

Nightmare Before Christmas Swim Meet

December 10 - 12, 2021

Sponsored Shockwave Aquatic Team (Tupelo)

Sanction Held under the sanction of USA Swimming and MS Swimming, Inc.
Sanction: MSI #

Meet Director Cameron Brandao
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shockwaveheadcoach@gmail.com

Meet Referee Nancy Leigh McDade
(662)231-4800
nancyleigh@rebfamily.com

Location Tupelo Aquatic Center
692 North Veterans Memorial Blvd.
Tupelo, MS 38804
(662) 401-7550

Schedule Friday, December 10
Warmups: 5:00pm
Meet Start: 6:00pm
Saturday & Sunday AM, December 11 - 12
Warmups: 7:30am
Meet Start: 9:00am
Saturday & Sunday PM, December 11 - 12
Warmups: 11:30am
Meet Start: 1:00pm
**Length, number, and specific time of warm-up sessions may be adjusted after all entries are received.*

Format All events will be conducted in SCY as Time Finals in accordance with USA Swimming Rules and Regulations.
All events on Friday evening will require a positive check-in and will be deck seeded. Positive check-in will close at 5:30pm.
500 Freestyle (Friday PM) will be swum fastest to slowest.
All events for Saturday and Sunday (morning and afternoon sessions) will be run Slowest to Fastest.
Seeding will be according to Article 102.5 of USA Swimming Rules and

regulations.

- Facility** Indoor 8 lane (m), 20 lanes (short course yard), 50 meters by 25-yard competition pool.
The competition venue for long course is one eight lane course, minimum width 9'. The depth is 7'5" to-12'5" for short course.
The competition venue for short course is an 8-lane course, minimum width 9' on the north end. The competition venue for short course will be set for 8 lanes, minimum width is 7'11". The depth ranges from 5" to 7'.
The competition courses have been certified in accordance with Article 104.2.22c (4).
Equipment includes Paragon Track Start Competitor blocks.
The building is designed with permanent seating upstairs for 970 spectators/swimmers.
- Timing** The timing system is a Colorado Time System Gen 7, Colorado Aquagrip pads, Colorado System Full Matrix LED Scoreboard, Colorado Backstroke Ledges and Hy-Tek 7 Meet Manager.
- Rules** Current USA Swimming Rules and Regulations will govern the conduct of the meet unless otherwise noted herein.
Condition of this sanctioned event shall in every respect to all technical and administrative rules of USA Swimming and Mississippi Swimming including Minor Athlete Abuse Prevention Policy (MAAPP).
There is NO PHOTOGRAPHY & NO VIDEO of ANY permitted behind the starting blocks per USA Swimming rules.
At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warmups, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.
Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
All coaches and officials MUST constantly display their current USA Swimming credentials or be prepared to present their USA Swimming ID card as proof of their registration to the MEET Director or a designee at any time. The Meet Referee reserves the right to ask for coach credential display and/or deny deck access if a coach does not comply or the card is no longer valid/current.
Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, restrooms, or locker rooms.
Changing into or out of swimsuits other than in the locker rooms or designated

changing areas is NOT allowed. “Deck changing” is strictly prohibited.

It is understood and agreed that USA Swimming and Mississippi Swimming, Inc. shall be free from any liabilities or claims for damages arising by any reason of injuries to anyone during conduct of this event.

Swimwear worn at MSI meets must conform to USA Swimming Rules and Regulations which can be found in Art. 102.8 and subsequent revisions thereof, its interpretation and provision for exemptions based on a swimmer’s religious beliefs or medical condition.

Operation of a drone, or any other flying apparatus is prohibited over the venue (pools, athletic/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present.

Public restrooms are available in the lobby of the Tupelo Aquatic Center. The family restrooms are located on the south end of the pool deck by the warm-up/cool down pool.

Eligibility No entrant will be permitted to compete unless the entrant is a member of USA Swimming as provided in Article 302.

The age of the swimmer on December 10, 2021 determines the age for the entire swim meet.

If a swimmer is not properly registered with USA Swimming and competes in a sanctioned competition, MS Swimming will impose a fine of \$100.00 per event against an individual, member coach or member club submitting the entry.

Swimmers with disabilities are welcome. Please fill out the ‘Information form for Disabled Swimmers’ and email to the Meet Director and Referee.

Warm Up Assigned lanes will be sent out to coaches/teams the week of the meet, and assignments will be posted around the competition pool. MSI warm guidelines will be followed. Supervised diving, backstroke starts and pace is permitted with one-way traffic.

Reporting Swimmers in all events will report directly to the blocks/or start end of pool in the correct assigned racing lane at the proper time. It is the responsibility of the swimmer to report to his/her assigned lane at the proper time.

Entry Limit Each swimmer may swim up to 3 individual events per day and relays per day.
A swimmer must be 9 years of age to enter an Open event.

Entries Entries must be electronically submitted.

Deadline: **Thursday, December 2, 2021 @ 8pm**

Email entries to shockwaveheadcoach@gmail.com

All Deck Entries must be submitted to the Meet Referee no less than 1 hour before the session begins. Deck Entries will be permitted in available lanes, and no new heats will be created. All deck entries are double the entry fee.

An entry report will be sent back to coaches to be checked for accuracy.

Entry Fees \$5.00 MSI, Inc per swimmer surcharge
\$4.00 per individual event
\$10.00 per relay event
\$5.00 per swimmer facility charge
\$5.00 Heat Sheet Fee (Will be posted on website and MeetMobile, but will not be sold at the venue. Heat sheets will be passed out to coaches upon arrival.)
Payment must be made before contesting events.
Checks should be made payable to **Shockwave Aquatics**

Scoring Individual events will be scored for the Top 10 places by age group as stated below:
9-7-6-5-4-3-2-1
Double points for relays

Awards Individual & Relay Events:
Medals 1st - 3rd place (12 & Under)
Ribbons 4th - 8th place (12 & Under)
Meet Caps will be given to each 13 & Over entrant in lieu of awards.
High Point Awards
Given for the first-place male and female in the following age groups: 8 & Under, 9 - 10, 11 - 12, 13 - 14, 15 & Over
Team awards will be given for the 1st thru 3rd place teams.

Condition of Sanction as it pertains to COVID-19

We have taken enhanced health and safety measures. You must follow all posted instructions while in attendance of this swim meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending this meet, you voluntarily assume all risks related to exposure to COVID-19.” USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MISSISSIPPI SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.