



Factors in Group Assignments:

The goal is to assign swimmers to the group that is best suited for their own developmental needs.

- Grade/Age (chronological, physiological, emotional)
- Stroke Technique and Skills
- Practice Attendance/Prioritization of the Sport
- “Coachability”/Maturity/Attitude
- Practice Habits
- Meet Attendance
- Practice Performance
- Meet Performance
- Coaching Instinct

Your practice group is NOT a predictor of the future;
rather it is a reflection of the present.
Your current practice group provides a floor, not a ceiling.