

Mon	Tue	Wed	Thu	Fri	Sat	Sun
28	29	30	31	1	2	3
KCS Winter Break						
9am - 10:30a Na/PN@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:45p Beginner@DB 5:45pm - 7:15p Elementary@DB 5:45pm - 7:15p Elementary@DB 5:45pm - 7:15p Sr/Jr@DB	9am - 10:30a Na/PN@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:45p Beginner@DB 5:45pm - 7:15p Elementary@DB 5:45pm - 7:15p Elementary@DB 5:45pm - 7:15p Sr/Jr@DB	9am - 10:30a Na/PN@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 6:45p Beginner@DB 5:45pm - 7:15p Elementary@DB 5:45pm - 7:15p Elementary@DB 5:45pm - 7:15p Sr/Jr@DB	9am - 10:30a Na/PN@DB	KP Holiday Break - NO PIRANHA PRACTICE HAPPY NEW YEAR		
4	5	6	7	8	9	10
KCS Winter Break 9am - 10:30a Na/PN@DB 4pm - 5:30p Nat/PN@DB 5:45pm - 7:15p Elem/Beg@DB 5:45pm - 7:15p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 7:45am - Dr Ross(bloodwork) 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB	9am - 10:30a Na/PN/Sr@DB	
11	12	13	14	15	16	17
5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	2:30pm - Dr Ross-physical 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB	9am - 10:30a Na/PN/Sr@DB	
18	19	20	21	22	23	24
MLK Holiday NO PIRANHA PRACTICE	5:30am - 7:00a Nat/PN@DB 8:30am - Dr Lawrence -Podiatry 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 8:25am - Dr Seaton @ The 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB	9am - 10:30a Na/PN/Sr@DB	
25	26	27	28	29	30	31
5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB	9am - 10:30a Na/PN/Sr@DB	

Mon	Tue	Wed	Thu	Fri	Sat	Sun	
1 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	2 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	3 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	4 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	5 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB	6 9am - 10:30a Na/PN/Sr@DB	7	
8 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	9 HSSL-DBVTN High@KAC @ 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	10 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	11 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	12 NE Regional Championship-Chattanooga(all swimmers eligible)		13 9am - 10:30a Na/PN/Sr@DB	14
15 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	16 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	17 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	18 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	19 SE Championships Huntsville, AL (qualifiers only)		20	21
22 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	23 HSSL-DBVSHHS@FRHAIL @ 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	24 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	25 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB 6pm - 7:30p Elem/Beg@DB 6:30pm - 8:00p Sr/Jr@DB	26 5:30am - 7:00a Nat/PN@DB 5pm - 6:30p Nat/PN@DB	27 9am - 10:30a Na/PN/Sr@DB	28	