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| **Logo  Description automatically generatedKYLE PARKER INVITATIONAL****JANUARY 29-30, 2022** |
| **Hosted by:** | **Madison Swimming Association (MSA)**[www.madisonswimming.org](http://www.madisonswimming.org) |
| **SANCTIONED BY:** | Held under the sanction of USA Swimming and Southeastern Swimming, Inc.  |
| **SANCTION NUMBER:** | **22SEMSA01-29** |
| **SANCTION NUMBER FOR TIME TRIAL:** | **22SEMSA01-29TT** |
| This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc. In applying for this sanctioned event, Madison Swimming Association agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Southeastern Swimming, the State of Alabama and Madison City. |
| **Covid 19 – Liability Disclaimer**An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTHEASTERN SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. |
| **LOCATION:** | [**Dublin Aquatic Center**](https://www.madisonal.gov/Facilities/Facility/Details/Dublin-Memorial-Park-352)8324 Old Madison PikeMadison, AL 35758Park Sign | *Please note:** *City of Madison Dublin Aquatic Center is a smoke-free environment.*
* *Parking behind the facility and in the circular drive (excluding disability parking access) is strictly forbidden. Vehicles illegally parked will be subject to towing by local authorities.*
 |
| **FACILITIES:** | Indoor PoolPOOL - One Indoor 8-lane; 25-yard competition pool. Non-turbulent lane lines with 4-foot minimum and 9-foot maximum pool depth. Racing blocks for all events. Fully automatic Colorado System 6 electronic timing system and one scoreboard with 8-lane, time, and place display. Manual back-up. The competition course has not been certified in accordance with 104.2.2C(4). ***CAUTION: The pool portion of the facility has chronic HVAC issues and will not be completely repaired to support this meet. MSA has adjusted meet times to compensate for the potential cool air temperatures in the pool area. Water temperature is separately controlled.******Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.******Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.*** |
| **RULES:** | **A person swimming in a pool  Description automatically generated with low confidence**Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet. See: [USA Swimming – 2022 Rulebook.pdf](https://www.usaswimming.org/docs/default-source/governance/governance-lsc-website/rules_policies/2022-rulebook.pdf)The swimmer must wear only one swimsuit in one or two pieces, except as provided in 205.10.1.  All swimsuits shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. No technical suits shall be worn by any 12 and Under USA Swimming athlete member in competition at any sanctioned, approved, or observed meet. Note - 102.8.F |
| **SAFETY:** | In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool rules and to conduct themselves in a safe and prudent manner as defined in the USA Swimming Rules and Regulations. Please be advised that the depth of the water at the shallow end of the pool is 4-feet minimum. No Racing Dives permitted at the shallow end of the pool during warm-ups. Please caution your swimmers about the water depth. **Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**Although Madison Swimming Association has taken measures to provide a safe environment, individuals are expected to follow the Madison City, Dublin Park Rules and Guidelines (see Appendix A) while visiting Dublin Park, Madison, AL. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By visiting Dublin Park, Madison, AL, you voluntarily assume all risks related to exposure to COVID-19. |
| **ELIGIBILITY:** | All participants must be USA Swimming registered athletes - Southeastern Swimming. Entries will not be accepted without current registration numbers. **Note:** There will be no USA Swimming registration at the meet. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer’s age on the first day of the meet will determine his or her age for the entire meet. Competition will be broken into 8 & Under, 9-10, 11-12, and Senior (12 are allowed, but predominantly this is reserved for 13 and older) age groups. Results will be posted separately by 8 & Under, 9-10, 11-12, 13-14, and Senior (15-18) age groups. |
| **MEET FORMAT:** | This is a timed finals meet. Meet management reserves the right to either add breaks in between events or add/combine/or split sessions to allow for a better competitive atmosphere or comply with COVID-19 guidelines/protocols.Positive check-in is required for Deck-Seeded Events (see below). See *Appendix A: Special Guidelines and Other Information* for additional format information.  |
| **WARM UP:** | Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The warm-up assignments will be posted on the **MSA** website and provided in the coach packets. Racing Dives will only be allowed during the last 10 minutes of warm-up session with swimming allowed in one direction away from blocks. If a 6-lane pool is used, a warm-up/cool-down lane will be available for entire session. **Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm up prior to each session.** |
| **STARTING TIMES:** | **Saturday and Sunday Session Targeted Cadence:****MORNING Session: 10 and Under Swimmers*** Warm-up (both days): 9:15-10:15 AM (same each day)
* Competition (both days): 10:30 AM (same each day)

**AFTERNOON Session: 11 and Over Swimmers*** Warm-up will begin 15minutes after conclusion of Morning Session, with competition starting 75minutes after warm-up begins
* ***Estimated*** Warm-up: 1:15 PM
* ***Estimated*** Competition: 2:30 PM

Sessions will be competed in either an 8-lane or 6-lane format. **All** swimmers will be expected to utilize the Staging Area and Bull Pen. Host team reserves the right to alter the assignment of which age groups compete in which session depending on estimated meet timelines. Coaches will be informed 3 or more days prior to the start of competition. |
| **COACHES:** | A coaches' meeting will be held Saturday at 10:15 AM in the Hospitality room. SES rules dictate that “coaches shall display, when requested, their USAS Membership cards to be allowed on deck at any SES sanctioned meet. Compliance shall be the responsibility of the Host Meet Referee/Director – they may assign the responsibility to other meet personnel.” Therefore, all coaches are required to be prepared to display their valid USAS Membership cards or deck pass when asked by meet personnel. |
| **OFFICIALS:** | Meet Director: Douglas Parkinson (256) 289-0410, douglas@parkinson925.netMeet Referee: Gregg McAdams, (256) 652-4998, Gregg.mcadams@hotmail.com Admin Official: Britt Blankenship, (256) 426-9662, mbrittb00@gmail.com **Note:** All officials planning on being at the meet and working some or all sessions should contact the Meet Referee. Completion of Stroke & Turn test is required for XJ to work on deck. Bring apprentice card if you have one. Officials Meetings will be held 30-45 minutes prior to the start of each session.**Note:** A Stroke and Turn Clinic may be held, those interested should contact the Meet Referee, directly |
| **ENTRIES:** | Swimmers may enter no more than **five (5)** individual events per day for Saturday and Sunday. For SES session time limitations, the meet may be limited by one or all of the following: * Approximately 160 swimmers per session
* For events 400 yards & longer, the first 24 entries received with fees

If an entry error is due to an **MSA** error, the entire event will be re-seeded. If an entry error is due to any other cause, the MR has the sole authority to add an entry. This entry will be considered a “late entry” for seeding purposes.Entry forms must be legible and complete. Entry forms must include the swimmers first and last name, age, USA Swimming registration number and yard times for each individual event. Teams who have HYTEK’S TEAM MANAGER should submit their entries by e-mail to the Admin Official, Britt Blankenship at mbrittb00@gmail.com. See below for the deadline for mailed entries. Phone or fax entries will not be accepted. Meet results will be e-mailed to the address provided on the Team Information form.Real-time heat/lane assignments & meet results will be available through the Meet Mobile app from Hy-Tek. |
| **ENTRY FEES:** | $6.00 per individual event ($8.00 per individual event late entry)$4.00 SES surcharge per individual swimmer$10.00 Facility Fee per individual swimmer – Includes heat sheet on [**MSA**](http://www.madisonswimming.org/) website & on Meet Mobile app.**NOTE**: All entry fees are non-refundable. Late entries will be accepted 24 hours prior to the start of the meet. No new heats will be formed after the meet has been seeded. Late entered individual events will be given a “No Time Seeding”. |
| **ENTRY DEADLINE:** | All entries (electronic or hard copy) and supporting paperwork (i.e. team information & summary form, signed liability release, and entry fees including surcharges) must be received by the entries chairman on or before **Tuesday, 11:59PM, January 18th, 2022**. Please make checks payable to **MSA** and note that all entry fees are non-refundable. A scanned .pdf copy of the entry forms can be e-mailed but the original liability form must be presented in order for the swimmer to take part in their event. Late entries might be accepted up to 24 hours prior to the 1st Session but is at the discretion of the Admin Official. Any late entries accepted will be given “No Time Seeding.” Please note, no swimmers can be considered as entered in the meet, until the entry fees have been received and priority will be given to paid swimmers, regardless of the date of receipt of the entry information.**Waivers and entry fees, including all meet fees and surcharges, should be mailed to:**Britt Blankenship 100 Davion CourtMadison, AL 35758Tel: (256) 426-9662mbrittb00@gmail.com |
| **DISABILITIES:** | Swimmers with disabilities are welcome. Please complete the “Information Form for Disabled Swimmers” and return it with the entries. |
| **RELAYS:** | NONE.  |
| **PENALTIES:** | No additional information. |
| **DECK SEEDED EVENTS:** | All swimmers must be registered prior to the start of competition. Swimmers must positive check-in with the Admin Official for all deck-seeded individual events or will be legally scratched from the event. Positive Check-In deadlines are:* 500, 1000, & 1650 Freestyle: 30 minutes **AFTER** the respective session competition starts
* 400 IM: 30 minutes **BEFORE** Session 4 competition starts
 |
| **POSITIVE CHECK-IN OR SCRATCHING:**  | **Only the swimmer or his/her coach may check-in or scratch a swimmer.** If swimming an event, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer’s name. If scratching, the swimmer or his/her coach shall draw a line through the swimmer’s name and place their initials next to it. All coaches must provide positive confirmation of any known variation of swimmer attendance to the Admin Official prior to the start of each session.  |
| **TIME TRIALS:** | Time Trials will be held at the conclusion of any session, **time permitting**, at a **coach’s request** and the **approval of the Meet Referee**. Time Trials are primarily intended for swimmers attempting to qualify for National Championships, Sectional Meets, LSC Championship, or other USA-S qualifying meets. Athletes whose entry times do not closely approach these time standards may be denied entry into time trials. Athletes may enter as many time trial events as desired as long as they do not exceed 5 events per day limit. Fees: $8.00 per individual event. Sign-up deadlines will be one hour after the start of each session.  |
| **SCORING:** | Individual events: 9-7-6-5-4-3-2-1.**Note:** 12-year-old swimmers who swim in the Senior events will not score points in those events. |
| **AWARDS:** | High Point Awards for 1st Place (female and male) for 8 & Under, 9-10, 11-12, 13-14, and Senior age groups. Ribbons will be given for 1st through 8th place for 10 & Under age groups. Other miscellaneous awards/prizes may be given.  |
| **SPECIAL NOTE:** | Should there be any question, **MEET OFFICIALS** will recognize **ONLY** coaches or their designated representatives. The Referee reserves the right to combine heats and/or events. |
| **MEET EVALUATIONS:** | Please send any comments, suggestions, or evaluations concerning the meet to:John Boxmeyer, jboxmeyer@hotmail.com |
| **SPECTATORS:** | Full access to the gym with limited access to pool deck is permitted. See Appendix A: *Special Guidelines and Other Information* for additional access information.  |
| **CONCESSIONS:** | Will be available and in the main hallway for purchase. |
| **HOSPITALITY:** | Drinks, snacks, breakfast and lunch will be provided to coaches, officials, and **all-day** meet workers. |
| **VENDORS:** |  ***1st Place Athletics*** Eagle Sportz ***Eagle Sportz***  |
| **PREFERRED HOTEL:** | Best Western Plus of Madison offers a discount to swim families attending **MSA** meets.

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| Macintosh HD:Users:jbusby:Documents:msaboard:2016:Best Western Plus New Logo.jpgMadison – Huntsville Hotel9035 Madison Blvd.Madison, AL 35758256-772-7170 | **Two Queen Bedroom****$81.00**Complimentary Breakfast, Port of Madison Restaurant on-site, Business Center, Fitness Center, Guest Laundry, Outdoor Pool & Hot Tub, Shuttle within a five-mile radius (including event) |

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**ORDER OF EVENTS**

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| **Session 1: Saturday AM** |
| **Warm-Up: 9:15 AM** | **Competition: 10:30 AM** |
| **Event #:** | **Gender** | **Event Title** |
| 1 | Mixed | 9 & 10  | 50 | Fly |
| 2 | Mixed | 8 & Under | 25 | Fly |
| 3 | Mixed | 9 & 10  | 100 | Back |
| 4 | Mixed | 8 & Under | 50 | Back |
| 5 | Mixed | 9 & 10  | 200 | Free |
| 6 | Mixed | 8 & Under | 100 | Free |
| 7 | Mixed | 9 & 10  | 50 | Breast |
| 8 | Mixed | 8 & Under | 25 | Breast |
| 9 | Mixed | 10 & Under | 100 | IM |
|   |   |  *--- BREAK ---* |
| 10 | Mixed | 10 & Under | 500 | Free |
|  |  |  |  |  |
| **Session 2: Saturday PM** |
| **Warm-Up: Not before 12:45 PM** | **Competition: Not before 2:00 PM** |
| **Event #:** | **Gender** | **Event Title** |
| 11 | Mixed | Senior | 100 | Fly |
| 12 | Mixed | 11 & 12 | 50 | Fly |
| 13 | Mixed | Senior | 200 | Back |
| 14 | Mixed | 11 & 12 | 100 | Back |
| 15 | Mixed | Senior | 200 | Free |
| 16 | Mixed | 11 & 12 | 200 | Free |
| 17 | Mixed | Senior | 100 | Breast |
| 18 | Mixed | 11 & 12 | 50 | Breast |
| 19 | Mixed | Senior | 200 | IM |
| 20 | Mixed | 11 & 12 | 100 | IM |
|   |   |  *--- BREAK ---* |
| 21 | Mixed | Open | 500 | Free |

**ORDER OF EVENTS**

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| **Session 3: Sunday AM** |
| **Warm-Up: 9:15 AM** | **Competition: 10:30 AM** |
| **Event #:** | **Gender** | **Event Title** |
| 22 | Mixed | 10 & Under | 200 | IM |
| 23 | Mixed | 8 & Under | 25 | Free |
| 24 | Mixed | 9 & 10  | 50 | Free |
| 25 | Mixed | 8 & Under | 50 | Breast |
| 26 | Mixed | 9 & 10  | 100 | Breast |
| 27 | Mixed | 8 & Under | 25 | Back |
| 28 | Mixed | 9 & 10  | 50 | Back |
| 29 | Mixed | 8 & Under | 50 | Free |
| 30 | Mixed | 9 & 10  | 100 | Free |
| 31 | Mixed | 8 & Under | 50 | Fly |
| 32 | Mixed | 9 & 10  | 100 | Fly |
|  |  |  |  |  |
| **Session 4: Sunday PM** |
| **Warm-Up: Not before 12:45 PM** | **Competition: Not before 2:00 PM** |
| **Event #:** | **Gender** | **Event Title** |
| 33 | Mixed | Senior | 400 | IM |
| 34 | Mixed | 11 & 12 | 200 | IM |
| 35 | Mixed | Senior | 50 | Free |
| 36 | Mixed | 11 & 12 | 50 | Free |
| 37 | Mixed | Senior | 200 | Breast |
| 38 | Mixed | 11 & 12 | 100 | Breast |
| 39 | Mixed | Senior | 100 | Back |
| 40 | Mixed | 11 & 12 | 50 | Back |
| 41 | Mixed | Senior | 100 | Free |
| 42 | Mixed | 11 & 12 | 100 | Free |
| 43 | Mixed | Senior | 200 | Fly |
| 44 | Mixed | 11 & 12 | 100 | Fly |
|   |   |  *--- BREAK ---* |
| 45 | Mixed | Senior | 1000 | Free |
| 46 | Mixed | Senior | 1650 | Free |

SOUTHEASTERN LSC

INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non-mandatory form is for accommodation purposes.

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Team\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ USA Registration # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age and Birth date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Events to be swum: \_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/

\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/\_\_\_\_\_\_\_/

Type of Disability

Blind \_\_\_\_\_ Cognitive/Intellectual \_\_\_\_\_\_\_\_ Deaf \_\_\_\_Physical\_\_\_\_\_\_\_Other\_\_\_\_\_\_

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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The following person(s) will accompany the swimmer for any needed assistance:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Information gathered on this form will only be used for swimmer’s accommodation during Meet and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director Email: **douglas@parkinson925.net**

Meet Referee Email: **Gregg.mcadams@hotmail.com**

Disability Chair: Robin Heller, **robin@seastarsaquatics.org**

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily compete safety training required by USA Swimming.

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302.4 False Registration – A host LSC may impose a fine up to $100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

 I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team’s swimmers with those rules during this meet. The Madison Swimming Association (**MSA**), Dublin Memorial Park, City of Madison, Southeastern Swimming, Inc. and USA Swimming, Inc., their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team’s swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

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| **SIGNATURE OF COACH OR CLUB OFFICIAL:** |
| **CLUB:** |
| **TITLE:** | **DATE:** |

TEAM INFORMATION FOR **MSA** MEET:

|  |  |
| --- | --- |
| **CLUB NAME:** | **INITIALS:** |
| **ADDRESS:** |
| **LSC:** | **HEAD COACH:** |
| **CONTACT PERSON:** | **PHONE NUMBER:** |
| **FAX NUMBER:** | **CELL PHONE:** | **EMAIL:** |
| **COACHES ATTENDING:** |  **NAME** | **COACHES CARD EXPIRATION DATE** |
| **1.** |  |
| **2.** |  |
| **3.** |  |
| **CERTIFIED OFFICIALS WHO MAY WISH TO WORK:** | **1.** |
| **2.** |
| **3.** |
| **4.** |
| **NUMBER OF SWIMMERS ENTERED:** |  **ATTACHED:** |  |
|  **UNATTACHED:** |  |
|  **TOTAL:** |  |

**SUMMARY OF FEES**

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| --- | --- | --- | --- |
| **NUMBER OF SWIMMERS:** |  | **X $14.00 SES SURCHARGE & FACILITY FEE =** |  |
| **NUMBER OF OUT OF LSC SWIMMERS:** |  | **X $14.00 SES SURCHARGE & FACILITY FEE =** |  |
| **NUMBER OF IND. EVENTS:** |  | **x $6.00 PER EVENT ENTRY FEE =** |  |
|  **TOTAL DUE:** |  |

**CONSOLIDATED ENTRY FORM FOR MSA MEET:**

Times should be in **Short Course Yards**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | EVENT # | EVENT NAME | BEST TIME | EVENT # | EVENT NAME | BEST TIME |
| NAME OF SWIMMER |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| USS REGISTRATION NO. |  |  |  |  |  |  |
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| DATE OF BIRTH | SEX |  |  |  |  |  |  |
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| NAME OF SWIMMER |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| USS REGISTRATION NO. |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| DATE OF BIRTH |  SEX |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

Please duplicate as needed

**APPENDIX A: Special Guidelines and Other Information**

## ***MSA-Specific Logistical Rules & Guidelines***

* Follow COVID-19 guidelines set by USA Swimming, CDC, and ADPH (below)
* Pool Deck Rules
	+ There will be standing room only on deck. The pathways for the swimmers, officials, coaches, and meet workers must remain clear.
* Locker Room & Restrooms Rules
	+ ONLY Swimmers are allowed in the Locker Rooms. Swimmers MUST Rinse Off in the Locker Rooms before their Initial Entrance of the Water.
	+ Parents Coaches, Meet Officials, and Staff are to use the Restrooms located on the North End of the Building near the Basketball Court.
* Spectator Rules
	+ All spectators may watch from outside of the railing on the West side of the Indoor Pool.
	+ Spectators/Parents will be allowed in the gymnasium
	+ Spectators/Parents will be allowed on the pool deck in standing room only locations. Therefore, please respect swimmers, officials, coaches, meet workers, and other spectators by:
		- Keeping the pathways clear for swimmers, officials, coaches, & meet workers.
		- Only showing up 1-2 heats prior to your swimmer’s turn to swim, and exiting promptly afterwards
		- No chairs (as stated in the invite)
		- Bleachers are for Swimmer Bullpen & Coaches only
* Parking Rules
	+ ONLY Coaches, Meet Officials & Staff are allowed to Park in the Restricted Parking Space behind and beside the Indoor Pool.
	+ Parents MUST use designated Parking Spaces in the Parking Lot for Parking.
		- ZERO Curbside Parking

# COVID-19 GUIDELINES

## ***USA SWIMMING CORONAVIRUS (COVID-19) RESOURCES***

We continue to stress the importance of preventing the spread of infection and share the following information being circulated by healthcare officials:

1. Avoid getting closer than six feet to anyone coughing or sneezing
2. Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol. This is especially important after going to the bathroom, before eating, or after blowing your nose, coughing or sneezing
3. Avoid touching your eyes, nose and mouth
4. Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash, and then wash your hands
5. Stay home if you are sick, and away from the pool and from fellow team members
6. Clean and disinfect frequently touched surfaces regularly
7. Monitor the WHO and CDC websites for travel advisories and follow their recommendations

 *Questions or personal concerns regarding Coronavirus (COVID-19) should be directed to your local healthcare provider.*This remains a dynamic situation and we will update our decisions and recommendations on a regular basis.

## ***CDC Water and COVID-19 FAQs***

There is no evidence that the virus that causes COVID-19 can be spread to people through the water in pools, hot tubs, spas, or water play areas. Proper operation and maintenance (including disinfection with chlorine and bromine) of these facilities should inactivate the virus in the water.

While there is [ongoing community spread](https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html) of COVID-19 of the virus that causes COVID-19, it is important for individuals as well as owners and operators of these facilities to take steps to ensure health and safety:

* Everyone should follow local and state guidance that may determine when and how recreational water facilities may operate.
* Individuals should continue to [protect themselves and others](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html) at recreational water venues both in and out of the water – for example, by practicing social distancing and good hand hygiene.
* In addition to ensuring water safety and quality, owners and operators of community pools, hot tubs, spas, and water play areas should follow the [interim guidance for businesses and employers](https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html) for cleaning and disinfecting their community facilities.

## ***Current Situation in Alabama***

Visit our [**Alabama COVID-19 Dashboard Hub**](https://alpublichealth.maps.arcgis.com/apps/MapSeries/index.html?appid=d84846411471404c83313bfe7ab2a367) (shortened link: [**arcg.is/0brSGj**](https://arcg.is/0brSGj)) which houses all four of our COVID-19 dashboards. Also visit our [**COVID-19 Table**](https://dph1.adph.state.al.us/covid-19/). For more on data and surveillance including our daily Case Characteristics, visit [**Data and Surveillance**](https://www.alabamapublichealth.gov/covid19/data.html).

Alabama Governor Kay Ivey issued a [**State of Emergency**](https://governor.alabama.gov/newsroom/2021/08/state-of-emergency-covid-19/) on August 13, 2021. Alabama is no longer under an emergency health order. The last [**Safer Apart Order**](https://www.alabamapublichealth.gov/legal/assets/order-adph-cov-safer-apart-050321.pdf) ([**Spanish version**](https://www.alabamapublichealth.gov/legal/assets/order-adph-cov-safer-apart-050321_sp.pdf)) effective May 5 at 5 p.m. ended May 31, 2021. The previous state of emergency ended Tuesday, July 6, 2021. Also see: [**Governor Ivey Announces COVID-19 Public Health Order and State of Emergency to End**](https://governor.alabama.gov/newsroom/2021/05/governor-ivey-announces-covid-19-public-health-order-and-state-of-emergency-to-end/) from May 3, 2021.

The Office of the Governor has created graphics related to the last Safer Apart Order for businesses to print and share in their stores.

* [**Mask Preferred**](https://governor.alabama.gov/assets/2021/03/Mask-Signs-Mask-Preferred.pdf)
* [**Mask Required for Service**](https://governor.alabama.gov/assets/2021/03/Mask-Signs-Mask-Required.pdf)
* [**Please Wear A Mask**](https://governor.alabama.gov/assets/2021/03/Mask-Signs-Please-Wear-A-Mask.pdf)
* [**Thank You for Wearing A Mask**](https://governor.alabama.gov/assets/2021/03/Mask-Signs-Thank-You-For-Wearing-A-Mask.pdf)
* [**Thank You Gradient**](https://governor.alabama.gov/assets/2021/03/Mask-Signs-Thank-You-Gradient.pdf)
* [**View all COVID-19 Related Emergency Orders of State Agencies**](https://www.alabamapublichealth.gov/legal/orders.html)

The Alabama Department of Public Health (ADPH) is providing updated information and guidance on this website, as well as [**Facebook**](https://www.facebook.com/alabamapublichealth) and [**Twitter**](https://twitter.com/alpublichealth), as it becomes available.

## For more information, visit [**alabamapublichealth.gov**](https://www.alabamapublichealth.gov/covid19/index.html).