

Mon	Tue	Wed	Thu	Fri	Sat	Sun
6 7am - 9:00a Nat/PN@DB 10:30am - Pratik-Performance 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	7 6am - 8:00a Nat/PN@KAC 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 5:30pm - SwimAmerica@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	8 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	9 6am - 8:00a Nat/PN@KAC 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 5:30pm - SwimAmerica@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	10 Model City Invitational-KAC NO Piranha Practice	11	12
13 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 5:30pm - SwimAmerica@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	14 ETSSL@KAC/RFF@KAC-6p 6am - 8:00a Nat/PN@KAC 6pm - SwimAmerica@BTHS	15 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	16 6am - 8:00a Nat/PN@KAC 11:30am - St Jude Giveaway 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 5:30pm - SwimAmerica@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	17 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	18 8am - 10a Na/PN/Sr@DB 11am - 12:30p Bristol P@BTHS	19
20 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 5:30pm - SwimAmerica@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	21 ETSSL@Church Hill SR-6p 6am - 8:00a Nat/PN@KAC 6pm - SwimAmerica@BTHS	22 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	23 6am - 8:00a Nat/PN@KAC 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 5:30pm - SwimAmerica@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	24 KP Summer Blast@KAC(all swimmers eligible) NO Piranha Practice	25	26
27 NO Piranha Practice	28 ETSSL@Elizabethan HS-6p 6am - 8:00a Nat/PN@KAC 6pm - SwimAmerica@BTHS	29 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	30 6am - 8:00a Nat/PN@KAC 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 5:30pm - SwimAmerica@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	1 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	2 8am - 10a Na/PN/Sr@DB 11am - 12:30p Bristol P@BTHS	3

Mon	Tue	Wed	Thu	Fri	Sat	Sun	
27 NO Piranha Practice	28 ETSSL@Elizabethan HS-6p 6am - 8:00a Nat/PN@KAC 6pm - SwimAmerica@BTHS	29 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	30 6am - 8:00a Nat/PN@KAC 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 5:30pm - SwimAmerica@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	1 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	2 8am - 10a Na/PN/Sr@DB 11am - 12:30p Bristol P@BTHS	3	
4 NO Piranha Practice	5 6am - 8:00a Nat/PN@KAC 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 5:30pm - SwimAmerica@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	6 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	7 6am - 8:00a Nat/PN@KAC 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	8 2022 Ensworth LC Invitational-Nashville, TN @ Allan Jones Aquatic Center, 2200 Andy Holt Ave SW, NO Piranha Practice			10
11 Bristol Time Change 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	12 ETSSL@BSC-6p 6am - 8:00a Nat/PN@KAC	13 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	14 SE Long Course Championships - Huntsville, AL 6pm - SwimAmerica@BTHS 6:30pm - 7:45p Bristol P@BTHS				17
18 NO Piranha Practice	19 6am - 8:00a Nat/PN@KAC 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	20 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	21 6am - 8:00a Nat/PN@KAC 3:30pm - 5:15p Nat/PN/Sr@DB 5:30pm - 6:15p Beg/SSL@DB 6pm - SwimAmerica@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB 6:30pm - 7:45p Bristol P@BTHS	22 7am - 9:00a Nat/PN@DB 3:30pm - 5:15p Nat/PN/Sr@DB 4:15pm - 6:00p Nat/PN@DB 5:15pm - 6:15p Beg/SSL@DB 6pm - 7:45p Bristol P@BTHS 6:15pm - 7:45p Sr/Jr/Ele@DB	23 ETSSL Championships@KAC NO Piranha Practice	24 Piranha Splash Party Soaky Mountain-Sevierville	
25 Summer Break-NO Swim Practice - Fall Session Starts August 15th							
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