



2020 SC 1st Annual YSSC IMX Cup

January 4-5, 2020

Held under the Sanction of USA Swimming issued by SC Swimming:
Sanction Number SC2070SCY/SC2071TT



Host:	Y-Spartaquatics Swim Club & the Middle Tyger YMCA
Meet Director:	Mike Jann..... palmettoprotiming@gmail.com 864.354.1965
Meet Referee:	Kim Crouse..... kimcrouse@hotmail.com 803.443.1749
Meet Entries to:	Mike Jann (PPT) palmettoprotiming@gmail.com 864.354.1965
Safety Marshal:	Kimberly Goad kimberlygoad@gmail.com 864.414.6070
Facility:	<p>Middle Tyger YMCA 720 Shoals Road Duncan, SC 29334 (864) 433-9623</p> <p>The Middle Tyger YMCA Pool has twenty (20) 25-yard lanes. The water depth of the competition course is six (6) feet measured from one (1) meter to five (5) meters at the starting end of the course and four (4) feet measured from one (1) meter to five (5) meters at the turn end of the course). The competition course has been certified in accordance with 104.2.2C(4). The copy of certification is on file with USA Swimming.</p> <p>Pool is bottom striped, wall targeted, has non-turbulent lane lines, a fully automatic Colorado Timing System with backup and a 12-line scoreboard. Up to 12 lanes will be used for competition, and course set-up will be determined based on the number of entries. Continuous warmup / warm down area is available.</p> <p>Parking will be available in the Middle Tyger Parking lot. Additional parking designed for special events has been added, and swim meet participants are encouraged to park in this area.</p> <p>Spectators will be limited to areas designated. Bleacher seating will be available. Spectators may bring chairs, but the chairs cannot be used to reserve seats between sessions and may not be placed in front of the bleachers. All other areas will be considered the deck, on which only swimmers, working officials, coaches and meet personnel are allowed.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p>
Rules:	<p>This meet shall be conducted in accordance with the current USA Swimming Rules and Regulations, SC Swimming Policies and Procedures, the YMCA code rules and regulations, and information herein.</p> <p>Use of audio or visual recording devices, including a cell phone, are not permitted in changing areas, rest rooms, locker rooms or behind the starting blocks.</p> <p>Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.</p> <p>SWIMWEAR: Swimmers 10 years old and younger are not permitted to wear “Technical” suits at this meet.</p>
Athlete Eligibility:	<p>All swimmers and teams must be currently registered members of USA Swimming. Age is determined by the first day of the meet.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p>



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Entry Fees:	<ul style="list-style-type: none"> - \$20.00 per swimmer Pool Fee - \$2.00 per swimmer SCLSC Travel Fund/Program Fee - \$2.00 per swimmer SCLSC Sports Development Fee - \$2.00 per swimmer Out-of-state SCLSC Travel Fund/Program Fee - \$4.00 per swimmer Event Fee - \$6.00 per Relay Fee <p>Swimmers are limited to <u>six</u> individual events per day. Clubs should submit a <u>single check</u> payable to Y-Spartaquatics Swim Club for the full amount due. All fees must be paid prior to any swimmer entering the pool.</p>												
Meet Format:	<p>Meet management reserves the right to adjust number of heats and lanes, entry limits, and warm-up times based on the number of entries.</p> <ul style="list-style-type: none"> • <u>All individual events 400 yards and above, including freestyle, are deck seeded, positive check-in events. The check-in for these events will close 30 minutes prior to the scheduled start of that session.</u> • Positive check-in will close, promptly, 30 minutes prior to the start of that session. • Any swimmer who is positively checked-in for an event and does not swim will be ineligible for his/her next individual event. • Adds to pre-seeded events will only be permitted on a “lane available” basis. No heats will be added for the event. • Events 400 yards and longer will be swum fastest to slowest and alternate girls and boys heats. • All events will be contested as Timed Final Events. • Swimmers competing in events 400 yards and longer need to provide their own timer and, when appropriate, lap counter personnel. 												
Time of Meet:	<table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Saturday & Sunday AM 12 & Under</td> <td style="width: 33%;">Warm-Ups: 7:00 am</td> <td style="width: 33%;">Timed Finals 8:00 am</td> </tr> <tr> <td>Saturday Afternoon Developmental</td> <td>Warm-Ups: 11:30am</td> <td>Time Finals 12:15 pm</td> </tr> <tr> <td>Saturday PM 13 & Over</td> <td>Warm-Ups: 2:00 pm</td> <td>Timed Finals 3:00 pm</td> </tr> <tr> <td>Sunday PM 13 & Over</td> <td>Warm-Ups: 12:00 pm</td> <td>Timed Finals 1:00 pm</td> </tr> </table>	Saturday & Sunday AM 12 & Under	Warm-Ups: 7:00 am	Timed Finals 8:00 am	Saturday Afternoon Developmental	Warm-Ups: 11:30am	Time Finals 12:15 pm	Saturday PM 13 & Over	Warm-Ups: 2:00 pm	Timed Finals 3:00 pm	Sunday PM 13 & Over	Warm-Ups: 12:00 pm	Timed Finals 1:00 pm
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Entries:	<p>FORMAT: Only entries using Standard Data Interchange format (SDIF/SD3) will be accepted. Times must be listed to 1/100th. Entries files may be submitted by e-mail. You must also provide an entries list via mail or email. Please refer to web site listed above to download events to team management software.</p> <p>Entries must be submitted using short course yards times or with a no time entry. Submit the completed Summary Sheet, an alphabetical listing of all swimmers with USA-S numbers from the LSC, and your payment in full to have your meet entry considered complete. Include last name, full first name, middle initial, and birth date of swimmer.</p> <p>2020 SC 1st Annual YSSC IMX Cup c/o Dan Mascolo 720 Shoals Rd Duncan, SC 29334 **** PLEASE SIGN RELEASE OF LIABILITY.</p> <p>DEADLINE: ALL electronic (SDIF) entries must be submitted to Palmetto Pro Timing (palmettoprotiming@gmail.com) and MUST be received no later than 5:00 pm Wednesday, December 25, 2019. Full payment and all required paper work must accompany your entry to be accepted. Questions, up to the deadline, can be addressed to Dan Mascolo at 864-433-9623 or Mike Jann at 864-354-1965. Teams are responsible for the delivery of entries on time. **** MEET DIRECTOR NOT RESPONSIBLE FOR CHASING DOWN ENTRIES.</p> <p>SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.</p>												



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Awards:	Awards will be presented to the Top 3 overall IMX Scores for each Single Age/Gender. Swimmers must legally complete all IMX events to be eligible for awards. Awards will be presented as soon as scores become available.
Scoring:	The meet will be scored using USA Swimming's IMX scoring system. For more information on the IMX program please visit: https://www.usaswimming.org/Home/times/IMX-IMR .
Timing:	Electronic Timing Services Provided by Palmetto Pro Timing, Inc. www.gocukes.com/SubTabGeneric.jsp?team=scsysc&stabilid=xxx
Coaches' Eligibility:	Coaches must check in at Clerk of Course and provide current USA-Swimming coach credentials to be allowed on deck. Coaches must have their credentials visible at all times while on deck. A coaches meeting will be held fifteen minutes prior to the start of the Saturday Morning session.



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Other Information:

Officials:

All certified officials are welcome and encouraged to officiate at the meet. If you have any questions please contact Meet Referee Kim Crouse at kimcrouse@hotmail.com. A meeting of officials will be held in the hospitality room beginning 45 minutes prior to each session. Officials must attend the briefing to be eligible to work during the session.

Safety / Warm-Up Procedures:

A copy of the SCLSC Warm-up Procedures will be available in the coach's packet and posted around the pool.

- Coaches are expected to closely supervise their swimmers at all times.
- Each team will be assigned a lane/lanes for the specific portion of each warm-up session.
- Diving is permitted only during specific warm-up times, as announced.
- Swimmers who participate in the meet without a coach present must notify the Meet Director prior to the start of warm-up so that a coach may be assigned to them.
- Running and horseplay are both prohibited.
- Glass containers/bottles, alcoholic beverages and tobacco products of any kind are prohibited inside the swimming venue and the Middle Tyger YMCA.
- Each team should monitor and clean your team area at the conclusion of each session. Chairs may be left on the deck between sessions but must be folded and put against the wall.
- Shaving down is not permitted in the facility.
- Body paint is not permitted in the facility.
- The use of pull buoys, paddles, kickboards, bands, tubing, and other equipment is prohibited.
- **Any swimmer found to be abusing any area of the facility will be barred from both further competition and the facility. The team of any swimmer found to be abusing any area of the facility will be held responsible for any and all repairs resulting from the abuse.**
- Deck marshals will be assigned to supervise all sessions of the meet and will have the authority to remove any swimmer, coach, parent, or club from the pool and facility, if necessary, for not following the facility and meet safety rules.
- Only authorized volunteers and working personnel may remain behind the blocks, Timing area, and Clerk of Course area during the meet. All others must remain in the designated spectator areas and are not permitted in the racing area unless timing for an event or volunteering with the management of the meet.

Meet Mobile:

Palmetto Pro Timing will make every effort to push results to the Meet Mobile app. Times posted to Meet Mobile are unofficial. The meet will be published to Meet Mobile no later than ninety minutes before the first event starts.

Release:

USA Swimming, South Carolina Swimming LSC, Y-Spartaquatics Swim Club, Middle Tyger YMCA, Palmetto Pro Timing, Augusta Swim Supply, and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

****** PLEASE SIGN RELEASE OF LIABILITY.**

Contact:

Dan Mascolo
720 Shoals Rd, Duncan, SC 29334
dmascolo@spartanburgymca.org
(V) 864-433-9623 (F) 864-433-0226



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Order of Events

Saturday Morning Timed Finals

Warm-ups: 7:30 AM

Timed Finals: 8:30 AM

Girls Event #	Event Description	Boys Event #
1	9-12 100 Backstroke	2
3	9-12 100 Breaststroke	4
5	9-12 200 Individual Medley	6

Saturday Afternoon Timed Finals

Warm-ups: 12:00 PM

Timed Finals: 1:00 PM

Girls Event #	Event Description	Boys Event #
7	8 & Under 25 Butterfly	8
9	10/U 50 Butterfly	10
11	8 & Under 25 Backstroke	12
13	10/U 50 Backstroke	14
15	8 & Under 25 Breaststroke	16
17	10/U 50 Breaststroke	18
19	8 & Under 25 Freestyle	20
21	10/U 50 Freestyle	22

Saturday Evening Timed Finals

Warm-ups: 4:00 PM

Timed Finals: 5:00 PM

Girls Event #	Event Description	Boys Event #
23	13 & Over 200 Backstroke	24
25	13 & Over 200 Breaststroke	26
27	13 & Over 400 Individual Medley	28

Sunday Morning Timed Finals

Warm-ups: 7:30 AM

Timed Finals: 8:30 AM

Girls Event #	Event Description	Boys Event #
29	9-12 100 Freestyle	30
31	9-10 200 Freestyle	32
33	9-12 100 Butterfly	34
35	11-12 500 Freestyle	36

Sunday Afternoon Timed Finals

Warm-ups: 12:00 PM

Timed Finals: 1:00 PM

Girls Event #	Event Description	Boys Event #
37	13 & Over 200 Individual Medley	38
39	13 & Over 200 Butterfly	40
41	13 & Over 500 Freestyle	42



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Meet Entry Summary Sheet



Individual							
	Total # of Swimmers	Total per Swimmer Pool Fee (\$20.00)	State Travel Fund/Program Fee (\$2.00)	SCLSC Sports Development Fee (\$2.00)	Out-of-state SCLSC Travel Fund/Program Fee (\$2.00 ea.)	Total # Entries	Total Entry Fee (\$4.00 ea.)
Girls							
Boys							
Total Individual Entries/Fees							

Return this summary sheet with entry fees, roster, and entry forms to:

Please Mail hard Copy to:
 2020 SC 1st Annual YSSC IMX Cup
 c/o Dan Mascolo
 720 Shoals Rd.
 Duncan, SC 29334
 864-433-9623

Total Fees

Email Entries to:
 Mike Jann
palmettoprotiming@gmail.com
 Subject: 2020 SC 1st Annual YSSC IMX Cup

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that South Carolina Swimming Inc., Y-Spartaquatics Swim Club, Middle Tyger YMCA, Palmetto Pro Timing, Augusta Swim Supply, and any volunteers and sponsor organizations shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Coach: _____ Phone: _____ E-Mail: _____
 Club: _____ Club Code: _____ LSC: _____

Mailing Address: _____
 (For Final Results) _____

Secondary Contact Person: Phone: _____ E-Mail: _____

Number of Coaches Attending Meet: _____

Signature: _____ Date: _____