

CUKE TIMES

Middle Tyger YMCA

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Welcome Fellow Sea CUKES!!!

I want to personally welcome everyone to the 2017-2018 Fightin' Sea Cuke season!! What an exciting time to be a CUKE!! We are coming off a very successful year which saw us place 2nd at SCY State championships (the highest place in all of the Upstate), 2nd in the women at Spring Y-Nationals, winning the overall open water state championship and winning all three LCM State Championships!!! We also saw CUKE Alumni anchor a World Record Breaking relay (Katrina Konopka, Class of 2015, 200 Medley Relay), and saw two former CUKE sisters place in the top 8 at NCAA (Danielle-class of 2014 and Ali Galyer-class of 2016, swimming for the Kentucky Wildcats).

With all that success last year, I can confidently say that things are only looking up!! We are ushering in a new era of CUKE Age Group Swimming with the hiring of Dylan Jones as Age Group Head Coach, plus the hiring of several other new coaches that are committed and excited to contribute to the continuing CUKE Successes!! We have introduced a new online registration process that will make our members lives easier. The Middle Tyger YMCA was proud to unveil a new patio that looks amazing and was completed in time to celebrate the 20th anniversary of the Middle Tyger YMCA!!!!

Along with all our successes, comes responsibilities and expectations!! The CUKE coaching staff is committed to continuing process of growth of your child and our team. We value the building of character and culture of our program as key hallmarks to our success. Our goal is to instill the YMCA Core Values of Respect, Responsibility, Honesty and Caring into every one of our athletes. We also recognize that success in swimming comes from respecting the process and preparing each child for the next step in their swimming career.

As always, if you have any questions, the best source of information is your child's coach. Contact them immediately and they will gladly help you! Thank you for being a part of the #CUKEFAMILY and we look forward to molding our #CUKEARMY to greatness!!!

-Head Coach Ted Pierson

Cuke Day!!

**Saturday, Sept. 23rd
11AM at Middle Tyger!**

All families and swimmers from all groups are invited to our 3rd annual Cuke Day!

This event is a welcome to the 2017-18 season, where we will have plenty of information for new and returning families, opportunities to meet the parents involved with the Parent Advisory Board, and chances to learn how to be involved with making the team a success!

There will be food served, but we are asking families to bring an appetizer or dessert dish. More information on that will be out soon!

Cuke day is also an opportunity to order/buy equipment from Augusta Swim Supply, investigate volunteer opportunities, sign up for carpool possibilities, purchase CUKE merchandise, and have some FUN with activities and a bounce house!

So come on out for a festive day of fellowship, fun, and Info!!

We can't wait to see you there!!

The TEAM Culture

Written By Coach Lindsay Wilson

To fanatic spectators, the term “swimmer” conjures up images of Olympic races, Michael Phelps, and gold medals. The pristine pools, partitioned precisely and engineered to reduce drag and promote speed hold the promise of epic entertainment and inspiration. To parents of age group swimmers, the term is defined differently. Intricate carpools, perpetually wet towels, lost swimsuits, broken fins, and insatiable appetites, often dominate our experiences as we unconditionally strive to support our children’s passion for what appears to be a monotonous and quirky individual sport with unforgiving objective measures of success.

Swimmers get asked a myriad of impertinent questions:

Why do you instinctively jump whenever you hear an electronic beep? *Swimming.*

Why do you sport long, curling hair on your legs whilst wearing a dress? *Swimming.*

Why do you shamelessly walk ANYWHERE in only a bathing suit? *Swimming.*

Those are all fun questions, and certainly offer small insight into a unique sport entrenched in repetition, tenacity, and bizarre rituals.

But those aren’t the questions that matter.

What matters about swimming is not distances, records, times, or even unshaven legs, doll-sized tech suits, or grind. What matters is TEAM!

YSSC is founded on the YMCA core values of caring, respect, honesty, and responsibility. Those core values unite to form the ultimate goal of promoting youth character development, healthy living, and social responsibility.

At **YSSC**, coaches partner with parents to jointly raise children to be independent, equipped global citizens. We develop children and young adults who are proactive and responsible, taking ownership of their actions and subsequent consequences. We cultivate teammates who value connectivity, engaging with each other and the larger community. We grow persistently hard workers who approach challenges with eager resolve. **YSSC** kids are ready to meet the challenges of the world because every day, along with their teammates, they have been coached to recognize opportunities for growth and service, to keep their eyes open and their minds flexible, and their attitudes positive.

Why does your teen take responsibility for their actions and hold others accountable as well? **YSSC**. How does your daughter stand up to negative peer pressure? **YSSC**. How is it that your son is so excited to cheer for his competitors on rival teams? **YSSC**. How did you teach your child to persevere and try again when the outcome wasn’t what they had hoped? **YSSC**. Why does that group freely volunteer their Saturday afternoons to mentor younger teammates? **YSSC**. How did your child get to be so kind and supportive of her siblings? **YSSC**. How does your son have the discipline to get up at 4:30am, swim, attend school, then swim AGAIN in the afternoon, AND finish his schoolwork? **YSSC**.

As we begin a new season, the coaches at **YSSC** are excited to teach athletes new drills and introduce new training techniques to promote faster swimming. But we are equally excited to form meaningful relationships that advance character values and life skills swimmers can carry far and wide.

YSSC Contact Info

YSSC Head Coach

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YSSC Senior Coach

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Head Age Group Coach

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MTY Head Development Coach

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TOM Head Site Coach

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MTY Age Group Coach/ Office Manager

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MTY Strength/Conditioning

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TOM AG I Coach

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2017-18 YSSC Short Course Meet Schedule

September 30th - Clemson Classic @ Fike Recreation Center, Clemson, SC

-For 12&Under Swimmers ONLY!

October 21 & 22 - 17th Annual YMCA Invitational and Dual Meets @ MTY, Duncan, SC

*******YSL MEET - October 23 - The Great PUMPKIN Meet @ MTY!!**

November 10-12 - 24th Annual YSSC Thanksgiving Invitational @ MTY, Duncan, SC

*******YSL MEET - November 13 - Goggle GOBBLER Meet @ MTY!!**

December 1-3 - 2017 NSS Winter Invitational @ Mecklenburg County Aquatic Center, Charlotte, NC

-For swimmers 11&Over with Qualifying Time Standards

December 8-10 - 2017 RAYS Snowflake Invite @ Rock Hill Aquatics Center, Rock Hill, SC

-For all swimmers not attending the NSS Winter Invite

*******YSL MEET - December 11 - Snowman SPLASH Meet @ MTY!!**

December 30th - 14th Annual New Year's Invite Meet @ MTY, Duncan, SC

-Open for 13&Overs, and for 11-12s wanting to swim the mile.

January 6-7 - 4th Annual YSSC / MAC Dual Meet @ MTY, Duncan, SC

-For swimmers not attending the Pilot Flying J Classic

January 12-14 - 2018 Pilot Flying J Classic @ Allen Jones Aquatic Center, Knoxville, TN

-For swimmers 13&Over with Qualifying Time Standards

February 2-4 - 8th Annual February Fling Meet @ MTY, Duncan, SC

February 16-19 - 2018 SCS Short Course State Meet @ Westside Aquatics Center, Greenville, SC

-For swimmers achieving Long- or Short Course State Qualifying Times

March 10-11 - 8&Under State Championship Meet @ Westside Aquatics Center, Greenville, SC

-For swimmers aged 8 and under ONLY!!

March 15-18 - 2018 Age Group Sectionals Meet @ McAuley Aquatic Center, Atlanta, GA

-For swimmers 14&Under who have achieved Sectional Qualifying Times

March 15-18 - 2018 USRY Championships @ MTY, Duncan, SC

-For swimmers who have achieved Regional YMCA Qualifying Times

March 23-25 - 2018 SCS Palmetto Championship Meet @ Rock Hill Aquatics Center, Rock Hill, SC

-For swimmers not attending AG Sectionals, nor USRY Champs

April 2-7 - 2018 YMCA Short Course Nationals @ Greensboro Aquatic Center, Greensboro, NC

-Travel Trip for Swimmers achieving YMCA National Qualifying Standards