

2020 SC 1st Annual YSSC IMX Cup

MEET UPDATE

Coaches,

First, we would like to personally thank all of our visiting teams for participating. We wanted to take a moment to update you on this weekend's swim meet.

- Meet web site: <https://www.teamunify.com/SubTabGeneric.jsp?team=scsysssc&stabid=203998>
- All events will be run in 12 lanes.
- Please notify your team families that **parking is only available in the front parking lots** (opposite side from the pool) of the YMCA. **Parking at the other end of the YMCA is for coaches and meet officials only.**
- We greatly appreciate help by visiting officials. Individuals wishing to officiate should report to Clerk of Course 40 minutes prior to the start of the session.
- There is NO running allowed on deck at any time.
- Seating is limited to the **pool deck or outdoor areas only**. No seating will be allowed in the facility's lobby or hallways. The pool deck will **not** be open before 9:00 AM for seating.
- Spectators and swimmers should enter and exit from the building through YMCA front doors only. Pool deck doors are to remain closed during the meet.
- Please ask your team and families to help keep your team areas clean throughout the meet, every day.
- **Any destruction or damage to the gym or YMCA facility will result in that swimmer and his/her team being scratched from the rest of the meet weekend.**
- It is the goal of meet management to keep the duration of the session as short as possible yet retain adequate recovery time for every swimmer. Several methods will be used to achieve this:
 1. Heats will be combined whenever possible. Most of these will be noted on the meet program. Please make a special note to notify your swimmers to pay careful attention to those heats so that they do not miss their event. Care has been taken so that combined heats appear adjacent to each other where possible. In some cases this may require a **change in the event sequence**. Again, the printed meet program will show the correct sequence.
 2. If the meet referee makes changes to any heats from what is printed in the heat sheet, the coach of any affected swimmers will be notified in advance.
- Positive check-in for the session closes promptly **30 minutes prior** to the start of the session. If you intend to scratch (i.e., not check-in) a swimmer, **please also confirm scratches** on the check-in sheet.
- Events shorter than 200 yards do not require a check-in, but notification of any scratches will be appreciated.
- *An athlete whole-meet scratch form will be available at Clerk of Course*. If at any point during the meet you know one of your swimmers will no longer be swimming, please note this on the whole meet scratch form.
- Addition of new athletes to deck seeded events will only be permitted **prior to the start of warm-ups**.
- Adds to pre-seeded events will only be permitted on a "lane available" basis. **No heats will be added for the event**.
- All swimmers **must supply their own timer and counter** for the 500 Free.
- There will be lunch as well as snacks available for coaches and officials in a room off the YMCA main lobby. Once the meets starts, snacks will be available at the deck hospitality table.

- A concessions stand will be available for swimmers and spectators.
- Heat sheets will be available for purchase at the concession stand
- **Warm-Up/Session Start Times:**

	Warm-Up Start	Session Start	Session End	Duration
Saturday	10:00 AM	11:00 AM	3:15 PM	4.25 hours
Sunday	10:00 AM	11:00 AM	2:15 PM	3.25 hours

If you have any questions, please do not hesitate to contact Dan or me.

Thanks again!

[Mike Jann](#)

[Dan Mascolo](#)