



## Age Group 1 Practice Equipment List



**\*\*Unless otherwise noted, all items can be purchased at The Swim Guy\*\***

Swimsuit

Goggles

Water bottle

(preferably insulated & reusable)

Black Team Cap

(order through Coach Chantal)

Arena Kickboard



Arena Freeflow Pullbuoy

Arena Swim Snorkel Pro II



Finis Floating Swim Fins

Strokemaster Paddles size 0.5



Please label all equipment with swimmer's first and last name.