

**Juanita Allington Senior Championships
Event order and Time Standards**

Women				Men		
Event	SCY	LCM		LCM	SCY	Event
1	11:35.99	10:22.19	1000 Y Freestyle	9:47.89	10:49.29	2
Women				Men		
Event	SCY	LCM		LCM	SCY	Event
3	59.59	1:07.99	100 Y Freestyle	1:01.89	53.89	4
5	2:22.89	2:41.39	200 Y Butterfly	2:27.99	2:09.79	6
7	2:20.69	2:42.09	200 Y Backstroke	2:28.89	2:08.49	8
9	5:36.29	5:00.89	500 Y Freestyle	4:40.19	5:12.79	10
11			400 Y Free Relay			12
Women				Men		
Event	SCY	LCM		LCM	SCY	Event
13	2:08.49	2:26.49	200 Y Freestyle	2:14.89	1:57.69	14
15	2:41.29	3:03.99	200 Y Breaststroke	2:48.39	2:24.59	16
17	27.49	31.19	50 Y Freestyle	27.89	24.79	18
19	5:00.09	5:42.39	400 Y IND Medley	5:13.99	4:36.19	20
21			800 Y Free Relay			22
Women				Men		
Event	SCY	LCM		LCM	SCY	Event
23	1:04.59	1:13.39	100 Y Butterfly	1:06.29	58.59	24
25	1:04.69	1:15.69	100 Y Backstroke	1:08.89	58.59	26
27	1:14.39	1:25.39	100 Y Breaststroke	1:16.99	1:06.49	28
29	2:24.19	2:45.89	200 Y IND Medley	2:31.39	2:10.89	30
31			400 Y MED Relay			32
33	19:37.59	19:25.45	1650 Y Freestyle	18:35.39	18:07.29	34