

2nd Annual YSSC IMX CUP

January 16th – 17th, 2021

Location:

Prisma Aquatics Center
Middle Tyger YMCA
720 Shoals Road
Duncan, SC 29334

Schedule:

	<u>Arrive</u>	<u>Warm-up</u>	<u>Meet Start</u>
Saturday & Sunday 15/Over Sessions	7:00 AM	7:15 AM	8:00 AM
Saturday & Sunday 13-14 Sessions	10:00 AM	10:15 AM	11:00 AM
Saturday & Sunday 12/Under Sessions	1:00 PM	1:15 PM	2:15 PM

Meet Format:

- Events of 400 Yards or greater will be positive Check-In events and Deck-Seeded. Positive Check-Ins will close, promptly, 30 minutes prior to the scheduled start of each session.
- Events 400 Yards and longer will be swum fastest to slowest. Swimmers competing in these events need to provide their own timers and lap counters.
 - All swimmers must supply their own timer for the 400 IM.

*Please note that all events are mixed gender events.

Team Apparel:

Swim Suits

YSSC Speedo Endurance
All Groups: Black CUKE/YSSC Cap
NO Tech Suits Allowed!

T-Shirts

Saturday: **Purple** YSSC Shirt
Sunday: **Red** YSSC Shirt
*Parents are encouraged to wear
Cuke Colors too!!!*

Volunteer:

If this is your first swim meet as part of the YSSC family, it is a great way to build experience and learn the ins and outs of volunteering at our home meets. The expectation for our MTY meets is that all families **MUST** provide at least one volunteer for each session of the meet they are attending! The Job Sign-Up located on the meet event page is now closed, and the draft of volunteer signups has been emailed out to each family.

For any volunteer questions, contact Coach Heather at hmartin@spartanburgymca.org

Concessions:

Concessions will be sold through every session of the meet. While the running of concessions is listed as a volunteer position as listed in the job signup link on the meet event page, we encourage families to help donate food and goods for all our home meets. The sign-up genius with lists of food needed can be **FOUND HERE!**

In keeping with our COVID-19 guidelines, we will be offering a limited concessions stand as compared to previous years. All items at the concessions stand will be individually packaged. Please be respectful of social distancing while waiting in line for concessions.

COVID-19 Accommodations:

Please note that these accommodations are a condition of our Meet Sanction and violations of these accommodations could result in YSSC not being able to host meets in the future.

- No spectators will be allowed on the pool deck
 - o The patio will be open, but families must do their best to social distance. If the meet management team feels that the spacing on the patio is unsafe, we will close the patio
 - o Please keep in mind that the doors and windows may be open (weather permitting) to provide as much fresh air as possible on the pool deck. If the windows/doors are open, anyone on the patio must remain at least 6' away from the open windows/doors at all times.
- All meet volunteers, coaches and swimmers will wear masks while on deck
 - o Swimmers should bring a zip lock bag to help keep their mask dry behind the blocks while they are in the water.
 - Swimmers will wear their mask up to the blocks and put the mask in the bag, place it behind the blocks and then put the mask back on following their swim.
 - Please put your child's name on the bag with a sharpie marker to avoid confusion.
- Everyone on deck will follow the posted flow of traffic.
 - o Please see Pool Map on the event page [HERE](#)
- Swimmers should arrive already in their swimsuits. Swimmers should not be using the locker rooms.
- Electronic Heat Sheets are available on the [Event Page](#) and on the Meet Mobile app.
- Enter and exit through the front doors of the facility
 - o Everyone entering the facility must stop at the temperature check station
- Please be respectful of our meet volunteers that are monitoring our adherence to the COVID-19 accommodations. If they speak with you, please do your best to comply quickly and nicely. If you do not observe the regulations, you will jeopardize our ability to host meets in the future.
- Concessions will be available on the pool deck. All food will be prepackaged.
- Meet sessions will be livestreamed on the YSSC Facebook page.
- Heat sheets will be published ahead of time, so families with young swimmers can write down their heats and lanes before they get to the pool.
- Results will be pushed to meet mobile as quickly as possible.
- Please be patient and remember that everyone is trying to make this event a great experience for the kids!
- You may also refer to our [Zoom Call](#) that we held earlier in the season for more clarity on any of these issues.



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January 16-17, 2021



Order of Events

All Events Mixed Gender

15/Over Sessions

Saturday, January 16, 2021

Warm-up 7:15 am, Start 8:00 am

- | | |
|---|-------------------------------|
| 1 | 15/Over 200 Backstroke |
| 2 | 15/Over 200 Breaststroke |
| 3 | 15/Over 400 Individual Medley |

Sunday, January 17, 2021

Warm-up 7:15 am, Start 8:00 am

- | | |
|----|-------------------------------|
| 12 | 15/Over 200 Individual Medley |
| 13 | 15/Over 200 Butterfly |
| 14 | 15/Over 500 Freestyle |

13-14 Year Old Sessions

Saturday, January 16, 2021

Warm-up 10:15 am, Start 11:00 am

- | | |
|---|-----------------------------|
| 4 | 13-14 200 Backstroke |
| 5 | 13-14 200 Breaststroke |
| 6 | 13-14 200 Individual Medley |

Sunday, January 17, 2021

Warm-up 10:15 am, Start 11:00 am

- | | |
|----|-----------------------------|
| 15 | 13-14 200 Individual Medley |
| 16 | 13-14 200 Butterfly |
| 17 | 13-14 500 Freestyle |

12/Under Sessions

Saturday, January 16, 2021

Warm-up 1:15 pm, Start 2:15 pm

- | | |
|----|--------------------------------|
| 7 | 12/Under 100 Backstroke |
| 8 | 10/Under 50 Backstroke |
| 9 | 12/Under 100 Breaststroke |
| 10 | 10/Under 50 Breaststroke |
| 11 | 12/Under 200 Individual Medley |

Sunday, January 17, 2021

Warm-up 1:15 pm, Start 2:15 pm

- | | |
|----|------------------------|
| 18 | 12/Under 50 Freestyle |
| 19 | 12/Under 100 Butterfly |
| 20 | 10/Under 50 Butterfly |
| 21 | 10/Under 200 Freestyle |
| 22 | 11-12 500 Freestyle |