held under the sanction of USA Swimming issued by SC Swimming  **Sanction Number SCXXXXX** | | | | | | |
| Team Name: | | | Team Abbreviation: | | |  |
| Team Address: | | | | | | |
| City & State | | | | | Zip | |
| Head Coach/ Team Rep: | | | | | | |
| Phone | Home | E-mail | | | | |
| For Entry Problems Call or E-Mail: | | | | | | |
|  | |  | | | | |
| #Athletes \_\_\_\_\_\_\_\_\_ x $35.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_  (includes pool and entry fee; LSC fees; electronic heat sheet)  #Out of LSC Athletes \_\_\_\_\_\_\_\_\_ x $37.00 = $\_\_\_\_\_\_\_\_\_\_\_\_\_  (includes pool and entry fee; LSC fees; electronic heat sheet) | |  | | | | |
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| Make Checks Payable To: Wahoo Aquatic Club | | | | | | |
| Email entries to Victoria.culbertson@sportstiming.com or mail entries to:  Tara Boone  705 Magnolia Street  Mount Pleasant, SC 29464 | | | | | | |
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| **WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE**  I, the undersigned coach or team representative, verify I am familiar with the safety rules of USA Swimming and South Carolina Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.  It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Carolina LSC and Wahoo Aquatic Club, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. | | | | | | |
|  | | | |  | | |
| Signature/Title | | | | Date | | |