

2016 Women's 3 Mile Results

USA 15-19 Women's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Nassif, Samantha	MVN	8	1:01:06.94
2	Whitney, Ellin	MVN	9	1:01:11.86
4	Lambert, Jessica	NOVA	12	1:05:38.76
5	Knapp, Brenna	VKNG	15	1:07:01.55
6	Cole, Ashley	NOVA	17	1:09:26.17

USMS 40-44 Women's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	McQueen, Tiffany	FISS	55	1:30:56.43

USMS 45-49 Women's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Ruhlin, Julie		18	1:10:18.92
2	McDade, Denise		26	1:29:13.14

USMS 50-54 Women's 3 Mile

Place	Name	CLUB	Overall Place	Time
1	Dantzler, Amy		10	1:01:22.41
2	Simons, Linda	CTM	21	1:12:24.53
3	Span, Eileen		30	1:41:07.07
4	Hollingsworth, Carolyn		34	1:56:16.63

USMS 60-64 Women's 3 Mile

Place	Name	CLUB	Overall Place	Time
	Ciraulo, Christie	UCLA	16	1:08:16.00