RAA September BRW SC Meet

Sanctioned by: USA Swimming & Southern California Swimming — Sanction No. S18-249
Sponsored By: RAA & Eastern Committee — Received by deadline: 5:00 pm, Wednesday, September 5, 2018
Date of Meet: October 14-16, 2018 — Start of Meet: 5:30 pm Friday, 8:30 am, Saturday & Sunday
Warm-up: 4:30 pm Friday, 7:00 am, Saturday & Sunday

POOL: Riverside Aquatics Complex. 4800 Magnolia Ave. Riverside. PARKING PERMITS REQUIRED. Permits can be purchased in the following ways: (1) parking attendants (2) at the RAA program booth (3) online at https://www.credentialsops.com/CGI-BIN/gacgiord.pgm?ALUMPPD01270; (4) from parking meters onsite ;(4) via ParkNOW! mobile phone app.

DIRECTIONS: Exit 14th St. from the 91 Freeway. Go West to Olivewood & turn left. Turn Right on Saunders/City College Dr. and turn right on Saunders (First street on right). The pool is at the end of Saunders.

COURSE: Outdoor 50 meter x 25 yard with 10 competition lanes with a warm-up warm down area. The competition course has been certified in accordance with 104.2.2(C). Pool depth: start end: 8' turn end 13'.

WARM-UP Procedures: Safety Rule: All swimmers must use a three point slide in entries when entering the pool for warm up or warm down. All lanes will be open for USA Swimming Member Coach supervised warm-up between 7:00 – 8:15 am. Diving will be allowed in designated dive lanes only under the supervision of the coaches and marshals. Dive lanes will be assigned. Dive lanes will open 45 minutes before the start of the meet. The pool will close 15 minutes before the start of each session.

MEET REFEREE: Will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Mike Sheppard, cattywampus@roadrunner.com.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. **This meet will limit entries to meet the "4 Hour" rule. SWIMMERS MUST CHECK IN with the clerk of course 40 MINUTES PRIOR TO THE START OF EACH SESSION FOR THE FIRST 4 EVENTS OF THAT SESSION.** After the event has been officially closed**,** SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers must swim in their actual Age Group as determined by their age on the first day of the meet. Swimmers must be at least 5 years old on September 14, 2018 to enter this meet. Timers are requested to be provided by each team. Swimmers competing in the 500 and longer freestyle events and 13/up 400 IM are requested to furnish their own timers for three heats and lap counters when used. Events will be swum fastest to slowest. **Swimmer may swim a maximum of 4 events per day.**

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, are not permitted in locker rooms, changing areas or restrooms. **Recording devices are not permitted behind the starting blocks during the starting sequence throughout the meet.** This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

SWIMWEAR: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition. Tech suits are not permitted at this meet. Tech suits with bonded seams, kinetic tape, or meshed seams are not allowed at this meet; please see the Tech Suit Policy on the SCS website: www.socalswim.org.

DECK CHANGING: Deck changes are prohibited.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY: Open to all Eastern Committee athletes who hold 2018 or 2019 USA Swimming Registration from the following teams: **RAA**, CCAQ, CCCC, FSON, HILL, HVDA, IEAQ, MESA, MVAQ, PASS, PDSC, PST, RIVR, STAR, SCOR. Registration application **must be received by the meet entry deadline** by meet processor, administrative referee, or SCS Office. Late application will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III, B. Registration application may be submitted with entry form. **In SCS age group meets, swimmers 18 & younger must prove birth dates prior to** competition. Out of LSC entries will be accepted space available; please submit a copy of registration with entry.

CHANGE OF AFFILIATION: Before the meet, a swimmer may change affiliation by submitting a **Club Transfer form** to the Swim Office. At the meet, a swimmer may UNATTACH (may not attach or reattach) by notifying the Administrative Referee in writing and paying the appropriate fee.

SUBMITTED TIMES: Times submitted must be the **best recorded times** short course or long course from this or the preceding swim season **(NO WORK OUT TIMES)**. Coaches and swimmers should be prepared to verify all submitted times. Swimmers must have achieved time standards listed for an event. Discrepancies in submitted times could lead to disciplinary action. After entries close, non-conforming times will be converted by meet admin for seeding purposes only.

AWARDS: Blue Division: Medals 1st - 3rd place, Ribbons 4th - 6th place — Red Division: Ribbons 1st - 6th place
White Division: Ribbons: 1st - 6th place — Relays: Medals 1st place, Ribbons 2nd - 3rd place
**Awards for 13-18 year olds available upon request before the end of the meet.*

ENTRY FEES: $4.00 for each individual event along with a **$10.00** surcharge **per swimmer** *must accompany each individual entry card.* NO REFUNDS. Returned checks will incur a service fee. E-mail entry (entry. zip file) will be accepted ONLY when received with an attached .PDF file ***including electronic signature*** of coach and will be dated as official at that time. (5 PM postmark would queue before a 10 PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hard copy (this includes e-mail) ONLY. New swimmers accepted SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed**. Deletions will not be refunded.** Relays will be deck-entered at $10.00 each, payable on entry.

ENTRIES CLOSE: ENTRIES MUST BE RECEIVED BY THE MEET PROCESSOR NO LATER THAN 5 PM, WEDNESDAY, September 5, 2018. IF THE MEET FILLS PRIOR TO THE DEADLINE, ENTRIES WILL BE REJECTED (LAST RECEIVED, FIRST REJECTED). To avoid concern regarding receipt of entry card the designated address, enclose a stamped, self-addressed envelope or postcard. ***(Receipt of entries will not be verified by phone or e-mail.)***

Make Checks payable to Southern California Swimming
Email for team electronic entries only: suzshep@roadrunner.com
Questions: SCS Office (310-684-1151) or meet processor

MAIL ENTRIES TO: Susie Sheppard
11110 Davis Street
Moreno Valley, CA 92557 Make Checks

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

RAA SC Meet

September 21-23, 2018

****Friday Night session at RAA site only - Riverside City College**

ENTRIES MUST BE RECEIVED BY 5:00 PM: September 13, 2018 (Wednesday)

This meet is subject to the 4 hour rule per session. Relays swum time permitting.

Events will be swum fastest to slowest, starred events swum together awarded separately.

Times submitted must be best recorded times short or long course, maximum 4 individual events per day, 1 relay.

FRIDAY ONLY both meets at Riverside City College

GIRLS	min/max	age		distance		stroke	min/max	BOYS
1	3:08.80	OPEN		200	yd	Breaststroke	3:09.00	2
3	3:23.50	7-10 MIXED	BR	200	yd	IM	3:24.50	3
4	5:48.20	OPEN		400	yd	IM	5:48.90	5
6	**2:42.00	7-10 MIXED	B	500	yd	Freestyle	**2:41.80	6
7	6:24.60	11-12	B	500	yd	Freestyle	6:29.80	8
9	12:58.60	OPEN	**SATURDAY**	1000	yd	Freestyle	13:09.80	10
GIRLS	**min/max**	**age**		**distance**		**stroke**	**min/max**	**BOYS**
11		11-12	BRW	200	yd	IM		12
13		7-10 MIXED	BRW	200	yd	Freestyle		13
14	1:46.10	5-8 MIXED	BR	100	yd	Freestyle	1:42.00	14
15		11-12	BRW	100	yd	Breaststroke		16
17		7-10 MIXED	BRW	50	yd	Breaststroke		17
18	1:02.80	5-8 MIXED	BR	50	yd	Breaststroke	1:01.20	18
19		11-12	BRW	100	yd	Freestyle		20
21		7-10 MIXED	BRW	100	yd	Freestyle		21
22		5-8 MIXED	BRW	25	yd	Freestyle		22
23	2:58.10	11-12	BR	200	yd	Butterfly	3:02.60	24
25		7-10 MIXED	BRW	50	yd	Butterfly		25
26		11-12	BRW	50	yd	Butterfly		27
28	55.60	5-8 MIXED	BR	50	yd	Butterfly	56.40	28
29		11-12	BRW	50	yd	Backstroke		30
31		7-10 MIXED	BRW	100	yd	Backstroke		31
32		5-8 MIXED	BRW	25	yd	Backstroke		32
33	3:01.40	11-12	BR	200	yd	Backstroke	3:07.30	34
35	Deck	5-8 MIXED	BRW	200	yd	Freestyle Relay	Deck	35
36	Entered	7-10 MIXED	BRW	100	yd	Freestyle Relay	Entered	36
37		11-12	BRW	200	yd	Freestyle Relay		38
	**********Minimum 45 Minute break **********							
39	2:54.50	13-up	BR	200	yd	Backstroke	2:45.10	40
41		13-14	BRW	100	yd	Breaststroke		42
43		15-up	BRW	100	yd	Breaststroke		44
45		13-14	BRW	200	yd	IM		46
47		15-up	BRW	200	yd	IM		48
49		13-14	BRW	100	yd	Freestyle		50
51		15-up	BRW	100	yd	Freestyle		52
53	2:55.10	13-up	BR	200	yd	Butterfly	2:47.30	54
55	Deck	13-14	BRW	200	yd	Freestyle Relay	Deck	56
57	Entered	15-up	BRW	200	yd	Freestyle Relay	Entered	58

Must be at least 11 for open events with 11-12 blue minimum time.

7/8 year old swimmers may enter either 5-8 or 7-10 events but not any combination of age groups.

10/under events will be run mixed gender

** 7-10 Use 200 Free Time to enter 500 Free

***400 IM and 500, 1000 frees will alternate girls and boys heats and swimmers provide own timers and/or lap counters.

SUNDAY

GIRLS	min/max	age		distance		stroke	min/max	BOYS
59		11-12	BRW	200	yd	Freestyle		60
61		5-8 MIXED	BRW	100	yd	IM		61
62		7-10 MIXED	BRW	100	yd	IM		62
63		11-12	BRW	100	yd	IM		64
65	48.60	5-8 MIXED	BR	50	yd	Freestyle	47.30	65
66		7-10 MIXED	BRW	50	yd	Freestyle		66
67		11-12	BRW	50	yd	Freestyle		68
69		5-8 MIXED	BRW	25	yd	Butterfly		69
70		7-10 MIXED	BRW	100	yd	Butterfly		70
71		11-12	BRW	100	yd	Butterfly		72
73	57.80	5-8 MIXED	BR	50	yd	Backstroke	56.30	73
74		7-10 MIXED	BRW	50	yd	Backstroke		74
75		11-12	BRW	100	yd	Backstroke		76
77		5-8 MIXED	BRW	25	yd	Breaststroke		77
78		7-10 MIXED	BRW	100	yd	Breaststroke		78
79		11-12	BRW	50	yd	Breaststroke		80
81	Deck	5-8 MIXED	BRW	100	yd	Medley Relay	Deck	81
82	Entered	7-10 MIXED	BRW	200	yd	Medley Relay	Entered	82
83		11-12	BRW	200	yd	Medley Relay		84
	**********Minimum 45 Minute break **********							
85		13-14	BRW	200	yd	Freestyle		86
87		15-up	BRW	200	yd	Freestyle		88
89		13-14	BRW	100	yd	Backstroke		90
91		15-up	BRW	100	yd	Backstroke		92
93		13-14	BRW	50	yd	Freestyle		94
95		15-up	BRW	50	yd	Freestyle		96
97		13-14	BRW	100	yd	Butterfly		98
99		15-up	BRW	100	yd	Butterfly		100
101	Deck	13--14	BRW	200	yd	Medley Relay	Deck	102
103	Entered	15-up	BRW	200	yd	Medley Relay	Entered	104
105	6:32.30	13-up	BR	500	yd	Freestyle	6:20.30	106

If the AM Session timeline exceeds the 4 hour rule, each AM Session will be broken up into two sessions (sessions listed below)

Sat 1a: 13, 14, 17, 18, 21, 22, 23, 25, 28, 31, 32, 35, 36

Sat 1b: 11, 12, 15, 16, 19, 20, 23, 24, 26, 27, 29, 30, 33, 34, 37, 38

Sun 1a: 61, 62, 65, 66, 69, 70, 73, 74, 77, 78, 81, 82

Sun 1b: 59, 60, 63, 64, 67, 68, 71, 72, 75, 76, 79, 80, 83, 84