

Brookings Swim Club

Varsity Lettering Policy

Who is eligible?

You must be in the Senior swim group to be eligible for a Varsity letter and in 7th grade or higher. The swimmer must be an active, participating member of the team throughout the entire season.

When is the Varsity season?

It will start on the Monday closest to November 15th and continue through the State Meet.

Attendance

Attendance Policy: A swimmer must attend 85% of the practices during the course of the varsity season. All unexcused absences that are not made up during this season will be counted as a missed practice and will affect the 85% attendance calculation.

Excused Absence Policy:

1. If a swimmer is absent from practice due to illness or injury, the head coach must be notified by a parent prior to practice.
2. If the swimmer is injured or sick and must miss an extended amount of time; one week or more, a note from a doctor or physical therapist is required.
 - a. The note (or a separate note) from the practitioner must include the date the swimmer is allowed to return to a normal practice schedule
3. Curricular activities that are required for a graded class will be excused. Absences for curricular activities must be documented. Documentation includes providing the head coach with the athletes academic schedule along with the schedule of required absences. This information must be provided to the head coach with as much advance notice as possible.

All other missed practices will be unexcused, including extra-curricular activities, appointments, or vacations. If attendance may affect the swimmers varsity letter standing, the head coach will notify the swimmer and the parents in a timely fashion during the season.

Make-up practices: Swimmers may attend Masters practices to make-up scheduled practices that they missed. Practices may be made up any time during the varsity season. Any practices that are made up will no longer be counted as missed or unexcused.

A swimmer may ask the coach to make arrangements for them to swim with another team while on a vacation or other out of town trip. In order for swim practice with another team to be considered as a make-up practice, documentation of number of practices attended must be given to the head coach by the out of town coach.

Meet Participation

1. Required number of meets during varsity season: 5 **plus** the State Meet
2. Early season home meets will be accepted as part of the 5 required meets
3. Release from the state meet **may** be considered in lieu of end of season championship meets such as sectionals depending on the timing of the championship meet. This is **not a guaranteed exception** and requires **prior** approval from the coach.
4. If the swimmer does not attend the state meet (with **prior** approval from the coach), participation in an individual event at an end of season championship meet such as Sectionals, Jr. Nationals or higher can be substituted
5. Participation in championship meets after the State swim meet will also be considered as part of the 5 required meets when **not** substituted for the state meet for athletes who participate in them

Performance

Swimmers must qualify for a minimum of three individual events at the state meet during the season **OR** achieve a personal best time in 8 individual events during the season.

Behavior

The swimmer must show the proper BSC attitude, which consists of: showing proper respect for all teammates, opponents, coaches, officials etc., a willingness to work hard both in and out of the pool and to support teammates at all times. A varsity athlete must conduct themselves in the highest manner at school, at practice, at meets and in the community at all times. Behavior concerns will be addressed by the head coach throughout the season with the athlete. If the behavior issues may affect the athletes varsity letter standing, the swimmer and parent will be notified of the behavior problem. The head coach has final determination regarding negative behavior that warrants a swimmer losing their letter privilege.

Academics

The swimmer must make academic eligibility a priority during the school year. The student-athlete must keep at least a 2.5GPA during the season. If a student's grades fall below a 2.5, the student will be put on probation and the swimmer and parents will

be notified. The head coach, athlete and parents will have a meeting to discuss further actions.

NOTES:

You have made a commitment to the BSC swimming program. Your success in the program is directly related to your dedication. The success of the team requires each member to be reliable and dedicated to the team goals.

If there are any violations of the Brookings School District rules regarding chemical or drug use or conduct in the school or community during the season, the athlete will be penalized and will not letter.

Athletes with senior class standing that have completed at least their Junior and Senior Short Course seasons swimming with BSC, but who have not attained the competition requirements, will qualify for a varsity letter in their Senior year when recommended by the coaching staff.