



<p><u>Joint Forces Training Base Pool</u> <u>11200 Lexington Ave, Los Alamitos</u> Monday – Friday 4:30pm – 6:30pm</p>	<p><u>McGaugh Pool</u> <u>1698 Bolsa Ave, Seal Beach, CA</u> Mon - Thurs 4 - 5pm till June 6th Mon - Thurs 4 – 5 pm June 10 - August 9th</p>
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*Please Have Photo ID to enter base

12 weeks	5/20 - 8/9	\$350
10 weeks	6/3 - 8/9	\$325
8 weeks	6/17 - 8/9	\$300
6 weeks	7/1 - 8/9	\$275

- Year round program
- Boys and Girls 5-18 yrs old
- Heated pool
- Competitive swim meets monthly
- Professional swimming coaches emphasizing technique, discipline, endurance and fun



Basic Requirements: Red Cross Level 4, 50yd Free w/side breathing 25 yard back

Contact: Maria Fattal mariafattal@sealbeachswimclub.org or call (562)430-1092
 Head Coach, Patti Haney coachpatti@sealbeachswimclub.org

www.sealbeachswimclub.org