All-Star Thank You
Thank you to Kyle, Bonnie and Wendy for coaching this year’s All-Star team. Thank you for adjusting travel arrangements to be there prior to the storm.

Athlete Summit
Thank you to the athletes for your hard work planning the athlete summit with North Dakota. Congratulations on being the recipient of a $2000 grant from USA Swimming to help underwrite the costs of this event.

College athletes
Robin Sorbe shared this picture with me late last year. It is from the Augustana meet in November. It features all the swimmers from our LSC that were participating in the meet. It is an impressive showing.
LSC Membership
Below are our membership and retention numbers through the first of the year. This tracking period starts in September. By comparison, we are up about 100 swimmers this year compared to last year at the same time. Retention was closer to 60% last year at the same time.
Athlete Performance
I thought you would also appreciate seeing these numbers related to athlete performance.

This is our average rate of improvement by stroke for this season.

This is the same data from last year.