Want to Try Swim Team?

South Bay Swim Team
Pre-Competitive Swim Clinic

When: One-Week Session Monday February 11- Friday February 15 5:30-6:15pm

Registration: See below to reserve a spot. Online registration will be made available before clinic to accepted students.

Requirements: Face in water freestyle breathing to the side 20 yards;
Tread water for 20 seconds
Goggles required; Swim cap required for long hair

Clinic Goals: To Pass Swim Team Try-Out at the End of the Week:
Freestyle with sideways breathing and strong kick
Backstroke with big straight arms and feet near the surface

Where: Hawthorne Pool, 12501 S. Inglewood Ave. 90250
Outdoor pool, heated to 80-81-degrees year-round

Cost: $85 payable via online registration. Flat fee; no pro-rating

Instructor: Coach Sue Stohrer of
South Bay Swim Team /
USA Swimming Certified Coach
and Senior Team Swimmers

Clinic size: Minimum 7 students Maximum 10

Clinic is geared to swimmers aged 5-8
Some Team Openings in the

Girls and Boys 5-6 and 7-8 Age Groups:

*(**NOTE: based on age on **8/10/19**)*

To reserve a spot: Contact Coach Sue Stohrer
getfitforyou@yahoo.com 310.429.8596
(specify the swimmer's skills & date of birth)
After spot reserved with Coach Sue, we'll email a link to register online

Note: Participation in clinic does not guarantee a spot on the team