

## Athlete Spotlight

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Name: Noah Harrell

Age: 11

Favorite Stroke: Butterfly

Least Favorite Stroke: Breaststroke

Favorite Race: 50 Butterfly

School: Yankton Middle School

Favorite Subject: Science

Favorite Food: Cake

Favorite Color: Black



## Training Tip

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With big end of the season meets approaching this article talks about a great tool while swimming under pressure.

[Click here to view the article.](#)

# Yankton Swim Team Newsletter

## February 2020



## This Month

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- Sharks Invitational – Jan. 8-9
- B State – Jan. 21-23
- A State – Jan. 28 – March 1

## Next Month

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- Speedo Sectionals – March 12-15
- Midwest Regionals – March 28-29

\*Be mindful of deadlines. Make sure your athlete declares or declines for all meets.

## Monthly Quote

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“You must either modify your dreams or magnify your skills.”

- Jim Rohn

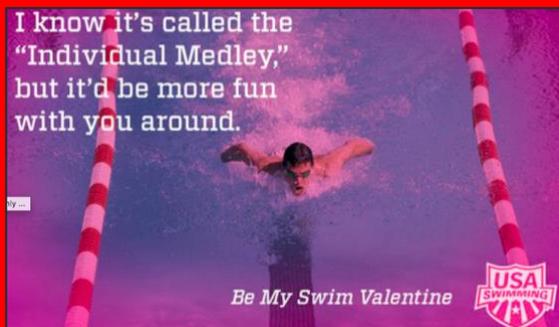
## Shout Out

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Shout out to everyone that have been and continue to work hard.

## MONTHLY MEME



## Message from the YST Board

Hello Tidal Waves!

It seems like we just started the season and now we are already getting close to the end with State B and State A meets just around the corner. I want to ensure that I remind you to read through the emails sent out recently by Coach Addison. It contains important information about all the qualifying meets that we have coming up. While it is very important information there may be confusing information if you are newer to swim team. If you are confused or concerned about any of the upcoming qualifying meets, please do not hesitate to contact the coach or a board member and even another parent that has been with the team for a few seasons to help you with questions.

The whole team has had a great season and great success together. I am truly excited to see how our team does as a whole and how each athlete does in the last few meets of the season. I would also like to take a second and congratulate all the Midwest Regional Qualifiers up to this point and those that have and are on the cusp of a Sectionals Qualifying time. These time standards are difficult to achieve and show a great amount of personal commitment. I would also like to take the time to congratulate Luke Jacobson, Camden Pietz, and Cohan Pietz for being selected and competing at All-Stars in Elk Horn, Nebraska a few weeks ago. Great Job all around to everyone and with what is left of the season I am excited to see what all the athletes on the team achieve.

I would like to touch on our last home meet for the season. While we did not have the turn out we would have liked to have I appreciate everyone's willingness to help and make it a success. We have a great team of parents that support our athletes which is what this is all about. All you do is appreciated by myself as well as the rest of the board. THANK YOU. To ensure that you are aware of how we turned out financially from the meet, our net profit from the meet was \$1071.00 and the duck plunge fundraiser we ran brought in \$360.00. We have a shortfall of \$488.27 in what we expected to bring in for our meet revenue of \$6000.00 for the fiscal year.

The Sponsorship/Donation committee has started its initial planning and will begin its campaign in the coming weeks. If you would like to be involved, please contact myself or Chris Jacobson. We will be running a fundraiser as we did last year working with Pizza Ranch on February 17<sup>th</sup>. Sign up for this event has been communicated by Andrea Maibaum.

Lastly, I would like to touch on communicating with either the coach or the board when you have questions/concerns or ideas for the team. The board's contact information can be found in the parent handbook that is available on our website. It contains our email addresses and our phone numbers. If you have a need we are all willing to listen and help you the best that we can. Addison can also be reached by phone or email as well. She does try to make herself available at practice however when we have different groups of swimmers practicing right after each other it may be difficult talk to her at the pool. She is more than willing to work a time with anyone to provide any help or answer any questions you may have. Parents and athletes are encouraged to discuss questions or concerns with the coach first if possible based on our Code of Conduct in our handbook. However it is perfectly fine to reach out to a board member with questions as well.

Thank you

*Matthew Pietz*