

Mon	Tue	Wed	Thu	Fri	Sat	Sun
18	19	20	21	22	23	24
5:30am - 7:00a Nat/PN@DB 3:15pm - Middle School@DB 4:15pm - 5:45p Nat/PN@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 3:30pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	3:15pm - Middle School@DB 4:15pm - 5:45p Nat/PN@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 3:30pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	ACAC Short Course Invite @Oakridge, TN(all swimmers eligible) RCS Conference Day 9am - 10:30a Nat/PN@DB	9am - 10:30a Nat/PN/Sr@DB	
25	26	27	28	29	30	31
NO AM PIRANHA PRACTICE 3:15pm - Middle School@DB 4:15pm - 5:45p Nat/PN@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 3:30pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	3:15pm - Middle School@DB 4:15pm - 5:45p Nat/PN@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 3:30pm - 5:30p Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Sr/Jr@DB	5:30am - 7:00a Nat/PN@DB 3:15pm - Middle School@DB 4:15pm - 5:45p Nat/PN@DB	9am - 10:30a Na/PN/Sr@DB	

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 5:30am - 7:00a Nat/PN@DB 3:15pm - Middle School@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	2 5:30am - 7:00a Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Elementary@DB 6:30pm - 8:00p Nat/PN@DB 6:30pm - 8:00p Sr/Jr@DB	3 3:15pm - Middle School@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	4 5:30am - 7:00a Nat/PN@DB 11am - Pratik PA Rogers Clinic 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Nat/PN@DB 6:30pm - 8:00p Sr/Jr@DB	5 KP November Invite @ KAC(ALL SWIMMERS ELIGIBLE) NO PIRANHA PRACTICE - Team Meet 3:15pm - Middle School@DB	6 	7
8 NO AM PIRANHA PRACTICE 3:15pm - Middle School@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	9 5:30am - 7:00a Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Nat/PN@DB 6:30pm - 8:00p Sr/Jr@DB	10 3:15pm - Middle School@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	11 MS-Middle School Meet@KAC 5: NO PIRANHA PRACTICE	12 5:30am - 7:00a Nat/PN@DB 3:15pm - Middle School@DB	13 HS- PENTATHLON@KAC MSSL-CHAMPIONSHIPS@BTHS NO PIRANHA PRACTICE	14
15 5:30am - 7:00a Nat/PN@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	16 HS-DUAL MEET@KAC 5:30pm NO PIRANHA PRACTICE	17 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	18 5:30am - 7:00a Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Nat/PN@DB 6:30pm - 8:00p Sr/Jr@DB	19 5:30am - 7:00a Nat/PN@DB	20 Cranberry Classic@ KAC(all swimmers eligible) NO PIRANHA PRACTICE	21
22 5:30am - 7:00a Nat/PN@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	23 5:30am - 7:00a Nat/PN@DB 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Nat/PN@DB 6:30pm - 8:00p Sr/Jr@DB	24 NO PIRANHA PRACTICE Thanksgiving Holiday	25 	26 3:30pm - 5p Nat/PN/Sr@DB	27 9am - 10:30a Na/PN/Sr@DB	28
29 5:30am - 7:00a Nat/PN@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	30 HS-DBVSHHS@KAC NO PIRANHA PRACTICE	1 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	2 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Nat/PN@DB 6:30pm - 8:00p Sr/Jr@DB	3 	4 HS-East TN Classic@KAC NO PIRANHA PRACTICE	5

Mon	Tue	Wed	Thu	Fri	Sat	Sun
29 5:30am - 7:00a Nat/PN@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	30 HS-DBVSHS@KAC NO PIRANHA PRACTICE	1 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	2 5:45pm - 6:30p Beginner@DB 5:45pm - SwimAmerica 6:30pm - 8:00p Nat/PN@DB 6:30pm - 8:00p Sr/Jr@DB	3	4 HS-East TN Classic@KAC NO PIRANHA PRACTICE	5
6 5:30am - 7:00a Nat/PN@DB 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	7 HS-VHS@KAC 5:30pm NO PIRANHA PRACTICE	8 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	9 NO PIRANHA PRACTICE Swim N Tr Holiday Classic Prelim/Final	10	11	12
13 NO PIRANHA PRACTICE	14 5:30am - 7:00a Nat/PN@DB 5:45pm - 7:15p Nat/PN@DB 5:45pm - 7:15p Sr/Jr@DB 5:45pm - 7p Beginner@DB	15 6pm - 7:00p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	16 5:30am - 7:00a Nat/PN@DB 5:45pm - 7:15p Nat/PN@DB 5:45pm - 7:15p Sr/Jr@DB	17 5:30am - 7:00a Nat/PN@DB	18 9am - 10:30a Na/PN/Sr@DB	19
20 3:30pm - 5p Nat/PN@DB 5pm - 6:30p Ele/Jr/Sr@DB 5pm - 6p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Nat/PN@DB 6pm - 7:30p Sr/Jr@DB	21 3:30pm - 5p Nat/PN@DB 5pm - 6:30p Ele/Jr/Sr@DB 5pm - 6p Beginner@DB 5:45pm - 7:15p Nat/PN@DB	22 3:30pm - 5p Nat/PN@DB 5pm - 6:30p Ele/Jr/Sr@DB 5pm - 6p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Sr/Jr@DB	23 3:30pm - 5p Nat/PN@DB 5pm - 6:30p Ele/Jr/Sr@DB 5pm - 6p Beginner@DB 5:45pm - 7:15p Nat/PN@DB	24 NO PIRANHA PRACTICE	25	26
27 3:30pm - 5p Nat/PN@DB 5pm - 6:30p Ele/Jr/Sr@DB 5pm - 6p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Sr/Jr@DB	28 3:30pm - 5p Nat/PN@DB 5pm - 6:30p Ele/Jr/Sr@DB 5pm - 6p Beginner@DB 5:45pm - 7:15p Nat/PN@DB	29 3:30pm - 5p Nat/PN@DB 5pm - 6:30p Ele/Jr/Sr@DB 5pm - 6p Beginner@DB 6pm - 7:30p Elementary@DB 6pm - 7:30p Sr/Jr@DB	30 3:30pm - 5p Nat/PN@DB 5pm - 6:30p Ele/Jr/Sr@DB 5pm - 6p Beginner@DB 5:45pm - 7:15p Nat/PN@DB	31 NO PIRANHA PRACTICE	1	2