



THE LATEST THUNDER NEWS & INFORMATION

June 19, 2012 Issue

GPAC Tom Lalor Invitational Results

This issue of the Thunder Storm Report highlights the accomplishments of our swimmers at the Pensacola road trip meet for 13 & Over swimmers.

High Point Winners at Pensacola

Joseph Hillyard- 13-14 Boys
Katie Kelsoe- Senior Girls
Jacob Kelsoe- Senior Boys

Thunder Swimmers Who had Time Improvements at Pensacola

SILVER	SOUTHEASTERNS	BLACK	SENIORS
		Carley Bowers Annie Davis Jessica DiMento Joseph Hillyard Giovanna Scott- McCabe	Brynna Bartlett Erin Bigus Jarrod Brown Samantha Brown Caitlin Cagna Harrison Ciskowski Hara Cooney Ryland Darling Rebecca Dean Austin Erwin Blake Franklin Lucas Franklin Stephen Glasgow Susanna Hamsley Rachel Howard

Katie Kelsoe
Jacob Kelsoe
Grant Kelton
Ethan King
Rachel Lynch
Emily Mahan
Alexandra Marotta
Lynley Matthews
Eli Ostrow
Grigg Schneider
Gabby Service
Madelyn Service
Alexandra Stedke
Garrett Stelling
Madeline Stelling
Elyssa Steward
Taylor Treas
Elliot VanDeren
Alex Walton
Jordan Wilcher
David Wray
Karen Wray
Kristin Wyckoff



"When I go out and race, I'm not trying to beat opponents, I'm trying to beat what I have done ... to beat myself, basically. People find that hard to believe because we've had such a bias to always strive to win things. If you win something and you haven't put everything into it, you haven't actually achieved anything at all. When you've had to work hard for something and you've got the best you can out of yourself on that given day, that's where you get satisfaction from."

-- Ian Thorpe

Top 8 Finishes at The GPAC Tom Lalor Invitational

Women

Bartlett, Brynna- 6th 400 Free, 5th 800 Free
Bigus, Erin- 3rd 50 Breast, 4th 100 Breast, 7th 200 Breast, 7th 50 Fly, 8th 100 Fly, 3rd 200 Fly, 8th 200 IM, 8th 400 IM
Bowers, Carley- 4th 50 Back, 8th 200 Back, 5th 50 Breast, 5th 50 Fly, 5th 100 Fly, 1st 200 Fly, 8th 200 IM, 1st 400 IM
Brown, Samantha- 8th 50 Back, 8th 200 Back
Cagna, Caitlin- 7th 50 Free, 4th 100 Free, 7th 50 Back, 5th 200 Back, 5th 50 Breast, 5th 100 Breast, 3rd 50 Fly
Cooney, Kara- 8th 50 Fly, 7th 100 Fly, 4th 200 Fly, 5th 400 Free
Davis, Annie- 7th 200 Back, 2nd 400 IM
Dean, Rebecca- 6th 200 Free, 4th 50 Breast, 3rd 100 Breast, 5th 200 Breast, 7th 200 IM, 4th 400 Free, 6th 400 IM
Hamsley, Susanna- 6th 200 Free, 8th 400 Free, 6th 100 Back
Howard, Rache- 8th 50 Breast, 8th 100 Breast
Kelsoe, Katie- 4th 50 Free, 2nd 100 Free, 1st 200 Free, 1st 50 Back, 1st 100 Back, 1st 200 Back, 2nd 50 Breast, 1st 100 Breast, 4th 50 Fly, 3rd 100 Fly, 1st 200 IM, 1st 400 Free, 1st 800 Free, 1st 400 IM
Lynch, Rachel- 8th 50 Free, 8th 50 Back, 6th 50 Fly
Mahan, Emily- 7th 100 Breast, 8th 200 Breast, 4th 800 Free
Marotta, Alexander- 5th 50 Back, 4th 100 Back, 4th 200 Back, 7th 50 Breast, 6th 100 Breast, 6th 200 IM
Matthews, Lynley- 3rd 50 Back, 6th 100 Back, 3rd 200 Back, 5th 50 Fly, 2nd 200 Fly
Scott-Mcabe, Giovanna- 8th 200 Free, 5th 400 Free, 1st 800 Free, 6th 50 Breast, 8th 100 Breast, 7th 200 Breast, 8th 50 Fly, 4th 200 Fly, 3rd 400 IM
Service, Madelyn- 5th 200 Fly, 7th 400 Free
Stelling, Madeline- 7th 100 Free, 6th 50 Back, 7th 200 Back, 1st 50 Breast, 1st 200 Breast, 5th 200 IM, 3rd 400 IM
Steward, Elyssa- 8th 400 Free
Walton, Alex- 8th 200 Free, 3rd 400 Free
Wray, Karen- 8th 100 Free, 3rd 200 Free, 6th 50 Breast, 4th 100 Fly, 2nd 400 Free, 3rd 800 Free, 4th 400 IM
Wyckoff, Kristin- 8th 50 Free, 4th 200 Free, 7th 100 Back, 6th 200 Back, 2nd 100 Breast, 2nd 200 Breast, 6th 50 Fly, 3rd 200 IM, 2nd 800 Free, 5th 400 IM

Men

Brown, Jarrod- 8th 100 Back, 8th 200 Back, 5th 100 Breast, 8th 200 Breast
Ciskowski, Harrison- 5th 50 Fly, 4th 200 Fly, 6th 1500 Free, 7th 400 IM
Darling, Ryland- 7th 50 Breast, 2nd 100 Breast, 4th 200 Breast, 8th 400 Free
Franklin, Blake- 7th 50 Free, 6th 100 Free, 4th 200 Free, 6th 100 Back, 6th 200 Back, 4th 50 Fly, 7th 200 IM, 3rd 400 Free, 3rd 1500 Free
Franklin, Lucas- 7th 100 Back, 6th 100 Breast

Glasgow, Stephen- 7th 100 Breast, 7th 50 Fly
Hillyard, Joseph- 1st 50 Free, 1st 100 Free, 1st 200 Free, 1st 400 Free, 1st 1500 Free, 1st 50 Back, 1st 50 Breast,
1st 200 Breast, 2nd 50 Fly, 1st 200 Fly, 1st 200 IM, 1st 400 IM
Kelsoe, Jacob- 8th 100 Free, 2nd 200 Free, 5th 50 Back, 3rd 100 Back, 3rd 200 Back, 6th 50 Breast, 1st 50 Fly, 6th 100 Fly,
3rd 200 Fly, 4th 200 IM, 1st 400 Free, 1st 1500 Free, 1st 400 IM
Kelton, Grant- 2nd 50 Free, 3rd 200 Free, 4th 50 Back, 1st 100 Back, 2nd 50 Fly, 8th 100 Fly
King, Ethan- 1st 50 Free, 1st 100 Free, 1st 50 Back, 1st 200 Back, 2nd 50 Breast, 5th 100 Fly, 1st 200 IM
Ostrow, Eli- 7th 200 Fly, 7th 1500 Free, 8th 400 IM
Schneider, Grigg- 5th 200 Free, 5th 200 Back, 8th 50 Breast, 3rd 100 Breast, 3rd 200 Breast, 6th 200 Fly, 6th 200 IM, 6th 400 Free,
4th 1500 Free, 4th 400 IM
Stelling, Garrett- 5th 100 Back, 6th 50 Fly,
VanDeren, Elliot- 7th 100 Free, 6th 200 Free, 7th 200 Back, 3rd 50 Breast, 1st 100 Breast, 1st 200 Breast, 2nd 400 Free,
2nd 1500 Free, 3rd 400 IM
Wilcher, Jordan- 8th 200 Free, 8th 50 Fly, 7th 400 Free, 5th 1500 Free
Wray, David- 6th 50 Free, 5th 100 Free, 1st 200 Free, 7th 50 Back, 4th 100 Back, 4th 200 Back, 5th 50 Breast, 2nd 200 Breast
3rd 50 Fly, 4th 100 Fly, 1st 200 Fly, 2nd 200 IM, 4th 400 Free

"I want to be able to look back and say, 'I've done everything I can, and I was successful.' I don't want to look back and say I should have done this or that. I'd like to change things for the younger generation of swimmers coming along."

-- Michael Phelps

"Swimming - what real men do while boys play football."

-- Author Unknown



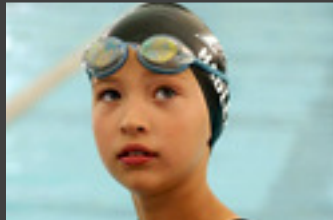



Moonlight Madness Intersquad Meet #1 Results

Thunder Swimmers Who Achieved SES Cuts At Moonlight Madness

Anna Kwon
Hadleigh Mormon

Thunder Swimmers Who Set New Best Times At Moonlight Madness

SILVER	SOUTHEASTERNS	BLACK	SENIORS
Elizabeth Davis Dylan Gorman Katie Pritchard	Catherine Couture Wood Davis Sadie Franklin Jenna Halliday Molly Hargrove JoBeth Hillyard Anna Kwon Hadleigh Mormon Audry Still Daniel West	Sam Brackens Dani Cagna Hailey Hargrove Morgan McGuffee Jake Pritchard Hall Squiers	
			

I'm trying to do the best I can. I'm not concerned with tomorrow, but with what goes on today.

-- Mark Spitz

In training everyone focuses on 90% physical and 10% mental, but in the races its 90% mental because there's very little that separates us physically at the elite level

-- Elka Graham [AUS]

Thunder Swimmers With Top 8 Finishes at Moonlight Madness Intersquad Meet #1

Women

Dani Cagna- 1st 100 Free, 1st 200 Free, 1st 50 Back, 1st 100 Back, 1st 200 IM
Catherine Couture- 5th 100 Free, 6th 50 Back, 2nd 100 Breast, 5th 50 Fly
Libby Davis- 7th 100 Back, 4th 50 Breast, 3rd 100 Breast,
Sadie Franklin- 4th 50 Free , 3rd 100 Free, 2nd 50 Back, 7th 50 Fly, 4th 200 IM
Hailley Hargrove- 6th 100 Free, 7th 50 Fly, 4th 200 IM
Molly Hargrove- 7th 100 Free, 7th 50 Back, 2nd 50 Breast, 3rd 200 IM
JoBeth Hillyard- 2nd 50 Free, 1st 100 Free, 1st 400 Free, 1st 50 Fly, 1st 100 Fly
Anna Kwon- 3rd 50 Free, 2nd 400 Free, 2nd 100 Back, 2nd 50 Fly, 2nd 100 Fly
Morgan Mc Guffee- 7th 50 Free, 2nd 100 Free, 3rd 100 Back, 1st 50 Breast, 4th 50 Fly
Hadleigh Morman- 5th 50 Free, 3rd 50 Back, 4th 100 Back, 3rd 50 Fly, 2nd 200 IM
Katie Pritchard- 8th 100 Free, 8th 50 Back, 5th 50 Breast
Audrey Still- 6th 50 Free, 4th 100 Free, 4th 50 Back, 5th 100 Back, 8th 50 Fly

Men

Sam Brackens- 1st 100 Free, 1st 200 Free, 1st 400, 2nd 100 Breast. 1st 200 IM
Wood Davis- 4th 50 Free, 2nd 100 Free, 2nd 50 Back, 2nd 50 Breast, 4th 100 Breast
Jacob Pritchard- 3rd 50 Free, 2nd 400 Free, 1st 50 Breast, 3rd 100 Breast
Hall Squiers- 2nd 50 Free, 2nd 200 Free, 1st 50 Back, 2nd 100 Back, 1st 50 Fly
Daniel West- 1st 50 Free, 1st 100 Back, 1st 100 Breast



Meet Comments From Coach Amanda

The coaches are very proud of the swimmers who swam in the first Moonlight Madness meet. We are excited to report there were 38 best times and 3 new Southeastern Championship Qualifying times. The new cuts were picked up by Anna Kwon and Hadleigh Mormon. We would also like to extend a special thank you to all the volunteers who helped run the meet. We would like to challenge all the 12 and under swimmers to swim at the next meet on Friday, June 29th. Come join the fast swimming.

If we inadvertently left out any swimmers email us so we might correct the report.
Thanks,
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