

The American Red Cross (ARC) new lifeguarding preview

by George Young on December 10, 2011

The ARC announced on Wed. Nov. 2, 2011 that the new ARC Lifeguarding class will start in January of 2012. The new class is labeled as to be in-line with the latest ECC Science & findings and also revised with the findings from the 2011 U.S. Lifeguard Standards Coalition Report.

Highlights of the class:

- More class time including more training in both in and out of the water emergencies.
- Added modules to highlight water park training or shallow water lifeguarding.
- Two year cert. for all components--lifeguarding/1st aid/CPR-AED
- Free digital refreshers for 1st aid and CPR.
- New JR Lifeguarding class out in Spring of 2012.



**** *A closer look will be out soon...* ****