



Rain/Lightning/Thunder

Team Protocols

Rain – In the event that it's raining, swimmers will still swim during their regular practice times. They are already wet in the pool, so it doesn't affect their ability to swim. There are 3 options regarding their dry-bags.

1. They can have their bag on deck, with a trash bag wrapped around it. We recommend at least a 13-gallon trash bag to get full coverage. Also, it should go upside down over the dry-bag to avoid rain coming in the top (see photo below). If swimmers are at GMAC and not the Plunge, this is the only method and bags can be placed under the overhang beside the pool.
2. At the Plunge, they can put their bag inside a locker in the locker room. In this instance, they must have a lock on the locker to secure their belongings.
3. At the Plunge, they can put their bag in the locker room. If they choose this option, and it is not inside a locker with a lock on it, the athlete is responsible for their items. Coaches can only see bags on deck, and athletes can only secure them in a locker with a lock on it. So, if something goes missing, it is on the athlete.



Lightning/Thunder – In the event there is thunder and/or lightning, the facility protocols are that athletes must remain off the pool deck and out of the showers for 30 minutes. They are to grab all of their stuff from off the deck and enter the building. When inside the locker rooms, athletes cannot use their cell phones. At the Plunge, they must be in the lobby to do so, as it is Safe Sport policy. At GMAC, they must be in the classroom to do so.

If there is lightning/thunder, it does not mean practice is automatically cancelled. Coaches will assess the weather report and determine the next course of action. If a group already at the pool may still have time after the required 30-minute break, they will get back in the pool at that time. If a group is not yet at the facility, they will be contacted by their lead coach with instructions.

The quickest method of communication in any emergency situation is SMS Messaging (text) via Team Unify. This can only be done for parents who have entered their cell phone number and carrier provider in their account info. Otherwise, information will be sent via email.