



2020  
REGION 1 CHAMPIONSHIP

February 15-16, 2020

Hosted by: Excel Aquatics

Centennial Sportsplex  
222 25<sup>th</sup> Avenue North  
Nashville, TN 37203



# SOUTHEASTERN REGION 1 CHAMPIONSHIPS

## SHORT COURSE YARDS

FEBRUARY 15-16, 2020

CENTENNIAL SPORTSPLEX

NASHVILLE, TN 37203

SES SANCTION NO: 20SEXCEL2-15

TIME TRIAL SANCTION NO: 20SEXCEL2-15TT

**HOST CLUB:** Excel Aquatics  
**DATES OF MEET:** February 15-16, 2020  
**ENTRY DEADLINE:** Tuesday, February 4, 2020

**MEET REFEREE:** Clay Minatra [clayminatra@gmail.com](mailto:clayminatra@gmail.com) 1-615-476-4960  
**MEET DIRECTOR:** Lori Biller [tlbiller@comcast.net](mailto:tlbiller@comcast.net) 1-615-418-4425  
**ADMIN OFFICIAL:** Sandy Friel [sandyj.friel@gmail.com](mailto:sandyj.friel@gmail.com) 1-615-426-8364

### **FACILITY:**

The Indoor 50-meter by 25-yard competition pool offers dual 8 nine-foot wide lanes with a 7 ft minimum and a 14 ft maximum depth, 6 inch competitor non turbulent lane lines, and a Colorado Timing System with an 8-lane scoreboard on both courses. Manual back up will be used. The facility also houses a separate 6 lane, 25-yard warm-up/warm-down pool, and has seating for 1500 spectators. The competition course has been certified in accordance with USA Swimming Rules 104.2.2C(4). A copy of the certification is on file with USA Swimming.

### **ELIGIBILITY:**

Age groups are: 8&U, 10&U, 11-12, 13-14, and Senior. Age on the first day of the meet determines the age group for the entire meet. All swimmers shall be registered with Southeastern Swimming through United States Swimming, Inc. There will be NO on-deck USA Swimming Registration available at the meet. 9 & over swimmers can only swim in events that they DO NOT have Southeastern Qualifying times for.

### **TIME TRIALS:**

Time Trials will be held at the conclusion of any session at a coach or swimmer's request, and the Meet Referee's concurrence. Fees: \$10.00 per individual event; \$15.00 per relay. Sign-up deadlines will be announced at meet.

<b><u>STARTING TIMES (CST):</u></b>	<b><u>WARM-UPS</u></b>	<b><u>COMPETITION</u></b>
Saturday 10-Under/8-Under Timed Final	9:45-10:15am & 10:15-10:45am	11:00am
Saturday 11 & Over Timed Final	At conclusion of morning session (not before 1:45pm)	3:00pm
Sunday 10 & Under/8-Under Timed Final	7:30-8:00am & 8:00-8:30am	8:45am
Sunday 11 & Over Timed Final	At conclusion of morning session (not before 11:30pm)	1:00pm

**\*COACHES' MEETING:** 10:45am Saturday, February 15, 2020 in the Hospitality Room.

### **ENTRY LIMITS & DEADLINE:**

A swimmer may enter and swim **four (4)** individual events per day. Entry times should be in Short Course Yards (SCY). E-mailed entries and/or printouts, summary/release sheets, and entry fees including surcharges must be received by the Entry Chairperson on or before Tuesday, February 4, 2020. Late entries will be accepted for available lanes only until Sunday, February 16, 2020 and a \$1.00 late fee per event will be added. No new heats will be formed. Make all checks payable to Excel Aquatics. All entry fees are non-refundable.

Completed entries must be submitted as a .sd3 or a .zip file by e-mail to:

**Colin Faris – c/o Excel Aquatics**  
**920 Heritage Way**  
**Brentwood, TN 37027**  
[entrychair@excelaquatics.org](mailto:entrychair@excelaquatics.org)

**(Please include the words “Region 1 Championships” in the subject line of all meet related e-mails)**

### **ENTRY FEES:**

Individual Events:	\$6.00 per event (\$7.00 for late entry)
Relay Events:	\$12.00 per relay (\$13.00 for late entry)
SES Surcharge:	\$3.00 per athlete
Facility Surcharge:	\$12.00 per athlete
Time Trial Fees:	\$10.00 per event/ \$15.00 per relay

### **MEET FORMAT:**

All events will be Timed Finals. This meet shall serve as the Southeastern Swimming Short Course Championships for 8 & Under swimmers. The host team reserves the right to adjust pool designations for age groups or genders in order to run the meet more smoothly.

All events will be pre-seeded except the 500 Free, 1650 Free, 400 IM and all relays, which will be deck-seeded. Deck-seeded events will swim fastest to slowest. Swimmers must sign-in with the Clerk of Course for all deck-seeded events. Sign-in deadlines are 15 minutes prior to the start of the meet on the day of the event. Check-in sheets will be posted prior to the start of warm-ups and will be removed 15 minutes prior to the start of the session. Only the swimmer or his/her coach may sign in for deck-seeded events. Heat sheets with lane assignments for all individual events 400 or longer will be posted in the pool area as soon as all scratches have been completed. Relay cards will be included in the coach's packet for each team and must be filled out and returned to the Clerk of the Course by the end of the warm up.

**WARM UP:** Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Alternatively, warm-ups will be conducted as open warm-ups with dedicated pace and sprint lanes announced as the need occurs. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session unless their coach has submitted a Swimmer Assignment form prior to the meet.

**DECK SEEDED EVENTS AND SCRATCH PROCEDURES:**

Swimmers must do Positive Check-In with the Clerk of Course for all deck-seeded individual events. Positive Check-In deadlines are as follows:

DAY	EVENT	DEADLINE
Saturday	10&U 500 Free	10:45am
Saturday	11-12, 13-14, Open 500 Free	2:45pm
Sunday	13-14, Open 400 IM	12:45pm
Sunday	13-14, Open 1650 Free	12:45pm

Swimmers or relays who do not check-in with the Clerk of Course by the deadline will be seeded with a NT, but will be able to compete. Only the swimmer or his/her coach may check-in or scratch a swimmer. If swimming an event, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer’s name. If scratching the event, the swimmer or coach shall draw a line through the swimmer’s name and place their initials next to the swimmer’s name. Deck seeded events will swim fastest to slowest

**RULES AND PROCEDURES:**

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming, and is a closed Championship competition for only those swimmers registered with Southeastern LSC Swimming in the designated Region 1 area. Current USA Swimming and Southeastern Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet with the exception of items specifically addressed in the meet information. All coaches are required to sign in with the Clerk of Course and to show their coaching credentials. All Officials will wear their credentials on deck.

**RULES/SAFETY:**

In the interest of safety and accident prevention, coaches, officials and swimmers are asked to observe all posted pool rules and to conduct themselves in a safe manner. Nobody will be allowed to climb on the diving boards or diving towers for any reason. Only coaches, swimmers, officials, and volunteers will be allowed on deck. No outside food is allowed in the building. No coolers are allowed in the pool facility.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Drones are prohibited over venues any time athletes, coaches, officials and/or spectators are present.

No team, parent, or press photographers will be permitted on deck unless they have been issued a credential by the Meet Director. Under NO circumstances will video or still photography be allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Acceptable areas include the side courses of the pools, team gathering areas, concession areas, and the turn-end of the competition pool when not in use as a “start end.” Southeastern Swimming Safety Guidelines and Warm-up Procedures will be in effect. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

### **SWIMMERS WITH DISABILITIES:**

Swimmers with disabilities are welcome and are encouraged to complete the Information Form for Swimmers With a Disability and return it with the entries. Coaches should contact the Meet Referee with specific requests.

### **SCORING:**

Individual Events 1-8 (all age groups):

9-7-6-5-4-3-2-1

Relay Events 1-8 (all age groups):

18-14-12-10-8-6-4-2

**AWARDS:** Awards will be provided by Southeastern Swimming.

### **For 8 & Under Events:**

- Podium Medals will be presented for 1<sup>st</sup>-3<sup>rd</sup> place for individual events and 1<sup>st</sup> place for relays.
- Medals will be given for 4<sup>th</sup>-8<sup>th</sup> place for individual events and 2<sup>nd</sup>-4<sup>th</sup> for relays.
- “Best All Around” trophies will be awarded to top two scoring individuals for each age group for both girls and boys.
- Plaques will be awarded to age group team champions of each gender based on total individual points and the single highest-ranking relay.

### **For 9-10, 11-12, 13-14, and Open Events:**

- Medals will be given for 1<sup>st</sup>-3<sup>rd</sup> place for individual events
- Ribbons will be given for 4<sup>th</sup>-8<sup>th</sup> place for individual events and 1<sup>st</sup>-4<sup>th</sup> for relays.

### **MEETINGS:**

- Coaches’ meeting will be at 10:45am Saturday, February 15, 2020 in the hospitality room.
- Officials will meet in the Officials meeting room Saturday at 10:15am for deck assignments.

### **OFFICIALS:**

Visiting officials are welcome and encouraged to participate. The Meet Referee is asking all officials who are available to serve at this meet to notify him by e-mail of their availability. All officials must wear current USA Swimming membership credentials while on deck and must present current officials certification card to the Meet Referee at check-in. Please let the Meet Referee know which day(s) you can help and which pool you would like to work. This information should be sent to Clay Minatra at [clayminatra@gmail.com](mailto:clayminatra@gmail.com). Officials dress for all sessions will be white collared polo shirt, khaki pants/shorts/skirt, and white shoes.

**COACHES’ CORNER:** There will be a coaches meeting at 10:45am on Saturday in the Hospitality Room. No swimmers will be allowed in the pool during this time. Competition will not start until after the conclusion of the coaches meeting. When picking up the team’s packet, coaches will be asked to show valid coaches credentials. No coaches will be allowed on the pool deck without providing current USA Swimming Registration Credentials indicating full Coaching privilege.

Coaches are asked to ensure that the Clerk of the Course has a completed Team Information sheet with the lead deck coach’s cell phone number listed. Coaches expecting to have swimmers participating in a session that the coach will not be attending are asked to complete a Swimmer Assignment form in advance of the session and send it to the Meet Referee and Meet Director by email.

**SPECTATORS' CORNER:**

The natatorium has seating for 1500 spectators. No outside food or coolers are allowed inside the pool area. Spectators must comply with all signs or verbal directions from meet officials limiting or restricting the use of certain areas for seating or standing.

**PSYCH SHEETS/HEAT SHEETS:**

Psych sheets will be available online at [www.excelaquatics.org](http://www.excelaquatics.org) on the Monday prior to the meet. Heat sheets will be sold at the meet.

**HOSPITALITY:** There will be hospitality (breakfast and lunch) available for coaches and officials.

**CONCESSIONS:** Food and beverage will be available for purchase. No smoking is allowed on the site.

**PARKING:**

There are two parking lots available for the meet. Participants may park in either the main parking lot or the overflow lot. There is also parking on the street. Please enter the pool through the main entrance. Pool fire exit doors will not be used for entrance.

**MEET EVALUATION:**

You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

Steven Murry, General Chairman  
920 Heritage Way  
Brentwood, TN 37027



## 2020 Southeastern Region 1 Championships

Day of Meet: 1 Session: 1 – Saturday (8 & Under)

Warm-ups: 9:45-10:15am & 10:15-10:45am

Competition Starts: 11:00am

	<u>Event</u>
1	Women 8 & Under 100 Freestyle
2	Men 8 & Under 100 Freestyle
3	Women 8 & Under 25 Backstroke
4	Men 8 & Under 25 Backstroke
5	Women 8 & Under 50 Butterfly
6	Men 8 & Under 50 Butterfly
7	Women 8 & Under 50 Breaststroke
8	Men 8 & Under 50 Breaststroke
9	Women 8 & Under 25 Freestyle
10	Men 8 & Under 25 Freestyle
11	Women 8 & Under 100 Freestyle Relay
12	Men 8 & Under 100 Freestyle Relay

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## **2020 Southeastern Region 1 Championships**

Day of Meet: 1 Session: 2 – Saturday (10 & Under)

Warm-ups: 9:45-10:15am & 10:15-10:45am Competition Starts: 11:00am

	<b>Event</b>
13	Women 10 & Under 200 Freestyle
14	Men 10 & Under 200 Freestyle
15	Women 10 & Under 50 Backstroke
16	Men 10 & Under 50 Backstroke
17	Women 10 & Under 100 Butterfly
18	Men 10 Under 100 Butterfly
19	Women 10 & Under 100 Breaststroke
20	Men 10 & Under 100 Breaststroke
21	Women 10 & Under 50 Freestyle
22	Men 10 & Under 50 Freestyle
23	Women 10 & Under 100 IM
24	Men 10 & Under 100 IM
25	Women 10 & Under 200 Freestyle Relay
26	Men 10 & Under 200 Freestyle Relay
27	Women 10 & Under 500 Freestyle*
28	Men 10 & Under 500 Freestyle*

\*Deck-seeded event; Positive Check-in by 10:45am. Event will swim fastest to slowest.

9 & over swimmers can only swim in events that they DO NOT have Southeastern Qualifying times for.







## 2020 Southeastern Region 1 Championships

Day of Meet: 1 Session: 3 – Saturday (11-12 Women, 13 & Up Men)

Warm-ups: Following AM session but not before 1:45pm

Competition Starts: 3:00pm

	<u>Event</u>
29	Women 11-12 200 Freestyle
32	Men 13-14 200 Freestyle
34	Men 200 Freestyle
35	Women 11-12 50 Backstroke
38	Men 13-14 100 Backstroke
40	Men 100 Backstroke
41	Women 11-12 100 Breaststroke
44	Men 13-14 200 Breaststroke
46	Men 200 Breaststroke
47	Women 11-12 50 Butterfly
50	Men 13-14 100 Butterfly
52	Men 100 Butterfly
53	Women 11-12 100 IM
56	Men 13-14 200 IM
58	Men 200 IM
59	Women 11-12 200 Freestyle Relay
62	Men 13-14 400 Freestyle Relay
64	Men 400 Freestyle Relay
	Break: 10 Minutes
66	Men 500 Freestyle *

\*Deck-seeded event; Positive Check-in by 2:45pm. 11-12, 13-14 and Open will swim together and be scored separately. Event will swim fastest to slowest.

9 & over swimmers can only swim in events that they DO NOT have Southeastern Qualifying times for.





## 2020 Southeastern Region 1 Championships

Day of Meet: 1 Session: 4 – Saturday (11-12 Men, 13 & Up Women)

Warm-ups: Following AM session but not before 1:45pm

Competition Starts: 3:00pm

	<u>Event</u>
30	Men 11-12 200 Freestyle
31	Women 13-14 200 Freestyle
33	Women 200 Freestyle
36	Men 11-12 50 Backstroke
37	Women 13-14 100 Backstroke
39	Women 100 Backstroke
42	Men 11-12 100 Breaststroke
43	Women 13-14 200 Breaststroke
45	Women 200 Breaststroke
48	Men 11-12 50 Butterfly
49	Women 13-14 100 Butterfly
51	Women 100 Butterfly
54	Men 11-12 100 IM
55	Women 13-14 200 IM
57	Women 200 IM
60	Men 11-12 200 Freestyle Relay
61	Women 13-14 400 Freestyle Relay
63	Women 400 Freestyle Relay
	Break: 10 Minutes
65	Women 500 Freestyle *

\*Deck-seeded event; Positive Check-in by 2:45pm. 11-12, 13-14 and Open will swim together and be scored separately. Event will swim fastest to slowest.

9 & over swimmers can only swim in events that they DO NOT have Southeastern Qualifying times for.





## 2020 Southeastern Region 1 Championships

Day of Meet: 2 Session: 5 – Sunday (8 & Under)

Warm-ups: 7:30-8:00am & 8:00-8:30am

Competition Starts: 8:45am

	<u>Event</u>
67	Women 8 & Under 100 IM
68	Men 8 & Under 100 IM
69	Women 8 & Under 25 Breaststroke
70	Men 8 & Under 25 Breaststroke
71	Women 8 & Under 25 Butterfly
72	Men 8 & Under 25 Butterfly
73	Women 8 & Under 50 Freestyle
74	Men 8 & Under 50 Freestyle
75	Women 8 & Under 50 Backstroke
76	Men 8 & Under 50 Backstroke
77	Women 8 & Under 100 Medley Relay
78	Men 8 & Under 100 Medley Relay

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## 2020 Southeastern Region 1 Championships

Day of Meet: 2 Session: 6 – Sunday (10 & Under)

Warm-ups: 7:30-8:00am & 8:00-8:30am

Competition Starts: 8:45am

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### Event

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- 79 Women 10 & Under 200 IM
- 80 Men 10 & Under 200 IM
- 81 Women 10 & Under 50 Breaststroke
- 82 Men 10 & Under 50 Breaststroke
- 83 Women 10 & Under 50 Butterfly
- 84 Men 10 & Under 50 Butterfly
- 85 Women 10 & Under 100 Freestyle
- 86 Men 10 & Under 100 Freestyle
- 87 Women 10 & Under 100 Backstroke
- 88 Men 10 & Under 100 Backstroke
- 89 Women 10 & Under 200 Medley Relay
- 90 Men 10 & Under 200 Medley Relay

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9 & over swimmers can only swim in events that they DO NOT have Southeastern Qualifying times for.





## 2020 Southeastern Region 1 Championships

Day of Meet: 2 Session: 7 – Sunday (11-12 Men, 13 & Up Women)

Warm-ups: Following AM session but not before 11:30am

Competition Starts: 1:00pm

	<u>Event</u>
92	Men 11-12 200 IM
93	Women 400 IM *
96	Men 11-12 50 Freestyle
97	Women 13-14 50 Freestyle
99	Women 50 Freestyle
102	Men 11-12 100 Butterfly
103	Women 13-14 200 Butterfly
105	Women 200 Butterfly
108	Men 11-12 50 Breaststroke
109	Women 13-14 100 Breaststroke
111	Women 100 Breaststroke
114	Men 11-12 100 Backstroke
115	Women 13-14 200 Backstroke
117	Women 200 Backstroke
120	Men 11-12 100 Freestyle
121	Women 13-14 100 Freestyle
123	Women 100 Freestyle
126	Men 11-12 200 Medley Relsy
127	Women 13-14 400 Medley Relay
129	Women 400 Medley Relay
131	Women 1650 Freestyle *

\*Deck-seeded event; positive check-in by 12:45pm. 13-14 and Open will swim together and be scored separately. Event will swim fastest to slowest.

9 & over swimmers can only swim in events that they DO NOT have Southeastern Qualifying times for.





## 2020 Southeastern Region 1 Championships

Day of Meet: 2 Session: 8 – Sunday (11-12 Women, 13 & Up Men)

Warm-ups: Following AM session but not before 11:30am Competition Starts: 1:00pm

	<u>Event</u>
91	Women 11-12 200 IM
94	Men 400 IM *
95	Women 11-12 50 Freestyle
98	Men 13-14 50 Freestyle
100	Men 50 Freestyle
101	Women 11-12 100 Butterfly
104	Men 13-14 200 Butterfly
106	Men 200 Butterfly
107	Women 11-12 50 Breaststroke
110	Men 13-14 100 Breaststroke
112	Men 100 Breaststroke
113	Women 11-12 100 Backstroke
116	Men 13-14 200 Backstroke
118	Men 200 Backstroke
119	Women 11-12 100 Freestyle
122	Men 13-14 100 Freestyle
124	Men 100 Freestyle
125	Women 11-12 200 Medley Relay
128	Men 13-14 400 Medley Relay
130	Men 400 Medley Relay
132	Men 1650 Freestyle *

\* Deck-seeded event; positive check-in by 12:45pm. 13-14 and Open will swim together and scored separately. Event will swim fastest to slowest.

9 & over swimmers can only swim in events that they DO NOT have Southeastern Qualifying times for.





**SOUTHEASTERN REGION 1 CHAMPIONSHIPS  
2018 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all athletes and coaches listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

**501.7**

**.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(s) are members of their LSC and USA Swimming.**

**.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.**

**And as**

**302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry, which indicates a swimmer is registered with USA Swimming when the listed athlete or the listed club is not properly registered.**

**I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team’s swimmers with those rules during this meet. Excel Aquatics Inc., the Nashville Metro Parks & Recreation Department, the Centennial Sportsplex, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team’s swimmers to be published on the Internet in the form of psych sheets, meet results or any other documents associated with the running of this meet.**

<b>SIGNATURE OF COACH OR CLUB OFFICIAL:</b>	
<b>CLUB:</b>	
<b>TITLE:</b>	<b>DATE:</b>

**TEAM INFORMATION**

<b>CLUB NAME:</b>		<b>INITIALS:</b>
<b>ADDRESS:</b>		
<b>LSC:</b>	<b>HEAD COACH:</b>	
<b>CONTACT PERSON:</b>		<b>PHONE NUMBER:</b>
<b>FAX NUMBER:</b>	<b>CELL PHONE:</b>	<b>EMAIL:</b>
<b>COACHES ATTENDING:</b>	<b>NAME</b>	<b>COACHES CARD EXPIRATION DATE</b>
	1.	
	2.	
	3.	
<b>CERTIFIED OFFICIALS WHO MAY WISH TO WORK:</b>	1.	
	2.	
	3.	
	4.	
<b>NUMBER OF SWIMMERS ENTERED:</b>	<b>ATTACHED:</b>	
	<b>UNATTACHED:</b>	
	<b>TOTAL:</b>	

**SUMMARY OF FEES**

<b>NUMBER OF SWIMMERS:</b>		<b>X \$3.00 SES SURCHARGE =</b>	
<b>NUMBER OF SWIMMERS:</b>		<b>X \$12.00 FACILITY CHARGE =</b>	
<b>NUMBER OF IND. EVENTS:</b>		<b>X \$6.00 PER EVENT ENTRY FEE =</b>	
<b>NUMBER OF RELAYS:</b>		<b>X \$12.00 PER RELAY ENTRY FEE =</b>	
<b>TOTAL DUE:</b>			



**CONSOLIDATED ENTRY FORM**

Times should be in **SHORT COURSE YARDS**

Please duplicate as needed

		EVENT #	EVENT NAME	BESTTIME	EVENT #	EVENT NAME	BESTTIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						

**SOUTHEASTERN LSC**  
**INFORMATION FORM FOR SWIMMERS WITH A DISABILITY**

This non-mandatory form is for accommodation purposes.

Name \_\_\_\_\_

Address \_\_\_\_\_

Team \_\_\_\_\_ USA Registration # \_\_\_\_\_

Age and Birth date: \_\_\_\_\_

Events to be swum: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Type of Disability

Blind \_\_\_\_\_ Cognitive/Intellectual \_\_\_\_\_ Deaf \_\_\_\_\_ Physical \_\_\_\_\_ Other \_\_\_\_\_

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

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The following person(s) will accompany the swimmer for any needed assistance:

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Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

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Information gathered on this form will only be used for swimmer's accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your meet experience.

Meet Director / Email: Lori Biller            [tlbiller@comcast.net](mailto:tlbiller@comcast.net)  
Meet Referee / Email: Clay Minatra        [clayminatra@gmail.com](mailto:clayminatra@gmail.com)  
Disability Chair: Robin Heller            [robin@seastarsaquatics.org](mailto:robin@seastarsaquatics.org)

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