

HSA Covid Safety Protocol (updated 8.24.21)

Failure to comply with the following safety protocols will not be tolerated. Our goal at HSA is to protect our swimmers and coaches while still providing swim practices and associated activities. Anyone knowingly exposing other individuals associated with the program to COVID-19 will be expelled from the team.

If a swimmer or coach is positive for COVID, suspected to have COVID due to symptoms, or had a recent direct COVID positive exposure, they should not come to practice (see below).

HSA will start emailing groups that have a confirmed positive who has been to practice while respecting the member's privacy.

If a swimmer or coach tests positive for COVID, they are: not allowed back to practice for 10 days, and must be fully asymptomatic from COVID before returning to practice.

If a non-vaccinated swimmer or coach has a direct exposure to a COVID positive individual, they are: not allowed back to practice until 10 days post-exposure. If they have been completely asymptomatic during the 10 days, they are NOT required to be tested for COVID before returning.

If a fully vaccinated swimmer or coach has a direct exposure to a COVID positive individual, they are: not allowed back to practice until at least 3 days post-exposure, are completely asymptomatic, and have received a negative COVID test from a medical facility (no home testing) after 3 days post-exposure. Proof of vaccination communicated to Coach Matt Webber is also required.

All swimmers and coaches must wear masks when out of the water, unless they are outdoors and more than 6 feet from other individuals. This is in accordance with the Huntsville Park and Recreation mandate.

Direct exposure is dependent on the variables of time, distance, and use of mask. If in doubt, contact Coach Matt Webber, at coachmatt@swimhsa.org before returning to practice.