



## Age Group 1 & 2 Practice Equipment List



**\*\*Unless otherwise noted, all items can be purchased at The Swim Guy\*\***

Swimsuit

Goggles

Water bottle

(preferably insulated & reusable)

Black Team Cap

(order through Coach Chantal)

Kickboard (from The Swim Guy)



Arena Freeflow Pullbuoy

Arena Swim Snorkel Pro II

(or any swimmer snorkel without a purge valve)



Swim Fins (regular, not short)

Strokemaster Paddles size 0.5



Please label all equipment with swimmer's first and last name.