



Y-SPARTAQUATICS SWIM CLUB

2020 - 2021 PRACTICE SCHEDULE FOR Middle Tyger YMCA (MTY)



GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	COACH
YSL 1	4:15-4:55pm	OFF	4:20 - 5:00 PM	OFF	OFF	OFF	SARAH, KYLE, ELLIE
YSL 2	5:05-5:35pm	4:15 - 4:45 PM	OFF	4:15 - 4:45 PM	OFF	OFF	
YSL 3	5:45-6:30pm	4:55 - 5:40 PM	OFF	4:55 - 5:40 PM	OFF	OFF	
GREEN	4:15-5:15 PM	4:15-5:15 PM	4:15-5:15 PM	4:15-5:15 PM	4:15-5:15 PM	8:45-9:45 AM	WENDY
ORANGE	4:15-5:15 PM	4:15-5:15 PM	4:15-5:15 PM	4:15-5:15 PM	OFF	8:45-9:45 AM	DAN
RED	5:45 - 6:45 PM	5:45 - 6:45 PM	5:45 - 6:45 PM	5:45 - 6:45 PM	5:45 - 6:45 PM	10:15-11:15 AM	WENDY
BLUE	4:15-5:30 PM	4:15-5:30 PM	4:15-5:30 PM	4:15-5:30 PM	4:15-5:30 PM	8:45-10:00 AM	DYLAN
PURPLE	7:15-8:30PM	7:15-8:30PM	7:15-8:30PM	7:15-8:30PM	7:15-8:30PM	10:45AM-12:30PM	DYLAN
YELLOW	5:30-7:00PM	5:30-7:00PM	5:30-7:00PM	5:30-7:00PM	5:30-7:00PM	9:45-11:30AM	DYLAN
HIGH SCHOOL PREP	OFF	7:00-8:30PM	OFF	7:00-8:30PM	OFF	11:30AM-1:00PM	STARTS OCT. 13
JUNIOR 2	7:00-8:30PM	7:00-8:30PM	7:00-8:30PM	7:00-8:30PM	7:00-8:30PM	11:30AM-1:00PM	DAN
JUNIOR 1	6:15-8:00 PM	6:15-8:00 PM	6:15-8:00 PM	6:15-8:00 PM	6:15-8:00 PM	10:45AM-12:30PM	EDUARDO
SENIOR 2	4:15-6:00 PM	4:15-6:00 PM	4:15-6:00 PM	4:15-6:00 PM	4:15-6:00 PM	8:45-10:30AM	EDUARDO
SENIOR 1	5:00-7:00 AM	5:00-7:00 AM	5:00-7:00 AM	5:00-7:00 AM	5:00-7:00 AM	6:00-8:30 AM	EDUARDO
NATIONAL	5:00-7:00 AM	5:00-7:00 AM	5:00-7:00 AM	5:00-7:00 AM	5:00-7:00 AM	6:00-8:30 AM	DAN

Saturday practice start date is **OCTOBER 31, 2020**.
 HS Prep - Starts on October 13, 2020

Due to continued Covid-19 social distancing precautions, we will continue to send home dryland suggestions. On-site dryland will resume once it is deemed safe.

EVOLVE EXCELLENCE EVERYDAY