



2021 Alpha Aquatics SC “WAG Last Ditch Qualifier” Meet
Sponsored by Pacific Committee and Alpha Aquatics
December 4-5, 2021

Sanctioned by: Southern California Swimming and USA Swimming
Sanction Number: #S21- 202

Warm Up: Sat and Sun 7:00 AM Meet Start: 8:30AM
Afternoon Session will not start before 12:00 PM

ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM WEDNESDAY, 11/24/2021. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED).

POOL: El Segundo Weisburn Aquatic Center – 2240 E. Grand Avenue El Segundo, CA 90245. The City of El Segundo-Weisburn Unified School District Aquatics Center - Outdoor 50m x 25yd pool with bulkhead for 2 X 25 yard courses. 8-10 lanes will be used for competition on the scoreboard side of pool. Myrta competition blocks and Colorado timing system with digital scoreboard. Additional separate 4 lane 25 yard pool for warm-up/warm-down if needed. The competition course has been certified in accordance with 104.2.2(C), on file with USA Swimming. ” All swimmers must use 3- point, slide in entries into the pool during warm up, no jumping or diving.

DIRECTIONS: El Segundo Weisburn Aquatic Center – 2240 E. Grand Avenue El Segundo, CA 90245.
Pool Parking Address: 201 N Douglas St. El Segundo, CA 90245

- From Santa Monica and North Areas Via 405S: Exit 44 toward El Segundo Blvd; Turn Left onto La Cienega Blvd .25 Miles Turn Right onto El Segundo Blvd .20 Miles; Turn Right onto Douglas St.2 Miles 201N Douglas St on left.
- From Long Beach and Southern Areas: Via 405N: Exit 44 toward El Segundo .37 Miles; Turn Left onto El Segundo Blvd .84 Miles. Turn Right onto Douglas St.2 Miles; 201N Douglas St on left
- From South Bay: Via PCH North Turn Right onto El Segundo Blvd .73Mil; Left onto Douglas Blvd .2 Miles

WARM-UP PROCEDURES: All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. All swimmers must use a 3 point entry when entering the pool during warm-up except in designated dive lanes. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session. If split-session warm-ups are necessary, coaches will be contacted by Meet Referee prior to meet.

MEET REFEREE: The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to John Stipanov (jstipanov@sbcglobal.net).

COVID -19 RULES AND RESTRICTIONS: WE HAVE TAKEN ENHANCED HEALTH AND SAFETY MEASURES FOR ALL SWIM MEET ATTENDEES:

1. All participating athletes and clubs are registered with Southern California Swimming.
2. This meet will be pre-seeded and seeding posted on Meet Mobile. Relays will be deck entered at meet. NO individual entries will be allowed/accepted.
3. Masks are required for all attendees.
4. You must follow all posted instructions at this venue. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting the venue for this swim meet, you voluntarily assume all risks related to exposure to COVID-19.
5. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
6. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
7. **BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTHERN CALIFORNIA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.**

RULES: Current USA Swimming Rules, including the Minor Athlete Protection Policies (MAAPP), will govern the meet. All Coaches and Officials must complete the CDC or NFHS concussion online course. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. This meet will limit entries to meet the “4 Hour” rule. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Timers are requested to be provided by each team. Swimmers competing in the 1650 Freestyle are requested to furnish their own timers for three heats and lap counters. All events will be swum fastest to slowest. Swimmer may swim a maximum of 3 events per day plus relays. If more than 3 events per day are entered only the first 3 events of the day will be accepted. No exceptions or refunds

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits may be worn by 13 year olds and older. Deck Changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to Pacific Committee athletes who hold 2021 or 2022 USA Swimming Registration. Registration application must be received by the meet processor, administrative referee, or SCS Office no later than the **meet entry due date, 11/24/21**. Late applications will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, and B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. All athletes 18 years or older must complete the free online ATHLETE PROTECTION TRAINING in order to compete**

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season (**NO WORK OUT TIMES**). After entries close, non-conforming times will be converted by meet admin for seeding purposes only. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action.

AWARDS: No awards will be given at this event.

ELECTRONIC E-MAIL ENTRY PROCEDURE: Electronic entry is the preferred method of entry. Entry zip file will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the email entry. **Failure to comply will be referred to the SCS Board of Review.** Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) **ONLY**. New swimmers accepted SPACE AVAILABLE. **DO NOT RESEND AN ENTRY FILE:** A replacement file for the team will NOT be processed. Deletions will **NOT** be refunded.
Electronic entries are to be sent to **-blwswim@earthlink.net**. **Entry on an SCS consolidated entry card will be accepted. Card must be filled out completely including USA Swimming registration number. No individual meet entry accepted via email. NO REGISTERED, SPECIAL DELIVERY OR CERTIFIED MAIL WILL BE ACCEPTED. RECEIPT OF ENTRY WILL NOT BE VERIFIED BY PHONE OR EMAIL**

ENTRY FEES: An entry fee of \$4.00 for each event PLUS surcharge of \$10.50 per swimmer must be received with meet entry. \$10.00 per relay team is due when the relay is entered on deck. Per SCS policy there will be a service charge for all returned checks.

Please make checks payable to: Alpha Aquatics – Mail to - 507 Arbramar Avenue Pacific Palisades, CA 90272

Mail entries: Bettie Williams
P.O. Box 83538
Los Angeles, CA 90083-0538

For Information, contact: Scott Hubbard - shubbard1972@gmail.com
Bettie Williams – blwswim@earthlink.net
Meet Hand Delivery - 5405 West Slauson Avenue. Los Angeles, CA 90056

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

