

# CATCH THE BRISTOL PIRANHAS AT TN HIGH!

The *Bristol Piranhas* is a comprehensive swimming program sponsored by the *Kingsport Piranhas*; offering year-round instruction, training, and competition for individuals of all ages and abilities (pre-school to adult). Our quality program attracts individuals from all areas of the Tri-Cities. Anyone from beginner swimmer to potential Olympic champion can join our program.

For those ready for competitive swimming, the *Piranhas* provide committed and motivated young swimmers the opportunity to train seriously in preparation for higher levels of competition. *Piranha* swimmers strive to rank among the top swimmers in their age categories and are provided an individualized training program designed for success in state, regional, national, and international competition.

## Coaching Staff

The *Piranhas'* coaching staff is one of the most experienced in the Tri-Cities. Head Coach & Director, **Jorge Blasini**, has over 43 years of experience coaching age group swimmers. Prior to relocating to Kingsport in 2006, Coach Jorge was the Head Coach and Aquatic Director for 23 years at Isidore Newman School in New Orleans, Louisiana where he founded the NU Wave Swim Club and led Newman High-School to 13 state championships. He and his wife, Cheryl, have 2 daughters, 1 son, and 4 grandchildren. In August of 2016, **Marcel Jorge Blasini** joined the coaching staff and began coaching the Red, White, & Blue groups. As Coach Jorge's son, Marcel was born into swimming and grew up competing in several Louisiana State Championships with the NU Wave Swim Club. He is a graduate of Isidore Newman High-School, a veteran of the United States Navy, and now a full-time student at ETSU studying Sports Management. Coach Marcel is also a single dad with one son, Anthony.

Assisting with the coaching is Shana Parsons. Coach Parsons has coaching experience at Emory&Henry, Patrick Henry High, and the NETS at TN High. We welcome her experience and enthusiasm.

## Training Facilities

The *Bristol Piranhas* conduct all training at the 6 lane 25 yard *Tennessee High Viking Hall Pool; 1112 Edgemont Ave; Bristol, TN 37620*. The *Kingsport Piranhas* train at two locations: the Dobyns-Bennett High School located at 1800 Legion Street; and the Kingsport Aquatic Center located at 1820 Meadowview Parkway. The Dobyns-Bennett facility is a 25-meter indoor L-shaped six lane pool. The Kingsport Aquatic Center is an indoor 3 pool complex with an outdoor waterpark and features an 8 lane 50-meter indoor, air-conditioned pool with bleacher seating, a warm water 4 lane teaching/lap pool, and a slide/rec pool.

## Training Groups

The *Piranhas* use a "progressive" age group program designed to develop the child physically, mentally and emotionally in a systematic fashion. A well-defined, long-term approach of gradually increasing degrees of commitment is essential to reach peak performance levels during a swimmer's physiological prime.

The **Beginner** group is for swimmers that are new to the sport of competitive swimming. These children have shown an interest in swimming, are comfortable in the water, and are willing and able to follow the coach's instructions. The swimmer can already complete one pool length (25 yards) of both freestyle and backstroke with reasonably good form. The technical goals of the group include learning and refining the four competitive strokes (Freestyle, Backstroke, Breaststroke, and Butterfly), proper turns, and starts.

**Attendance recommendations:** 2 times per week.

Other sports activities outside of swimming are both accepted and encouraged, especially those that emphasize body awareness and cardiovascular conditioning (examples: gymnastics, karate, soccer).

**For the Advanced Swimmer** training groups are assigned based on the skill and level of commitment that the swimmer possesses. Visit our website or click on the following link: [Kingsport Piranhas Brochure](#) for more information visit our website: [www.KingsportPiranhas.com](http://www.KingsportPiranhas.com)

**Please Note: ALL Practices for the Bristol Piranhas will be conducted at the Tennessee High Pool. The training and competition schedule is posted on the website and distributed by e-mail. It is important that you have your correct e-mail on your account information to receive notices and invoices.**

## Beginner Group Practice Times:

Starting January 10th, 2022

(more info can be found on our web site)

**Monday/Wednesday/Friday 6:00pm – 7:15pm**

## Advanced Group Practice Times:

Starting January 10th, 2022

(more info can be found on our web site)

**Monday/Wednesday/Friday**

**6:00pm – 7:45pm**

**There will also be Saturday Practices available for All groups TBA on 1/15, 2/12, 3/5, 4/9, 4/23, 4/30, 5/14, 5/21, 5/28**

**Equipment Required:** goggles, *Finis* snorkel, silicone padded nose plug, fins, pull buoy, kickboard, *Finis* paddles, mesh bag. **Swim N' Tri**

is our recommended vendor for these products on our website under the [Team Gear Link](#)

## Training Fees (as of 1/1/22)

The *Bristol Piranhas* is a year-round program. Dues are based on the practice group a swimmer belongs to. Dues may be paid monthly or annually.

**Registration Fee (as of 1/1/22): \$100.00\***

**\*Bristol Clinic Attendees will receive a \$40 credit**

	Monthly	Annual Plan
All Groups	\$85	\$535

**Annual payment is due when you register**  
**Monthly payments are due at registration & the 1st of each month.**

For your convenience and for more accurate processing, we have an online registration, payment and billing system. ***The preferred method of payment will be MasterCard, Visa, Discover or electronic debit for all payments.*** **There will be an additional \$10.00 processing fee for all transactions paid by paper check.**

**Monthly Payment Plan:** Those selecting the monthly payment plan for payment of their annual membership will have their payments debited automatically on the first of the month on the credit card or checking account that you must designate starting when you register and every 1<sup>st</sup> of the month through July 1<sup>st</sup>.

**Annual Payment Plan:** Families who chose this option must pay the full amount at registration.

**Financial Assistance:** If a child qualifies for the Federal Lunch Program, reduced USAS and training fees apply.

### **Meet Fees**

Swim meet participation plays a very important role in the development of our swimmers. We select quality meets and venues that enhance the competitive experience for our swimmers and families. Meet fees are based on the number of events swum at each meet; typically, around \$6 per event, plus a facility surcharge per swimmer, between \$10-\$20 per meet. A daily fee of \$10 per swimmer is assessed for out-of-town meets to help defray the costs associated with sending a coach to the meet.

*To facilitate our meet entry process and payment of entry fees, all meet entry fees will be billed and charged to the swimmers account once the entry is finalized.* Accounts are established for each family to handle all transactions including meet entry fees and additional charges such as swim suits, goggles, and other miscellaneous items. Each family will have an online account and access code.

This is a service to our members, and we ask your cooperation in keeping your account up to date. For your convenience, we will be accepting MasterCard, Visa, Discover, AMEX, and ACH for all payments.

**PLEASE NOTE!** Team entries are submitted to the host team a minimum of two weeks prior to the event date. If there is a conflict which will not allow a swimmer to participate, **the swimmer(s) status must be declared for the meet on the website by the meet entry deadline** to have your swimmer(s) excluded from a meet entry. **ALL SWIMMERS' STATUS MUST BE DECLARED ON THE MEET ENTRY PROCESS IN ORDER TO AVOID PAYING ENTRY FEES! Once an entry has been submitted, families will be charged accordingly whether or not swimmers participated. All entries are final!**

### **PARENTAL INVOLVEMENT**

Swimming is a unique sport in that successful clubs have a strong, dedicated corps of parents that can be counted on to actively support the coach and the activities of the club. *Bristol Piranhas'* parents are expected to do their part to help make the team a better experience for everyone involved. Parents can be involved in 3 main ways:

1. Volunteer to help either at team functions or behind the scenes. Volunteering can be simple, such as timing at a swim meet, or more in depth, such as becoming a

certified official; or organizing a team function.

2. Support your child's efforts and encourage his/her dedication

3. Take care of the "hidden training" – the 20-plus hours of the day that a child is not in the pool swimming. Proper nutrition, adequate rest, keeping up on studies – these types of things impact a swimmer's performance in the water.

### **Piranha Website & Methods of Communication**

**Website:** [www.KingsportPiranhas.com](http://www.KingsportPiranhas.com)

**Email:** [swimKingsport@gmail.com](mailto:swimKingsport@gmail.com)

**Phone:** 423-967-4264

**Facebook:** [Kingsport Piranhas](#)

**Twitter:** [KP Swim Club](#)

**Instagram:** [kingsport\\_piranhas](#)

**YouTube:** [Kingsport Piranhas](#)

**Mobil App:** [On Deck](#)

**Remind App:**

[www.remind.com/join/kingsportp](http://www.remind.com/join/kingsportp)

**Class Code:** @kingsportp

*All communications from the coaching staff are sent through the website, so it is important that your email information and text messaging numbers are up to date and correct. Team Unify, our website providers, also have a mobile application for IPAD and Android users called "On Deck" which integrates with our website and is used by the staff to send emergency notifications.*

*For further information contact*

**Coach Jorge Blasini**

**423-967-4264**

**[swimKingsport@gmail.com](mailto:swimKingsport@gmail.com)**

**THE BRISTOL PIRANHAS  
HAVE FUN SWIMMING FAST!!!**

**CAN YOU CATCH  
THE  
BRISTOL PIRANHAS  
SWIM TEAM?**



**[www.KingsportPiranhas.com](http://www.KingsportPiranhas.com)**

**423-967-4264**

**[swimKingsport@gmail.com](mailto:swimKingsport@gmail.com)**

**Kingsport, TN**

**Proudly serving the  
Tri-Cities community!**