

2021 Nightmare Before Christmas- Warmup & Timing Assignments

Friday PM- Session start @ 6pm

Warmup (5 - 5:45pm)

OPEN WARMUPS.

MSA warmup to start no later than 5:15
(all swimmers)

Timing (1 timer per lane)

Head Timer: SWAT-Tup

Lanes 1 - 5: SWAT- Tup

Lane 6: MTYS

Lane 7: Swim Columbus

Lanes 8: MSA Need MSA volunteer

Saturday- Session start @ 11am

Warmup (9:45 - 10:50am)

Lanes 00 - 6 (NS)- SWAT

Lanes 7 (NS) - 2 (SS)- MTYS

Lanes 3 - 6 (SS)- SCSO

Lanes 7 - 9 (SS)- MSA

Lane 10 (SS)- MAKOS

MSA 10 & Under - 9:45 to 10:15

MSA 11 & Over - 10:15 to 10:45

Timing (1 timer per lane)

Head Timer: SWAT- Tup

Lanes 1 - 3: SWAT- Tup

Lane 4: SWAT- Oxf

Lane 5: SWAT- Stark

Lane 6: MTYS

Lane 7: SCSO

Lane8: MSA Need MSA volunteer

Sunday AM- Session start @ 11am

Warmup (9:45 - 10:50am)

Lanes 00 - 6 (NS)- SWAT

Lanes 7 (NS) - 2 (SS)- MTYS

Lanes 3 - 6 (SS)- SCSO

Lanes 7 - 9 (SS)- MSA

Lane 10 (SS)- MAKOS

MSA 10 & Under - 9:45 to 10:15

MSA 11 & Over - 10:15 to 10:45

Timing

Head Timer: SWAT- Tup

Lanes 1 - 3: SWAT- Tup

Lane 4 - 5: SWAT- Oxf

Lanes 4 - 5: Jets

Lane 6: MTYS

Lane 7: SCSO

Lane8: MSA Need MSA volunteer