

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>21</p> <p>6am - 7:00a Nat/PN@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - Middle Schl Clinic@DB 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB</p>	<p>22</p> <p>6am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB 8:30pm - Dr Ross</p>	<p>23</p> <p>4:30pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - Middle Schl Clinic@DB 6:30pm - 7:30p Elementary@DB 6:30pm - 7:30p Sr/Jr@DB</p>	<p>24</p> <p>6am - 7:00a Nat/PN-WL@DB 8am - Dr Ross Bloodwork (NF) @ 4:30pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 7:30p Elementary@DB 6:30pm - 7:30p Sr/Jr@DB</p>	<p>25</p> <p>4:30pm - 5:30p Nat/PN@DB</p>	<p>26</p> <p>KP Short Course Kickoff @ KAC(ALL SWIMMERS) NO PIRANHA PRACTICE</p>	<p>27</p>
<p>28</p> <p>NO AM PRACTICE 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - Middle Schl Clinic@DB 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB</p>	<p>29</p> <p>5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB</p>	<p>30</p> <p>4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - Middle Schl Clinic@DB 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB</p>	<p>1</p> <p>5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB</p>	<p>2</p> <p>5:30am - 7:00a Nat/PN@DB 7:45am - Dr Ross @ Kingsport, 4pm - 5:30p Nat/PN@DB</p>	<p>3</p> <p>9am - 10:30a Na/PN/Jr@DB</p>	<p>4</p>

Mon	Tue	Wed	Thu	Fri	Sat	Sun
28 NO AM PRACTICE 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - Middle Schl Clinic@DB 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	29 5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	30 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - Middle Schl Clinic@DB 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	1 5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	2 5:30am - 7:00a Nat/PN@DB 7:45am - Dr Ross @ Kingsport, 4pm - 5:30p Nat/PN@DB	3 9am - 10:30a Na/PN/Jr@DB	4
5 5:30am - 7:00a Nat/PN@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - Middle Schl Clinic@DB 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	6 5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	7 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - Middle Schl Clinic@DB 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	8 5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	9 5:30am - 7:00a Nat/PN@DB 4pm - 5:30p Nat/PN@DB	10 9am - 10:30a Na/PN/Jr@DB	11
12	13	14	15	16	17	18
KCS Fall Break						
9am - 10:30a Nat/PN@DB 4pm - 5:30p Nat/PN@DB	9am - 10:30a Nat/PN@DB 4pm - 5:30p Nat/PN@DB	9am - 10:30a Nat/PN@DB 4pm - 5:30p Nat/PN@DB	9am - 10:30a Nat/PN@DB 4pm - 5:30p Nat/PN@DB	NO PIRANHA PRACTICE		
19 KCS Fall Break NO PIRANHA PRACTICE	20 5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	21 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - 7:15p Elementary@DB 5:45pm - 7:15p Sr/Jr@DB	22 5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	23 5:30am - 7:00a Nat/PN@DB 4pm - 5:30p Nat/PN@DB	24 9am - 10:30a Na/PN/Jr@DB	25
26 5:30am - 7:00a Nat/PN@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - 7:15p Elementary@DB 5:45pm - 7:15p Sr/Jr@DB	27 5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	28 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - 7:15p Elementary@DB 5:45pm - 7:15p Sr/Jr@DB	29 5:30am - 7:00a Nat/PN-WL@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 6pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	30 5:30am - 7:00a Nat/PN@DB 4pm - 5:30p Nat/PN@DB	31 9am - 10:30a Na/PN/Jr@DB	1